

A Climbers guide to

Cruit Island

by

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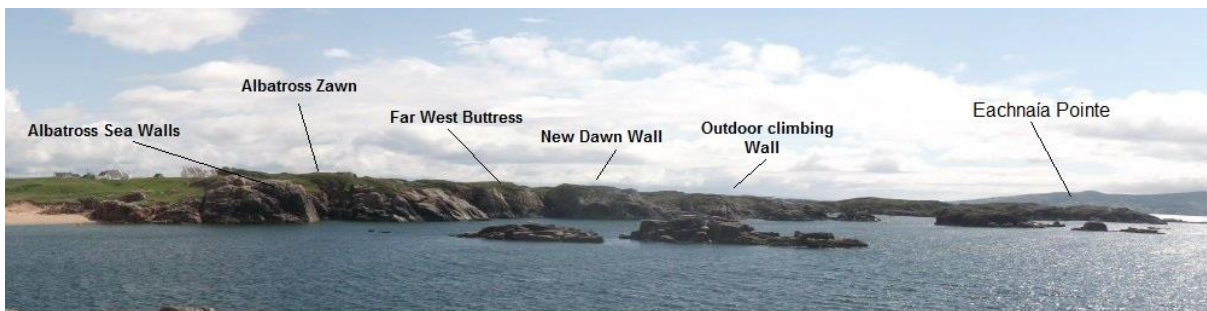
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Cruit Island.

Cruit is one of the only two islands off the Rosses which are still permanently inhabited, now joined to the mainland of Donegal by a bridge at Béal na Cruite near Cionn Caslach.



Looking north from the summit of Albatross Zawn.



Looking south from the summit of Trá Dhearg Wall

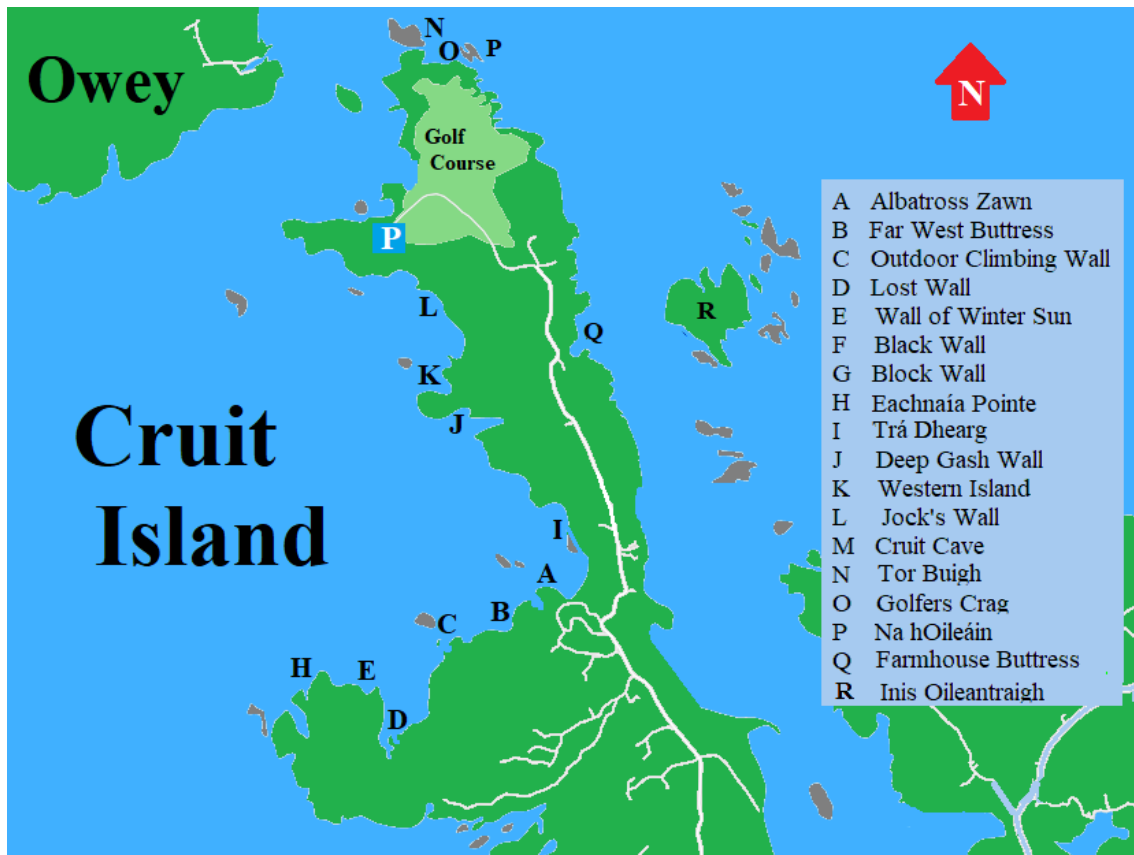
The Climbing on Cruit is on a multitude of 10 to 15m immaculate sea wash granite sea cliffs. On some of the more sheltered crags the rock contains huge very sharp crystals, all the crags provide good to excellent climbing in beautiful surroundings.

It is possible to climb on Cruit in all tides and sea states. During high tide and a bouncing sea state Albatross zawn, Green Gully, Farmhouse Crag, Wall of Winter Sun and The Outdoor Climbing Wall provide the most sheltered crags.

On your first visit it is best to locate the Albatross Zawn at the opposite end of beach from the Thatched Cottage Development. From the summit of this zawn it is possible to see most of the crags on the island stretching out to the left and right of you as you face the sea.

[Google Maps pin for Albatross Zawn](#)

Directions: From Crollly Village on the main Dungloe/Letterkenny road N56. Follow the sign post for The Airport and continue on the R259 to the Viking House Hotel, turn down the wee road opposite the hotel and take the left fork after 100m. Follow this road over the bridge onto Cruit Island. Once on the island continue for a further 2km passing a grave yard on your left and a huge area of flat ground on your right. At the end of the flat area the road bends to the right and goes up hill to the thatched cottages, before this right hand bend take the wee sandy road to the left for approx. 100m to the left end of a superb sandy beach.



Central Section

Albatross Zawn

Directions: This crag is a narrow west-facing zawn, south of the bay below the Donegal thatched cottages development. It cannot be seen from the bay, you have to walk to the South end of the sandy beach below the thatched cottages; or use the track on the left before the cottages development - which requires sensible parking.

[Google Maps pin for Albatross Zawn](#) Map ref: B730208

Aquamarine S 4a 22m **

At the seaward end of the inlet is a wide crack just left of the overhang. Starting on the huge half crag height ledge climb the crack line which gives excellent straightforward climbing on jams and jugs to the highest point of the buttress.

A. Tees, P. Marshall 08/08/87

Supermarine HS 4b 20m

Takes the wide crack directly below the upper part of Aquamarine. Wriggle up into this and fight your way to the large horizontal break. Belay on ledge or continue straight up Aquamarine to the top.

N. Browne 10/04/2005

Fresh Fruit E1 5c 20m *

Just inland of Supermarine climb the smooth arete to the horizontal fault, continue steeply up the hand crack/flake to a hand off rest. (thug crux) Continue direct up centre of slabby face through 2 roofs on increasingly difficult rock to top out at centre of slab. (tech crux)

I. Miller, R. Brennan. 09/09/07

Moaning Myrtle E2 5c 20m **

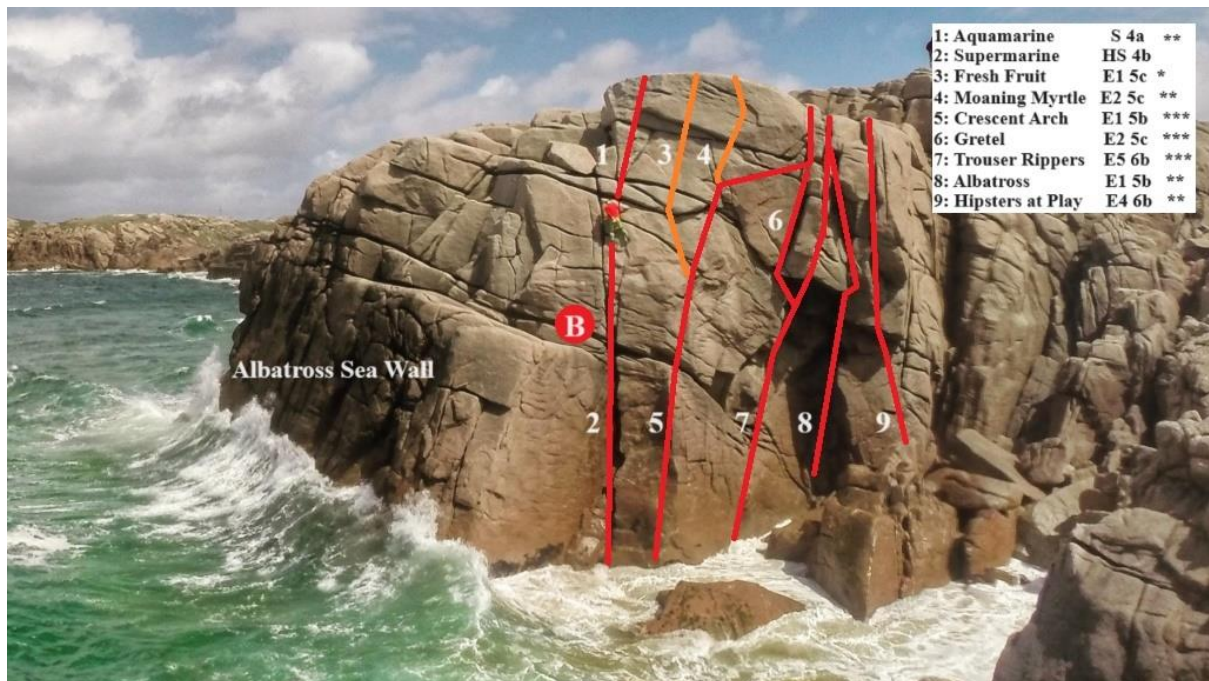
Climb the thug crux of Fresh Fruit to the hands of rest. Follow the right trending edge of the face with considerable exposure on your right. Finish very delicately up the right corner of the slab, just where it turns into Albatross Zawn.

I. Miller, K. McGee 15/05/05

The Crescent Arch E1 5b 20m ***

Climb the thug crux of Fresh Fruit to the hands-off rest. Follow the right trending edge of the face with considerable exposure on your right. Once below the summit slab hand traverse out right following the horizontal cracks to finish on top of the Gretel pillar.

I. Miller, F. Fhionnlaoich 15/10/20



Gretel E2 5c 25m ***

Climb the obvious corner crack 4m left of "Albatross," once under the monster roof swing out left and gain the horror off width. Thrutch the off width to the summit with a #6 cam welcome but not essential.

W. Schuessler, I. Miller 21/03/11

Hansel E 2 5c

An alternate finish to Grettel, follow Grettel, swinging out left but avoid the 'horror off width' by continuing leftward.

R. Browner, J. Gillmor, 3 August 2015.

Trouser Rippers Suck E5 6b 20m ***

Climb the obvious corner crack of Gretel and continue up direct through the monster off width roof crack.

W. Gadd, I. Miller 01/07/19

Ultramarine HS 4b 20m

Start at bottom right hand side of the cave below 'Albatross', Climb the obvious diagonal crack leftwards to reach a sloping ledge below a square recess. Hand traverse left to a 2nd recess above the arete. Continue round corner towards ledge and finish straight up Aquamarine.

N. Browne, A. Smiley June 2004

Albatross E1 5c 20m **

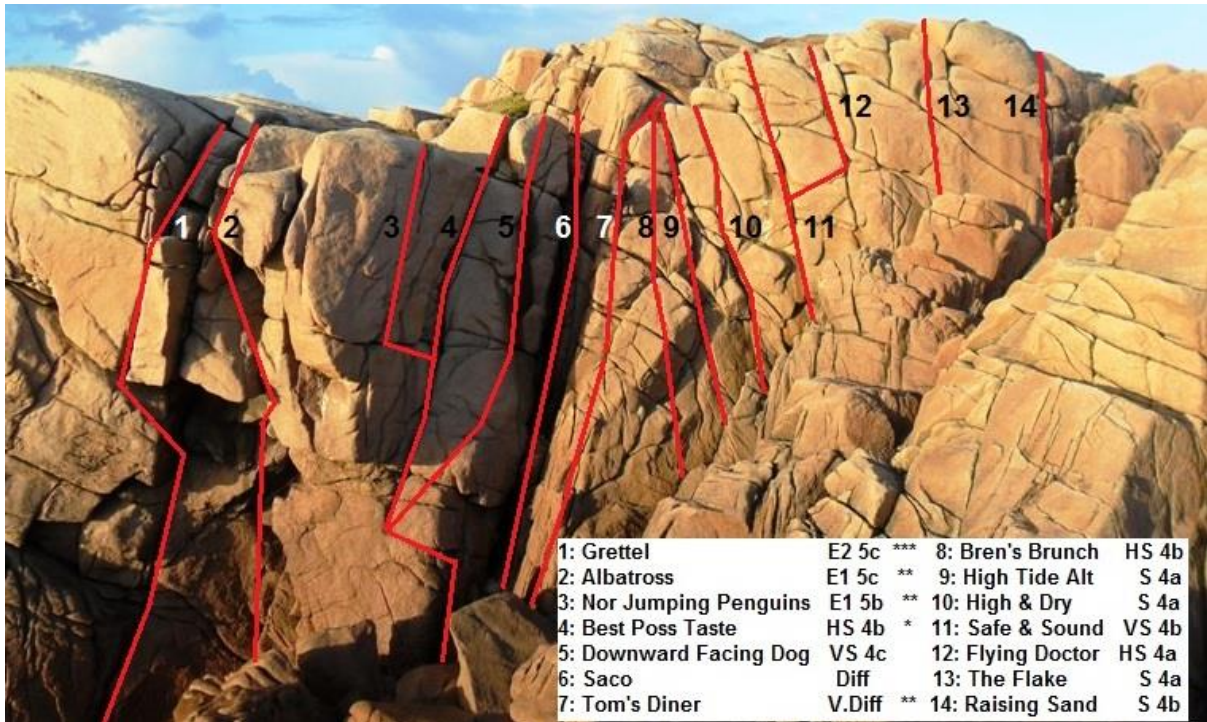
3m left of Best Possible Taste, Start at sea level and climb the corner right up to the roof. Undercut hand traverse out to a small nose of rock. Stand on this and hand jam back up the crack to another small recess. Easier climbing to the top.

M. McGuigan 2000

Hipsters at Play E4 6b 20m **

Climb direct to the Suspended 3.8 side pull rail and step left to below the roof crack. Pull through roof crack and follow flakes above.

W. Gadd, I. Miller 01/07/19



Suspended 3.8 E4 6a 20m ***

Follow Best Possible Taste to a good stance 1m below the roof. Stretch left to a good side-pull rail and make a tricky move out to the blunt arête and hanging crack. Continue up this and onto the face to reach the diagonal flakes which terminate to a very rounded finish.

R. Browner, J. Gillmor 03/08/15

How to Draw a Spaceship E3 5c 16m

Traverses left again from "Norwegian Jumping Penguins" into some really nice features. Finish direct up the slab, via some viscous crystal pulling.

J. McCune, K. Maxwell. 21/07/13

Norwegian Jumping Penguin E2 5b 15m **

Start as for Best Possible Taste. When you reach an obvious undercut on the steep left wall make a tricky move left to the base thin crack, then follow it to the top.

P. Brennan, N. Kielt, 03/05/10

Best Possible Taste VS 15m *

The crack line just left of Saco. Go up, and then traverse left to the crack, which is followed to the top.

R. Higgins, D. Walsh 05/08/85

Downward Facing Dog VS 4c 15m

Start as for best possible taste, when the crack is gained move right onto the slab and climb this to under an overlap at three quarters height, using the flake on the right make a hard move to gain the finishing ledge.

H. Hennessy, J. McGee 01/04/13

Saco V. Diff 15m

A deep cut chimney with jammed chock-Stone.

M. Howard, S. Coughlan 08/77

Tom's Dinner V. Diff 15m **

Climb the excellent juggy arete to the right of "Saco."

I. Miller, T. O'Donnell 23/05/05

Bren's Brunch S 4a 14m

Starting 2m right of "Tom's Dinner," climb the right hand flake crack to a stance below the steep wall, climb the steep wall and continue direct jug hauling up between horizontal breaks and blank rock.

I. Miller, B. Whelan 05/08/10

The High Tide Alternative S 14m

Climb the full crag height fault/crack 4 meters to the right of Tom's Diner.

I. Miller, L. Gallagher. April 2007

High and Dry S 13m

A meter to the right of "High Tide Alternative" climb the full crag height fault/crack.

I. Miller, L. Gallagher. April 2007

Safe and Sound VS 4b 12m *

2 meters to the right of "High & Dry" at the top of the steep ramp, climb the full crag height hand crack, direct with and excellent wee crux mid height.

I. Miller, J. Boyle. Aug 2005

Safe & Sound (Flying Doctor finish) HS 4a

Climb to mid height crux and traverse right along the wee roof. Continue to top up faultline.

I. Miller, R. Brennan 01/07/07

The Flake S 4a 7m

Climb the flake up the centre of the wall

Raising Sand S 4b 6m

As you walk in for 'Saco' et al, on the upper approach, this is the first bit of rock that gains any worthwhile height on the right. With 3 right-to-left trending breaks.

P. Cooper, S. Brennan 01/07/07

In the middle of Albatross Zawn opposite Saco and Best Possible Taste there sits a large sea ward facing slab. The following routes are found on the South face of this sea ward slab.

Seagull S 20m

On the sea ward end of this south facing wall climb the obvious crack with a large platform on the right at 1/3 height. Climb this and either continue up the crack or climb the flake on the left hand wall and continue up the lichen-covered headwall on the left using the horizontal breaks.

N. Browne, P. Hutchinson 10/04/05



Seagull Sanctuary HS 4B 14mtr

Follow seagull until horizontal break is gained on the left, follow this to the arete and rejoin seagull to the top.

M Keogh, H Hennessy 22/4/2013

Slither Chimney V.Diff 12m

Climb the chimney in the corner between "Seagull" and "Crackn Slab."

J. Quinlan, B. Friel 01/05/12

Crackn Slab S 4a 12m *

To the right of Seagull, climb the flake up the middle of the 40 degree overhanging wall on monster jugs and continue more easily up the middle of the slab above.

I. Miller, N. Docharty, D. Martin 05/04/12

Ecopunk HVS 5a 10m

climbs the right side of the roof two meters right of "Crackn slab." From the ground follow the steep crack to the big ledge, from here move right using a big flake and back left onto the slab.

H. Hennessy, S. Hennessy 09/05/13

3 In 1 E2 5b/c 10m

Takes the obvious line between Ecopunk and Don't call me Rooney. Start off the pointy rock and gain a good flake. From the horizontal break above continue up and leftward to the wide crack. Climb this and finish up the thin crack above.

K. McGee, P. Tinney 26/10/19

Don't call me Rooney E2 5c 10m *

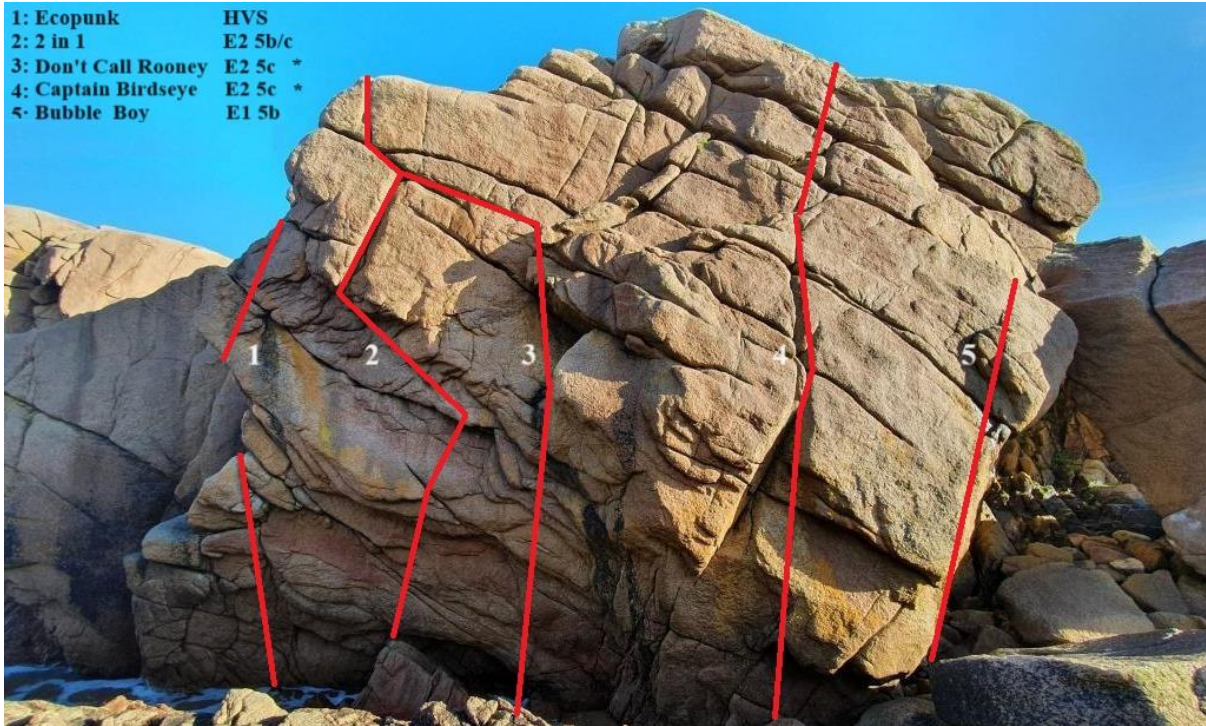
Starts beneath the rightward trending groove which starts at half height. Climb the steep lower wall via hidden juggy underclings to start and then reach high for good edge on the right. From here enter the main groove via good sidepulls in the small groove on left. Climb the main /corner groove for 2m then step left and follow the 2 obvious diagonal cracks leftwards for a satisfying finish.

D. Millar, M. Gardiner 27/03/05

Captain Birdseyes Reactilites E2 5c 10m *

Climb the first obvious groove and wall above on the right side after you pass the 2 detached blocks. Sustained bouldery moves to start, in the groove either direct or coming in from the right to better handholds in higher diagonal crack. High step to diagonal crack and easier ground. Finish direct up the wall above.

D. Millar. 26/03/05



Bubble Boy E1 5b 10m *

Takes the overhanging arete right of "Captain Birdseyes Reactilites" to a good hold at the base of the crack mantle this and finish easily up "Slab Fest."

H. Hennessy 01/05/10

Slab Fest V. Diff 15m

On the left as you enter the zawn, climb the huge fallen block leaning against the face and continue up the centre of the slab above.

I. Miller, C. Gleeson, J. McGee 02/10/11

Silent Groove S 4a 15m

As for "Slab Fest" climb the fallen block and follow the left trending groove on the steep wall above.

I. Miller, S. Bottoms 13/08/11

Josie's Choice HVS 5b 15m *

Climb the fallen block and follow the slopy breaks leading to a right trending crack high on the face. (excellent hidden jug in slot to left just below summit)

I. Miller, J. McGee, C. Gleeson 02/10/11

Albatross Sea Walls

Directions: This wall of immaculate sea washed Granite is found immediately to the North of the Zawn containing the Albatross Buttress. The Routes are described from the Northern end moving towards the Albatross Zawn. (Moving away from the sandy Beach below the thatched cottage development)

Faithless HS 4a 10m

At the Northern end of the sea wall, the cliff sweeps inland to form a large sheltered corner, access is by scramble from slightly further North. This route climbs the first steep corner.

M. Boner, C. Gleeson, I. Miller 07/06/09

Book of Fate VS 4c 10m

Climb the open book corner between Faithless and Kickapoo.

I. Miller June 23

Albatross Sea Walls.



Kickapoo HVS 5a 10m **

Climb the steeper corner immediately to the right of "Book of Fate." Jug hauling up excellent steep ground.

I. Miller, M. Zimmermann 01/07/23

Middle Aged Groper S 4a 15m

Climb the obvious corner ramp and up into and through the exit chimney. Much easier than it looks!

I. Miller, M. Boner, C. Gleeson 07/06/09

Fitze Fitze Fatze E2 5c 20m *

Climb the roof crack to the right of "Middle Aged Groper." very strenuous! :-)

W. Schuessler, I. Miller 20/09/10

The Conniption VS 5a 25m

Climb the steep cracks immediately to the left of "Magical Mystery Tour."

I. Miller, C. Gleeson 23/08/09

Magical Mystery Tour S 4a 30m **

From the start of the previous 3 Routes, Traverse out seaward along the superb horizontal hand crack and out onto the main seaward wall. Ascend the first and easiest way to the summit on monster jugs and gear up a huge chimney/groove.

I. Miller, C. Gleeson, M. Boner 07/06/09

Wan Hoan ina Boax HS 4b 30m

From the starting belay at North end of crag, traverse the obvious horizontal break (as for Magical Mystery Tour) and continue along break, (foot traverse) out southward along main sea face, finally ascend the hand crack between "Magical Mystery Tour" and "Rain Stopped Play" to the summit.

I. Miller, M. Bonner 24/06/09

Rain Stopped Play HS 4B 30m *

From the starting belay at North end of crag, traverse the obvious horizontal break (as for Magical Mystery Tour) and continue along break, (foot traverse) out southward along main sea face, finally ascend the hand crack 2 mtr left of "Noble Steed" to the summit.

I. Miller, E. Wallace, M. Bonner 16/06/09

Noble Steed VS 4c 15m *

Climb the steep hand crack and groove 2 mtr left/North of "Good Ship Calabar."

I. Miller, F. Mullin, A. Tees 07/06/09

Good Ship Calabar VS 4b 15m *

Abseil to the wee tidal stance at the southern end of the sea wall, immediately before it steps down to the lower platform. From this restricted wee stance climb direct to the summit through the roof on superb rock and holds.

A. Tees, C. Gleeson, I. Miller 07/06/09

Legavallon Grooves S 4a 15m

Climb the wide groove 2 metre to the right of "Good Ship Calabar" to arrive on the stepped down platform. Scramble up excellent rock to the summit.

A. Tees, F. Mullin 07/06/09

Kon-Tiki S 4a 20m

Approach by abseil. Jam the pleasant fluted cracks two metres right of Legavallon Grooves, walk across the huge half crag height platform then climb the middle of the easier wall above via a large tooth.

D. Carden, E. Quinn. Aug '10

The Pod S 12m

Next right, climb up and into the square cut recess and exit direct.

I. Miller 15/10/20

Alone Time HS 4b 12m **

Climb the next crack right to the horizontal break and continue to top through left trending crack to further horizontal breaks

I. Miller 15/10/20

Spring Tide Diff 12m *

Approx. 8m to the right of "Legavallon Grooves," climb the excellent juggy groove, exit to right or left.

I. Miller 22/03/11

Get your Booties on HS 4b 12m *

At the far right of "Albatross Seawall" the crag turns 90 degrees into "Albatross Zawn," climb this excellent corner at the junction of the two crags.

W. Schuessler 22/03/11

Monad VS 5a 50m *

Starting from the "Faithless" & "Kickapoo" ledge continue to traverse along the central break of the sea face of this wall until forced to ascend onto the summit at the southern end of the crag. (approx 15m beyond "Legavallon Grooves") With a very distinct crux and it involves a bear hug! :-)

I. Miller 24/03/10

Far West Buttress

Directions: From The Albatross Zawn follow the coastal path South West for Approx. 200m. The Far West Buttress is the steep slab of excellent North West facing rock with a convenient cave on the high water mark in the centre of the slab.

[Google Maps pin for Far West Buttress](#) Map ref: B727207



Splits V. Diff 15m

Far West Buttress GR. 728206 200m further west, just left of a cave. Up a rib on the left of the buttress proper. Step awkwardly onto the headwall and on up to the top.

P. Conroy, G. Parle 03/08/85

High Road S 4a 20m *

Climb "Splits" to half height, stretch across to main wall on your right to gain a deep right trending crack. Follow the crack steeply to summit.

I. Miller, C. Gleeson 18/08/09

Low Road VS 5a 20m *

Climb "Splits" for a few meters and make an airy wee move rightwards to gain the jugs immediately above the roof below. Traverse right just above the roof on superb rock and jugs. Follow the natural

fault line to summit. Excellent exposure!

I. Miller, C. Gleeson 18/08/09

Urlaubsbekanntschaft E1 5a 15m

Climb the right facing corner groove through the steepness and continue direct to the summit

W. Schuessler, M. Koehler 02/06/16

The Fall of the McGinley HVS 5a 20m

Climb the steep groove to the left of "Buoyish Wonders."

I. Miller, A. McGinley 06/08/14

Buoyish Wonders HVS 5a 20m *

At the back of the overhung recess, 8 mtr left of the "flop." Climb boldly up to the jammed white bouy to a good ledge. Continue steeply up right following the flakes and jugs to and excellent crux at half height to a further smaller ledge. Climb direct to summit on slightly poorer rock.

D. Millar, P. Cooper, A. Tees July 2003

Orchard Thieves E3 5b 20m

Climb the centre of the smooth wall up the right trending crack and direct to finish.

M. Koehler, W. Schuessler 01/06/16

Lean on me E4 5c 20m

From the small high tide platform climb direct on small holds to the summit.

M. Koehler, W. Schuessler 02/06/16

The Fan Man S 23m

Flop over the chasm guarding the left-hand side of the buttress, then escape left out of the groove into the crack at 3m (crux). Follow the cracks near the arete to the top.

R. Higgins, D. Walsh 03/08/85

Cruit Crack S 23m ***

Flop. Climb the groove, then the rightward-trending crack to the top.

D. Walsh, R. Higgins 03/08/85`

Cruit Crack Direct HS 22m

Climb "Cruit Crack"

Fire Slab VS 26m

Flop, then traverse high and diagonally right and up until forced to climb straight up (crux) to gain a fault and step right onto the arete. Follow this and the headwall to the top.

D. Walsh, R. Higgins 05/08/85

Fire Slab Direct HVS 5a 22m **

From the cave in the low centre of the face traverse out left to the base of the Uaigneas corner. Climb easily to below the big steep corner on the left, climb up corner and follow the juggy thin flake to its end. Continue direct up wall to top

I. Miller, L. Murdoff 10/05/19

Uaigneas VS 4c 26m *

Flop, then traverse low and right to gain the foot of a prominent right-facing corner, go up this with increasing difficulty, on the right, to the top.

D. Walsh, R. Higgins 03/08/85

Daniel of Cruit E1 5a 22m

Same approach as for Average Contents. Traverse in to middle of slab and then proceed up to meet the shallow crackline of "Average Contents."

P. Cooper, D. Millar, A. Tees 22/05/06

Average Contents HS 4b 15m

Approach the crag from the right, go down a ramp and traverse left to reach a cave low in the centre and belay. Escape dramatically up left over the overhang and then follow the crack directly above.

R. Higgins, D. Walsh 03/08/85

Less Than Average Contents V. Diff 15m *

Escape right of the overhang and follow the overhang to the top slab.

R. Higgins, D. Walsh 03/08/85



Far West Buttress

Clann Crack V. Diff 15m

The continuous off-width crack just right of the cave.

G. Parle, P. Conroy 03/08/85

The Edge HS 4a 15m *

Climb the right hand edge of the crag with excellent flowing moves to join "Two Move Blunder" in the upper reaches.

I. Miller, C. Gleeson 17/06/12

Two Move Blunder VS 5a 15m

Climb as for "One Move Wonder" at half height pull through the steep, almost roof crack on the left wall and romp to the top.

I. Miller, C. Gleeson 04/05/12

One-Move Wonder V. Diff 15m

The obvious left-curving chimney on the right of the crag.

P. Conroy, G. Parle 03/08/85

Elephant's Trunk V. Diff 15m

The arete on the left edge of the buttress.

G. Parle, M. Mills 04/08/85

The Bowels S 4a 15m

Next right to "The Elephants Trunk" is a very deep cleft, climb the cleft with a tricky start and a bit of a squeeze just above.

I. Miller, C. Gleeson 17/06/12

Louises Day Out V. Diff 10mtr

Start five meters right of the "bowels" at the base of a leftwards trending ramp, climb this and then move out right to a groove, follow this to top.

L OConnor, H Hennessy 24/4/2013

Tridents 1, 2 & 3 V. Diff / Svr 10m

Approaching the wall from the West, descending a ramp, there are 4 deep clean parallel cracks on the right, two of which reach the top. Choose your route.

A. Tees & The Pailing Girls Summer 1990

Crimp for the Big VS 4c 10m

Climb the wall to the right of the Trident grooves.

I. Miller, C. Gleeson 28/04/12

More Tridents Diff 10m

To the right of "Crimp for the Big" slab there are three parallel grooves all about Diff.

Cave Rave S 4a 32m ***

At it's Western end, the "Far west Buttress" terminates into a big daddy of a sea cave/tunnel. On the seaward wall of the cave, climb the inverted ridge with considerable atmosphere. A much better alternative start is to sea level traverse for 25m from the seaward end of the crag.

Pitch 1. 6m From sea level climb the left trending hand crack to the right hand end of a superb non tidal ledge.

Pitch 2. 25m 4a Traverse out left along the ledge until you are overlooking the void. Circumnavigate the void on jugs and superb rock/gear, keep overlooking the void as you ascend for full effect. A superb pitch.

I. Miller, C. Gleeson 17/04/10

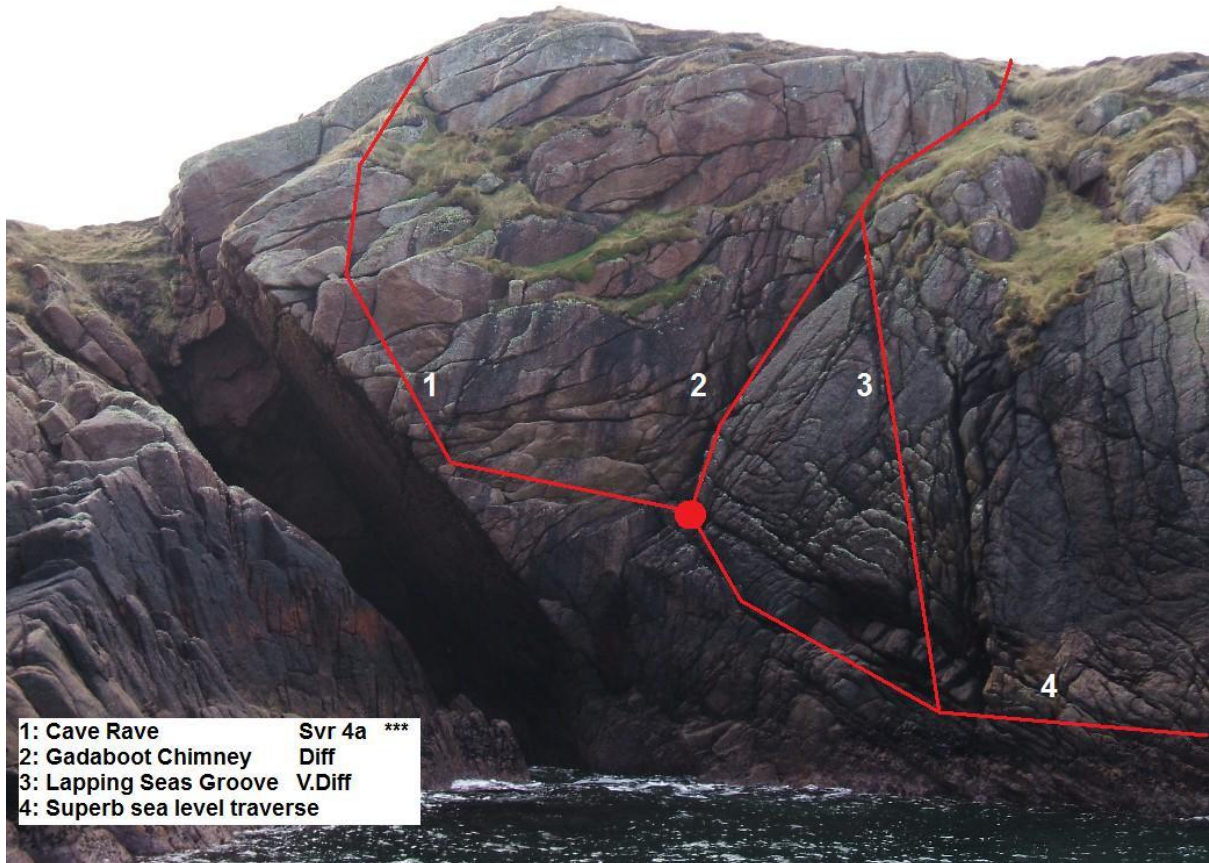
Gadaboot Chimney Diff 21m

This route climbs the right trending chimney in the centre of the face

Pitch 1. 6m As for "Cave Rave."

Pitch 2. 15m. At the right hand end of the non tidal ledge, back & foot the right trending chimney until forced into grassy shenanigans at it's summit.

I. Miller 17/04/10



Cave Rave Wall

Lapping sea's groove V. Diff 20m

From the same ledge at 5m from sea level, (as for Cave Rave & Gadaboot Chimney) climb the right trending fault to the right of Gadaboot Chimney.

I. Miller, Nepal Paul 12/05/10

Strangeness S HVS 20m

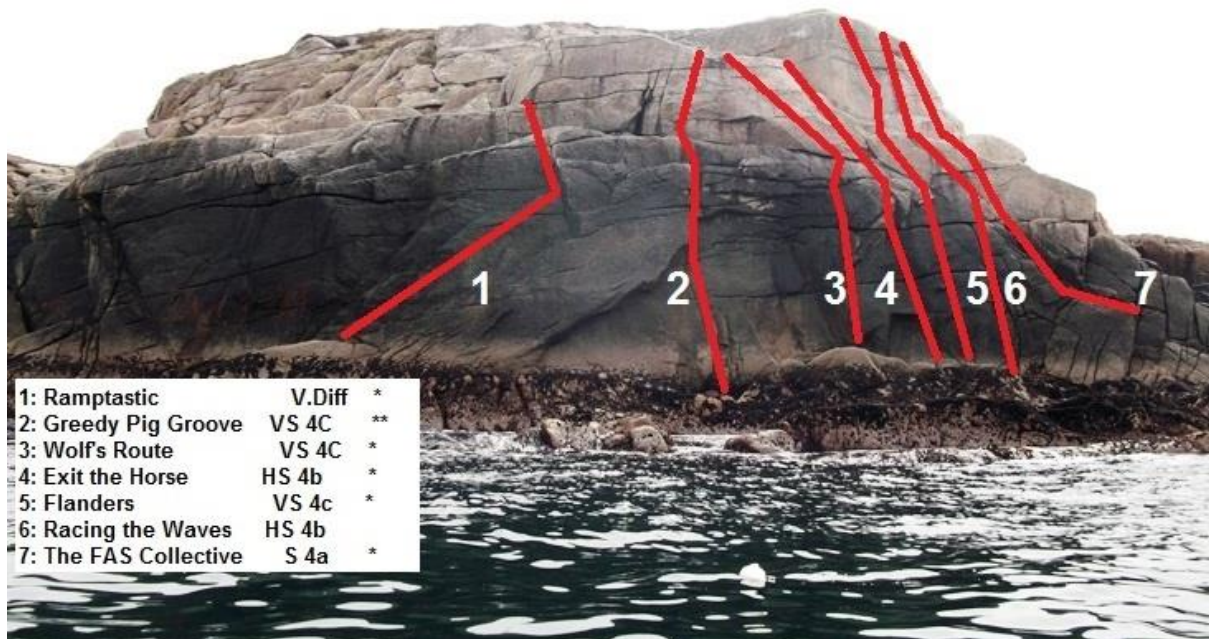
Approx 30m on the sea ward side of Cave Rave climb the centre of the black triangle of rock following the central groove. Holds and gear become increasingly unhelpful as height is gained.

I. Miller, C. Gleeson 12/04/12

New Dawn Wall

Directions: As for Far West Buttress, continue past "Cave Rave" and walk towards the sea for 40m, you are now standing on the summit of New Dawn Wall. Access is by an easy scramble down the ledges at the southern end of the wall.

Map ref: B727206



Ramptastic Diff 12m *

Climb the right trending ramp from the tidal platform at the left edge of the crag. Access by abseil or an excellent sea level traverse from "Strangness S" wall.

I. Miller, C. Gleeson 13/04/12

Marmalade Sandwich Start HVS 5a 15m **

Climb the left to right rising roof crack from its sea level start to join the crux groove on greedy Pig Groove

I. Miller, B. Nartey, D. Camm 25/07/17

Greedy Pig Groove VS 4c 20m **

- 1: 4c 12m Climb the obvious right facing corner at the left end of the tidal sea level platform.
- 2: 3c 8m climb the vertical fault above.

I. Miller, C. Gleeson 13/04/12

Wolf's Route VC 4c 12m *

Climb the vague arête up the centre of the lower wall on excellent hidden holds.

W. Schuellser, I. Miller, C. Gleeson June 12

Exit the Horse HS 4b 20m *

1: 4b 12m Climb the shallow right facing corner between horizontal breaks and up steep jugs to the large ledge.

2: 3c 8m Follow the left trending quartz vein to the summit.

I. Miller, C. Gleeson 13/04/12

Flanders VS 4c 20m *

1: 4b 12m Climb the centre of the wall between "Exit the Horse" and the "Racing the Waves" crack lines.

2: 4c 8m Climb up the centre of the seemingly blank wall above.

K. McGee, I. Miller 16/04/13

Racing the Waves HS 4b 20m

1: 4b 12m To the right of "Exit the Horse" climb the deep cracks to the steep left trending hand crack

to the large ledge.

2: 8m Climb the arête to the summit.

I. Miller, C. Gleeson 12/04/12

The FAS Collective S 4a 20m *

1: 4a 12m At the southern end of the wall climb the ramp to a short vertical wall, pull up right to the large ledge.

2: 3c 8m Climb the arête behind the huge boulder to the summit.

I. Miller & the FAS collective 10/04/12

The FAS Collective Direct VS 4c 20m *

1: 4a 12m As for "The FAS Collective."

2: 4c 8m Climb the vertical crack to the left of the arête.

I. Miller, C. Gleeson, J. McGee, A. O'Connor 22/04/12

Wave Wall

Directions: Approx 50m beyond the blow hole at the back of the Cave Rave sea arch, there is a small semi tidal zawn. Wave Wall is the steep south facing wall in the zawn. It is very easy to find simply walk over the sea arch at Cave Rave and follow the path for 50 meters.

Map Ref: B727206

Deluge MS 8m

Start at the foot of the lower ramp of Boxed Groove and climb directly up the steep and blocky crack above to a grassy exit. Belay well back.

S Hewitt, L Griffin 25/08/16

Boxed Groove S 8m

At the seaward end of the wall, climb the full crag height corner/groove.

I. Miller, K. McGee 27/03/13

Long Haul VS 4b 8m

Climb the slightly right trending crack in the centre of the face, very steep to start.

K. McGee, I. Miller 27/03/13

Z Crack E1 5B 8m

At the landward end of the crag, climb the steep right facing corner and follow the left trending crack above.

K. McGee, P. Tinney (1rp) 04/05/13

Black Slab

Facing the sea directly opposite the landward end of Wave Wall

Slater Slot Diff 10m

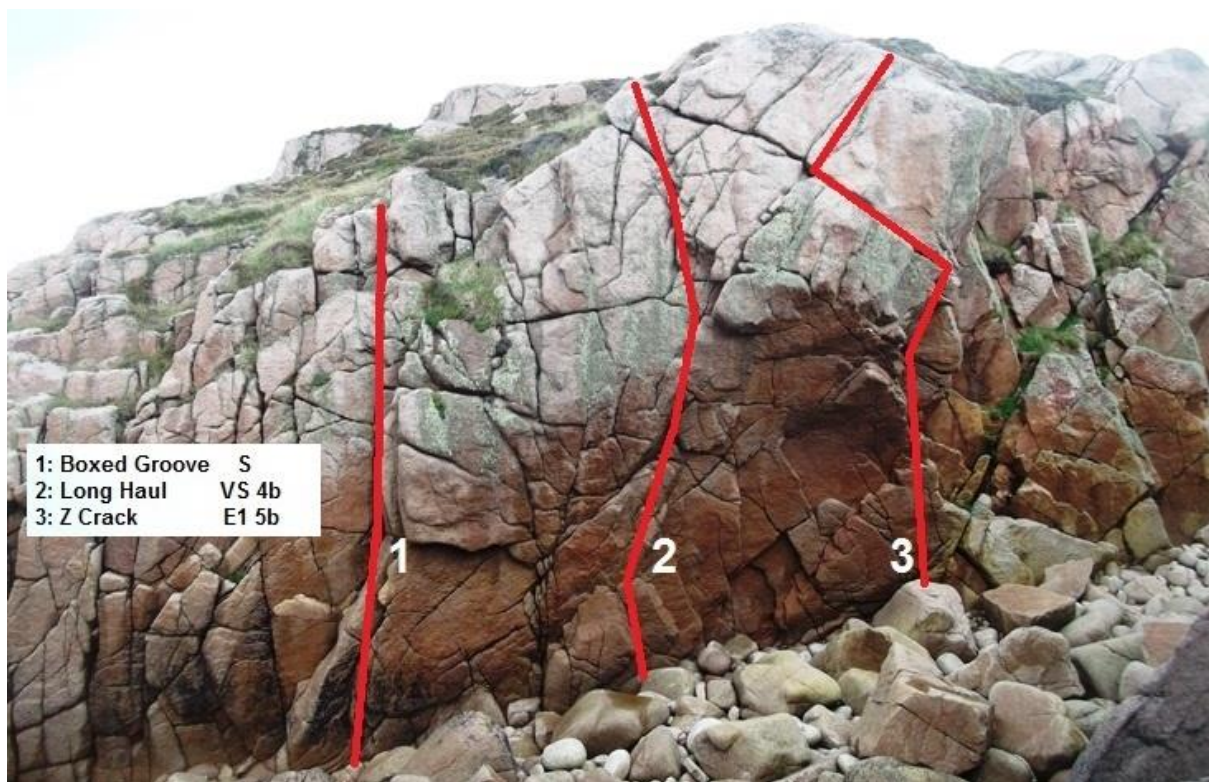
Start in the small niche at the right side of the slab and climb the obvious crack (which may be full of sea slaters), over the overlap and up easier ground to finish. Belay well back.

S. Hewitt, L. Griffin 28/08/16

Black Eliminate VS/HVS 5a 10m

Climb the centre of the slab to the left of Slater Slot without using holds in either this or the thin crack/weakness to the left. Thin at the start, then considerably easier. A couple of small wires were used as side runners in the thin crack on the left to protect the initial moves above an ankle-snapping

ledge: without these the route would be serious (HVS) as the first runners are at the overlap.
L. Griffin, S. Hewitt 28/08/16



Outdoor Climbing Wall

Directions: This short wall is simply an outdoor climbing wall with perfect rock, holds and gear. It is in a very shelter location and is unaffected by violent seas. Around high tide crag is "damp" the rest of the time the sea is a distant memory. Approach as for "The Far West Buttress" and continue past this crag for approx 250m, until stood on a flat area of bare rock facing out onto the rock islands. Descend down either side of the crag.

[Google Maps pin for Outdoor Climbing Wall](#) Map ref: B725206

Mini Mouse S 4a 6m

Starting on the first step at the left end of the crag, climb the vertical crack.

I. Miller, C Gleeson 31/08/10

Straight Cut S 4a 9m

Starting on the ground at the bottom of the first step, climb the deep vertical crack.

I. Miller, C Gleeson 30/08/10

Deceptively Slopey VS 4c 9m

Starting a metre to the right of "Straight Cut" climb the right trending fault and continue direct up the horizontal breaks.

I. Miller, C. Gleeson 30/08/10

Deep Cut Crack V. Diff 9m

The deep full crag height crack left of Centre.

I. Miller, C. Gleeson 30/08/10

Exit Stage right HS 4b 9m

Climb the right trending crack immediately right of "Deep Cut Crack."

I. Miller, C. Gleeson 30/08/10

The Outdoor Climbing Wall.

1: Mini Mouse	Svr 4a	7: Jitterbug	HS 4b	13: Disco Feet	Svr 4a
2: Straight Cut	Svr 4a	8: Autumn Groove	HS 4b		
3: Deceptively Groovy	VS 4c	9: Port's Pilgrimage	VS 4c		
4: Deep Cut Crack	V.Diff	10: Seriously Gud Craic	Svr 4a		
5: Exit Stage Right	HS 4b	11: Steady As She Goes	V.Diff		
6: Milldog Groove	Svr 4a	12: Lonely Flower	V.Diff		



Milldog Groove S 4a 9m

Climb the right trending shallow groove, a metre to the right of "Exit Stage Right." The first 5 metres is "protected" by a cluster of small wires and the chance of bouncing off the ground is high in the event of a fall.

I. Miller, C. Gleeson 05/03/11

Jitterbug HS 4b 9m

Climb the deep black groove 2m left of "Autumn Groove," at half height pull out left onto the steep face and follow the superb left trending jug crack to the summit.

I. Miller, C. Gleeson 04/03/11

Autumn Groove HS 4b 9m

Climb the deepest, darkest and widest crack/chimney on the crag.

I. Miller, C. Gleeson 31/08/10

Port's Pilgrimage VS 4c 9m

Climb the thin & fingery Quartz vein between the "Autumn Groove" & "Seriously Good Craic" Grooves.

I. Miller, C. Gleeson 02/10/11

Seriously Good Craic S 4a 9m

Climb the last wide crack/groove at the right end of the crag.

I. Miller, C. Gleeson 31/08/10

Steady as She goes V. Diff 9m

Climb the arete/corner at the far right end of the crag.

I. Miller, C. Gleeson 31/08/10

Lonely Flower V. Diff 9m

Between the "Seriously good Craic" Corner and "Disco Feet" climb the centre of the wall on good slopers and thoughtful gear.

D. Martin, N. Doherty 03/05/12

Disco Feet S 4a 9m

The S shaped fault around the corner and 3m right of the "Steady as She Goes" arete.

I. Miller, C. Gleeson 31/08/10

Fogg Wall

Directions: Standing on top of the Outdoor climbing wall looking out to sea this wall is approx 50m to the right, facing directly out to the island. Approach by scramble down either side of the wall.

Map ref: B725206

Xavier Tribute Diff 12m

At the far northern end of the seaward slab climb the stepped groove.

P. Maher, C. McGory 03/06/12

Leon Hegarty V. Diff 12m

The first crack line running up the Northern end of the slab.

N. Hegarty, S. McCann 03/06/12

No Hands V. Diff 12m

The full crag height groove running up the centre of the slab.

M. Cunningham, L. Sheen 03/06/12

The Edge V. Diff 12m

Climb outer edge of the slab overlooking the steep main wall.

M. Cunningham, L. Sheen 03/06/12

Mental Buzz VS 4b 12m *

At the left hand side of the vertical wall climb the shallow groove. Strenuous

K. Toner, D. Bennet 02/05/12

Who the Feck is Iain Miller? VS 4b 12m *

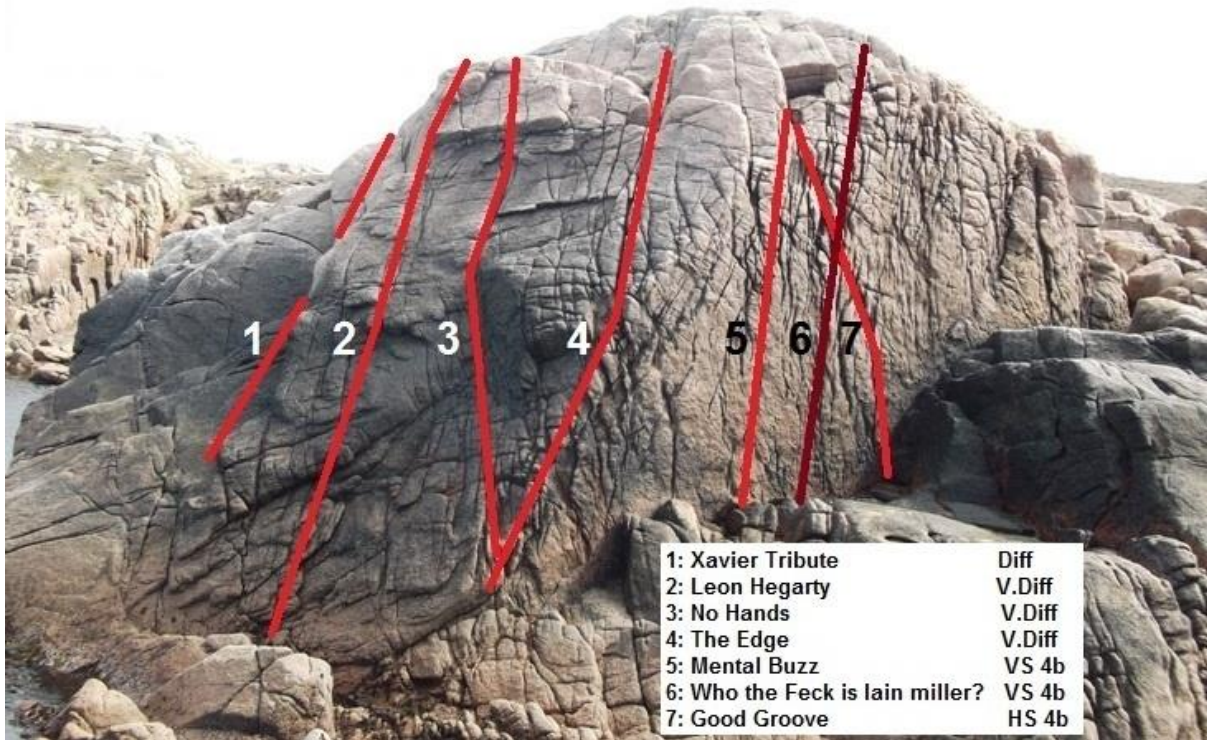
Climb the slightly left trending crack line in the centre of the wall.

C. Coyle, J. Boyce 03/06/12

Good Groove HS 4a 10m

Starting at the corner on the sea level platform, climb the deep left trending groove.

I. Miller, C. Gleeson Sept 2011



Squeeze Zawn

This narrow zawn lies south of the Outdoor Climbing Wall, but before reaching the Amphitheatre.

Race Against the Tide V. Diff 10m

A lovely slab route at the grade. Scramble down the narrow (often one metre-wide) zawn to the seaward (tidal) end. Left of a prominent left-slanting crack is a tapered slab. Climb large flakes steeply onto the slab and continue up its centre to the top.

L. Griffin, S. Hewitt 18/08/16

The Diagonal Diff 14m

From the base of Race Against the Tide, scramble easily leftward along ledges to below and left of a shallow corner. A narrow diagonal crack leads rightwards to the chasm. Step across the gap and follow the continuation, and now wider crack, to the top of Race Against the Tide.

S. Hewitt, L. Griffin 24/08/16

Tidal Nonchalance V. Diff 9m

Climbs the black slab on the opposite side of the zawn to, and just before the start of, Race Against the Tide. From sea level climb easily up left-trending flakes to near the top, where it is possible to escape right (D), or, better, move out left to a slabby, rounded and slightly furry finish.

S. Hewitt, L. Griffin, 24/08/16

The Amphitheatre

This is the open boulder-filled cove immediately south of Squeeze Zawn. It is almost non tidal, but the back wall does seep after rain.

Muscle Spasm VS 4b 9m

The obvious line in the back wall takes the slightly-impending central dyke. This is more eroded than the surrounding granite and gives good, strenuous moves on fine sculptured holds.

L. Griffin, S. Hewitt 24/08/16

Lost Wall

Directions: Approach as for "The Far West Buttress" and "The Outdoor Climbing Wall," continue for another 250m along the coast to the highest point on this coastline. Descent is easiest by scramble down the steps at the Northern end of the crag to sea level. Low to Mid tide and calm seas required.

[Google Map pin for Lost Wall](#) Map ref: B725203

Laughing Crack S 4a 12m *

On the sea ward facing wall climb the left facing corner direct to the superb central crack high on the wall, climb the crack to summit.

I. Miller, W. Schuessler 24/03/11

The deep full crag height groove to the right of "Laughing Crack" wall is climbed at Mild Severe.

Neptunes Staircase S 4a 12m *

At the left side of the bulging arete that forms the juncture of the Sea ward and South Facing wall, climb the right trending ramp of immaculate blockiness and up the steep head wall above.

I. Miller, W. Schuessler 24/03/11

The following routes have reasonably deep water below them at very high tides

Barnies Rumble S 4b 14m

At the end of the sea level platform climb the right facing corner to a ledge directly above on the left of the corner. Continue direct up the deep crack above.

I. Miller 10/03/17

Barney's Traverse HVS 5a 20m **

At the end of the sea level platform, make a burly sea level traverse into the steep left facing corner at the sea ward end of the South wall. Climb the steep corner to the platform and up the wall to the summit.

W. Schuessler, I. Miller 24/03/11

Swing Heil HVS 5b 14m **

Start as for Barney's Traverse, once established in the left facing corner make an excellent and committing move out right onto the arete. Climb the arete on superb holds to the ledge above, follow the crescent arch to the summit.

I. Miller 15/11/19

Another couple of routes based around the original Barney's Traverse.

Barney's Traverse (Direct Finish) HVS 5a 14m

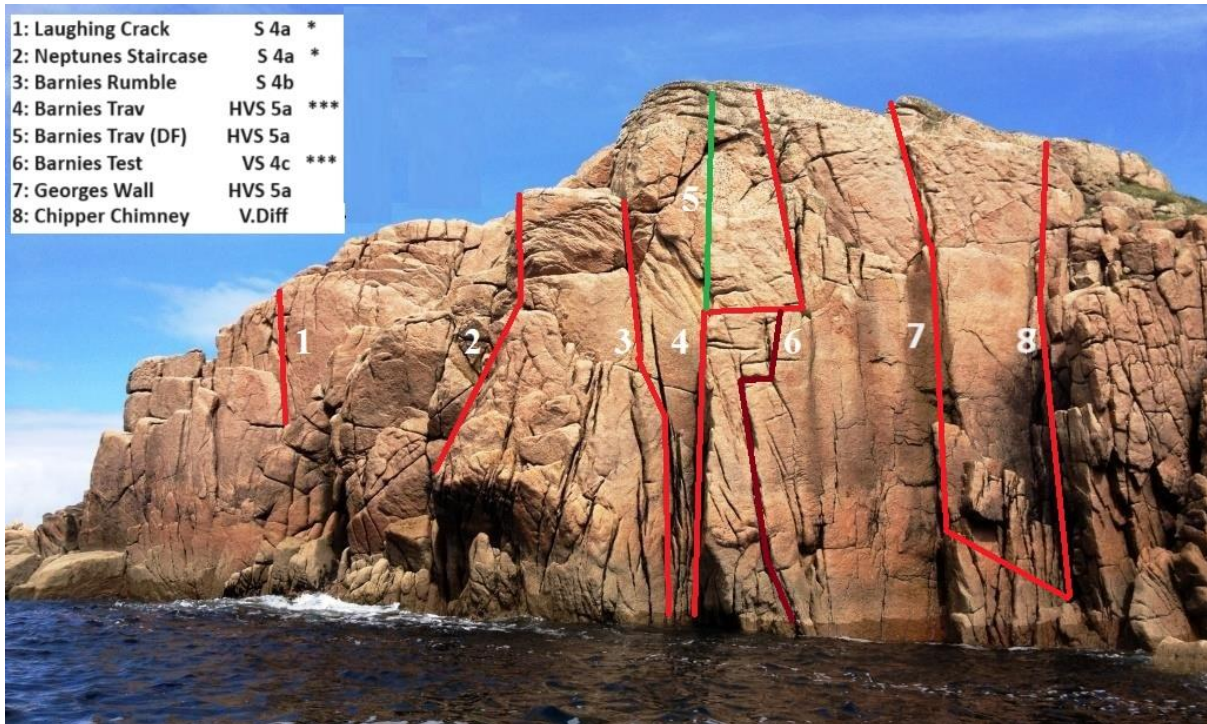
As for Barney's Traverse, climb the steep left facing corner and continue direct to summit up the crescent arch on underclings.

I. Miller 10/03/17

Barneys Test VS 4c *

Climb the steep cracks next right of Barney's Corner and continue up the deep crack as for the finish of "Barney's Traverse." The starting options for this route are abseil and hanging stance or I paddled into the base in a little dingy and DWS'd the line from the boat.

I. Miller 10/03/17



Georges Wall HVS 5a 17m

Traverse left from Chipper Chimney to reach a line allowing access to a ledge at 5m. Make an awkward mantle to reach the fine crack lines in the wall above. Steep and thin climbing directly to the top. Well protected.

W. Poots, G. Poots 20/08/23

Chipper Chimney V.Diff 16m

Climb the deep chimney at the land ward end of the south face, pulling out left and follow the left trending crack to the summit.

I. Miller, W. Schuessler 24/03/11

Lost Zawn

At the landward end of the south face but rather further right than Chipper Chimney. The following two climbs lie either side of a prominent narrow pillar with a conspicuous "Sword of Damocles" fang at around two-thirds height. The common start can probably be reached from the zawn at lowish tides; otherwise it needs an abseil.

The Squeeze S 10m

This area of rock suffers seepage from the grass slopes above. Climb steps and easy ground to the base of the overhanging chimney/slot, then grunt upwards to a leftward exit.

L. Griffin 18/08/16

Slight Corner V. Diff 10m

The obvious corner on the right flank of the pillar to a ledge near the top (easy escape right), from where the slanting crack in the wall on the left provides a nice finish to the top of the pillar.

S. Hewitt, L. Griffin 18/08/16

Orange Wall

This south-facing feature lies opposite the Back to Black Wall and can be climbed outside high tide.

Easy Peeler Diff 9m

At the seaward end of the wall climb the steep, blocky, and slightly loose fault line, ignoring the easy finish by moving out right over a fine flake to the top of the arête.

S. Hewitt, L. Griffin, 15/08/16

Valencia Late HVS 5a 9m

Climb the first section of Easy Peeler and then move right onto the arête (a direct start up the steep lower wall is perfectly feasible but involves a moderately bold move onto the slab above]. From a position on the right side of the arête, move up to the left-slanting crack and climb it awkwardly, but with excellent protection, to good finishing holds.

L. Griffin, S. Hewitt, 15/08/16

Seville V.Diff 8m

Starting immediately right of the large niche, climb the steep cracked slab, trending left towards the top.

L. Griffin, S. Hewitt, 15/08/16

Back to Black Wall

Directions: Continue along the coast for another 80m past Lost Walls and this black slab to facing you. All the routes start on a tidal boulder at the bottom of the landward end of the wall. Low to mid tide required.

Grid Ref B726202

Left of Back to Black Wall on the more and deeper featured rock are the first two routes.

Go Play V. Diff 8m

This route is located on the northern side of the inlet. Climb the obvious corner with several small ledges. When the corner opens out, move right on the face and follow the crack to the top of the cliff. This is a good quick route to climb with sound protection. The midges, however, will make it quicker.

P. Crawford, J. Mallon 25/07/13

All Tomorrow's Parties V. Diff 9m

Four meters to the right of *Go Play*, climb the deep fracture running to the highest point of the wall. There is decent protection although movement is somewhat restricted by the surrounding bulging walls. Gently overhanging at the top.

R. Mulraney, P. Crawford 25/07/13

Wobbly Window HS 4b 10m

Climb the left trending ramp and finish direct up the wall above.

W. Schuessler, I. Miller 19/06/12

Cornered S 4a 10m

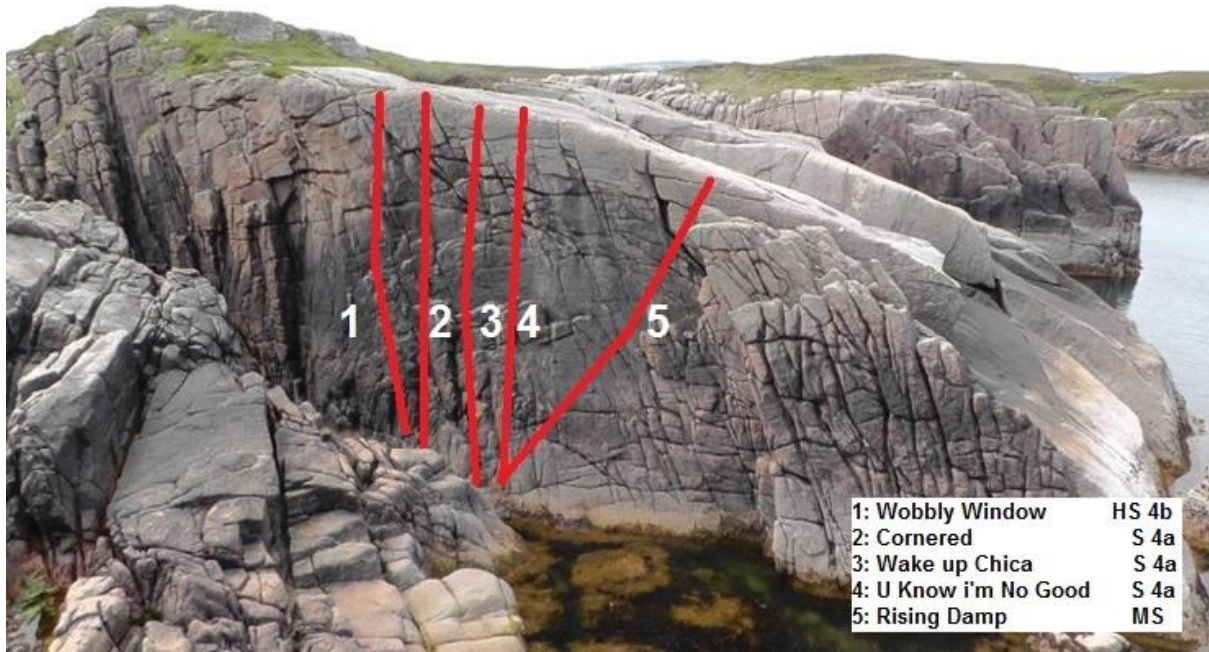
Climb the right facing corner and direct up the wall above.

I. Miller, W. Schuessler 19/06/12

Wake Up Chica S 4a 10m

Climb the next shallow corner/groove right and direct up the wall above.

W. Schuessler, I. Miller 19/06/12



U Know I'm no Good S 4a 10m

Climb the next shallow corner right and direct up the wall above.

W. Schuessler, I. Miller 19/06/12

Raising Damp MS 10m

A rightward rising traverse of the slab finishing at the pointed niche top right.

I. Miller, W Schuessler 19/06/12

Flying Wedge Wall

Directions: From the summit of "Lost Walls," continue along the coast for another 100 (or so) meters. Passing the slab of "Back to Black Wall," on your right, behind this slab is a narrow zawn containing The Flying Wedge Wall.

Map ref: B725202

Video Show V. Diff 10m

From the wee non tidal recess climb direct to the summit.

I. Miller 20/04/11

Lineament V. Diff 10m *

From the wee non tidal sea level recess ascend the right trending fault for a few meters and climb the cracks up the centre of the slab.

I. Miller, S. Nitecki, E. Taylor 25/04/11

Line of Force S 4a 10m *

From the wee sea level recess climb the edge of the slab with increasing air and interest, crux at very top.

I. Miller, S. Nitecki, E. Taylor 25/04/11

Flying Wedge Wall

- 1: Video Show V.Diff
- 2: Lineament V.Diff *
- 3: Line of Force Svr 4a *

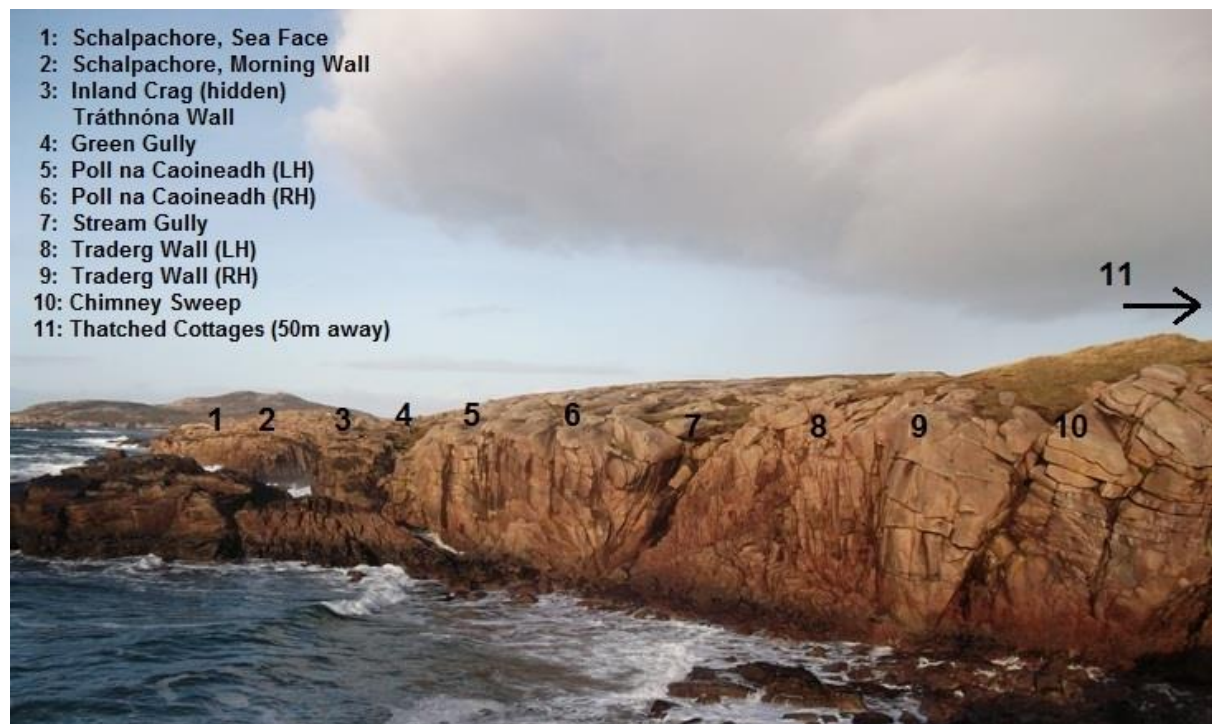


Trá Dhearg Wall Area

Directions: The South facing walls on the northern-end of Trá Dhearg Bay (GR 732210), which is found behind and below the 'Donegal Thatched Cottage Development.'

Viewed from the beach below the cottages, the most obvious features are a narrow chimney, 'Chimney Sweep' with a bulbous wedge shaped cliff on it's left, which are accessed by a rightward trending descent gully with a small stream in it, further again to the left. The following crags are listed running from their northern end back south for 250m towards the Thatched Cottage Development.

On your first visit it is time well spent walking along the cliff tops to located all the access gullies as mentioned below in the individual crag descriptions.



- 1: Schalpachore, Sea Face
- 2: Schalpachore, Morning Wall
- 3: Inland Crag (hidden)
Tráthnóna Wall
- 4: Green Gully
- 5: Poll na Caoineadh (LH)
- 6: Poll na Caoineadh (RH)
- 7: Stream Gully
- 8: Traderg Wall (LH)
- 9: Traderg Wall (RH)
- 10: Chimney Sweep
- 11: Thatched Cottages (50m away)

Scalpachore Wall. Sea Ward Face

Directions: This crag sits sea ward of the large recessed bay approx 250m north of the Thatched Cottage Development. Walk around the top of the bay and continue sea ward past the large lonely boulder. Access by scramble down easy ledges either side of the wall. Low to Mid tide and calm seas required.

Map ref: B728213

Pool wall

This wall can be accessed by descending down the obvious gully to the right of Scalpachore Wall. Sea Ward Face if looking out to sea

Dorsal fin HVS 5a 8m

Start below the obvious flake to the left of the gully. Climb the initial crack and then the overhanging flakes above. Move out right at the top to gain jugs.

T. Ralphs, N. Robinson, G. Lancashire 21/10/13

Minow HVS 5b 8m

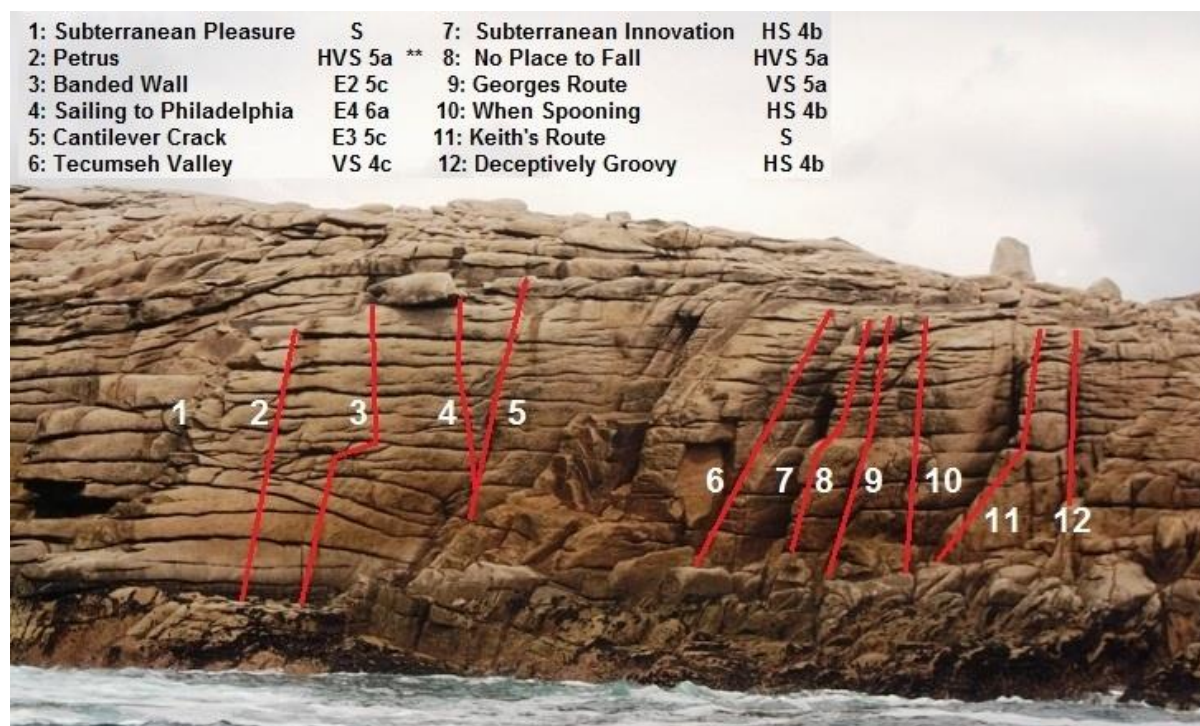
Climb the tapered crack in the buttress to the left of the descent gully. Pull powerfully up this then layback the small arête above until you can stand on the ledge at half height. Climb up the wide cracks more easily to the top.

T. Ralphs, N. Robinson, G. Lancashire 21/10/13

Shrimp VS 4c 8m

Start just left of the arête on the buttress left of the decent gully. Climb up powerfully on good holds. A high foot on the ramp allows a pocket in the wall above to be used. Move up slightly left and finish more easily to the top.

T. Ralphs, N. Robinson, G. Lancashire 21/10/13



Subterranean Pleasure Svr 15m

Running behind the steep rippled left wall of this crag is a very deep & thin chasm with a huge chock stone at the top and another below it in the depths. Climb into this chasm from sea level and grunt your way to the lower chock stone, (harder for the chunky) continue more easily to daylight.

I. Miller, D. O'Connor 02/08/10

Petrus HVS 5a 12m **

At the sea ward end of the superb horizontally rippled wall, climb the shallow left facing corner.

W. Schuessler, I. Miller 20/09/10

Banded wall E2 5c 12m

Start up a vertical flake then move up and left to a diagonal crack. Climb up this, trending slightly right. Then climb the wall straight above.

T. Ralphs, N. Robinson, G. Lancashire 21/10/13

A Million Shells E4 6a 12m

Climb direct up wall and over summit block.

M. Koehler, W. Schuessler 02/06/16

Sailing to Philadelphia E4 6a 12m

Start as for Cantilever crack but pull left almost immediately into vertical flakes. A stiff pull to a horizontal break is followed by a long reach to then next break over a bulge. Climb straight up on rounded breaks.

T. Ralphs, G. Lancashire 21/10/13 (1 rest point)

Cantilever Crack E3 5c 10m

Climbs the obvious vertical crack on the right side of the wall. The crack peters out at about 2/3rds height. Climb straight up at this point. There is a crucial 00 black diamond camalot at this point. Take care as the rock is quite sugarey.

T. Ralphs, N. Robinson, G. Lancashire 21/10/13

Tecumseh Valley VS 4c 10m *

Climb the left Arete which makes the left wall of "Subterranean Innovation." Finish by bridging to the chockstone, a direct finish awaits the steely fingered.

W. Schuessler, I. Miller 21/09/10

Subterranean Innovation HS 4b 15m

The crag is split by a deep chimney with a capping chock stone. Walk into and squirm up into the depth, continue thrutching until daylight.

I. Miller, D. O'Connor, S. Taggart 28/07/10

No Place to Fall HVS 5a 10m

Climb the superb Arete which makes the right wall of "Subterranean Innovation."

W. Schuessler, I. Miller 21/09/10

Georges Route VS 5a 10m

2 metres to the right of the "Subteranean Innovation" chasm, climb the obvious V groove to a good stance and continue direct to top. Strenuous start!

G. Carleton, K. Monaghan 01/05/10

When Spooning leads to Forking HS 4b 10m

A metre to the left of "Howling Chimney" climb the superb jugs to a small stance and continue direct to the top.

A. Feeney, PJ Monaghan 01/05/10

Howling Chimney S 4a 10m

Climb the deep full crag height chimney to the left of "Deceptively Groovy."

I. Miller, D. O'Connor 02/08/10

Keith's Route S 10m

Climb the Arete on the right side of "Howling Chimney."

K. Monaghan, G. Carleton 01/05/10

Deceptively Groovy HS 4b 10m

At the far right or Southern end of the crag 2m right of "Howling Chimney," climb the shallow chimney with a tricky exit.

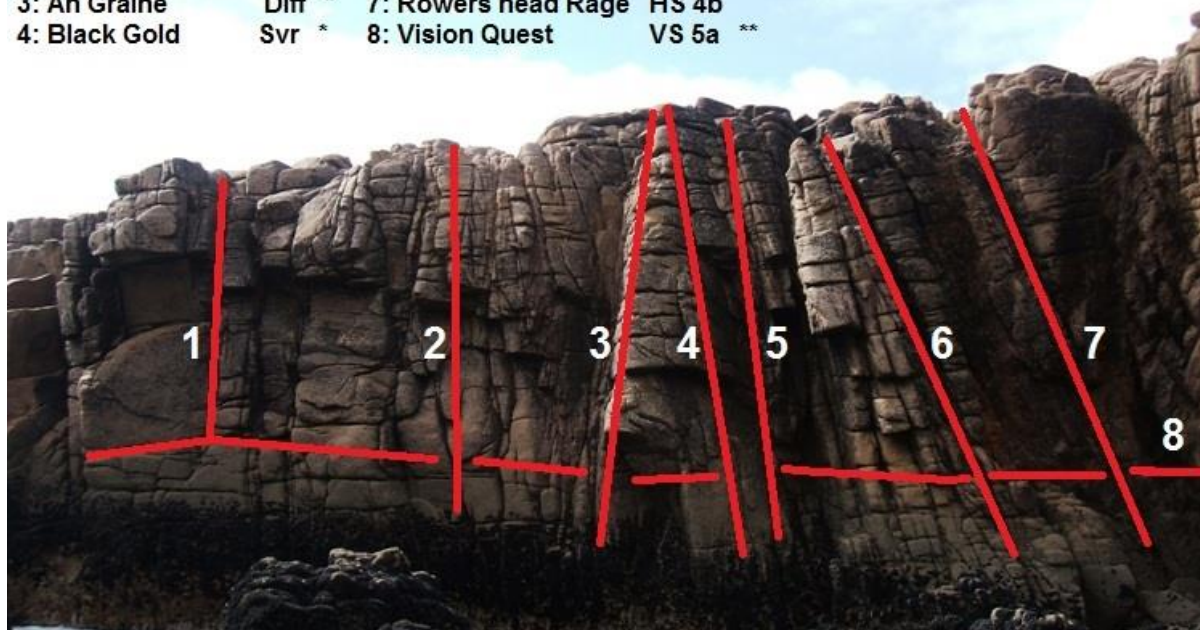
D. O'Connor, I. Miller 02/08/10

Scalpachore Crag, Morning Wall

Scalpachore Crag sits immediately sea ward of the large bay, the south facing wall of Scalpachore catches the sun early, provides many short climbs and is a pleasant place to play in the mornings. At low to half tide it is possible to access the climbs on the R-hand (inland) side of the wall by scrambling in from the bay. The sea ward side of the crag can be accessed by abseil but all routes are best accessed by following "Vision Quest," an excellent traverse line along the high tide mark.

[Google Map pin for Morning Wall](#)

1: The Last Hurrah	Diff	5: Wriggle N Win	HS 4b
2: Half Way House	Svr 4a	6: Left Hand Path	Diff
3: An Graine	Diff *	7: Rowers head Rage	HS 4b
4: Black Gold	Svr *	8: Vision Quest	VS 5a **



The Last Hurrah Diff 10m

Climb up diagonally L, finishing up just R of a large overhang.

L. Convery & G. Moss. 24/09/08

Half Way House S 4a 10m

Mid way between "The Last Hurrah" capping roof and the "An Graine" arête, climb the superb hand crack through a mid height roof and direct to top.

I. Miller, C. Gleeson 29/08/10

An Graine Diff 10m *

From the small ledge climb the arete on the right.

L. Convery & G. Moss. 24/09/08

Black Gold MS 10m *

Climb the centre of the black slab 2 metres to the right of the "An Graine" arete.

I. Miller, C. Gleeson 27/08/10

Wriggle n Win HS 4b 10m

Climb the groove 2 metres to the right of "Black Gold," with a cheeky steep crux.

I. Miller, C. Gleeson 27/08/10

Left Hand Path Diff 10m

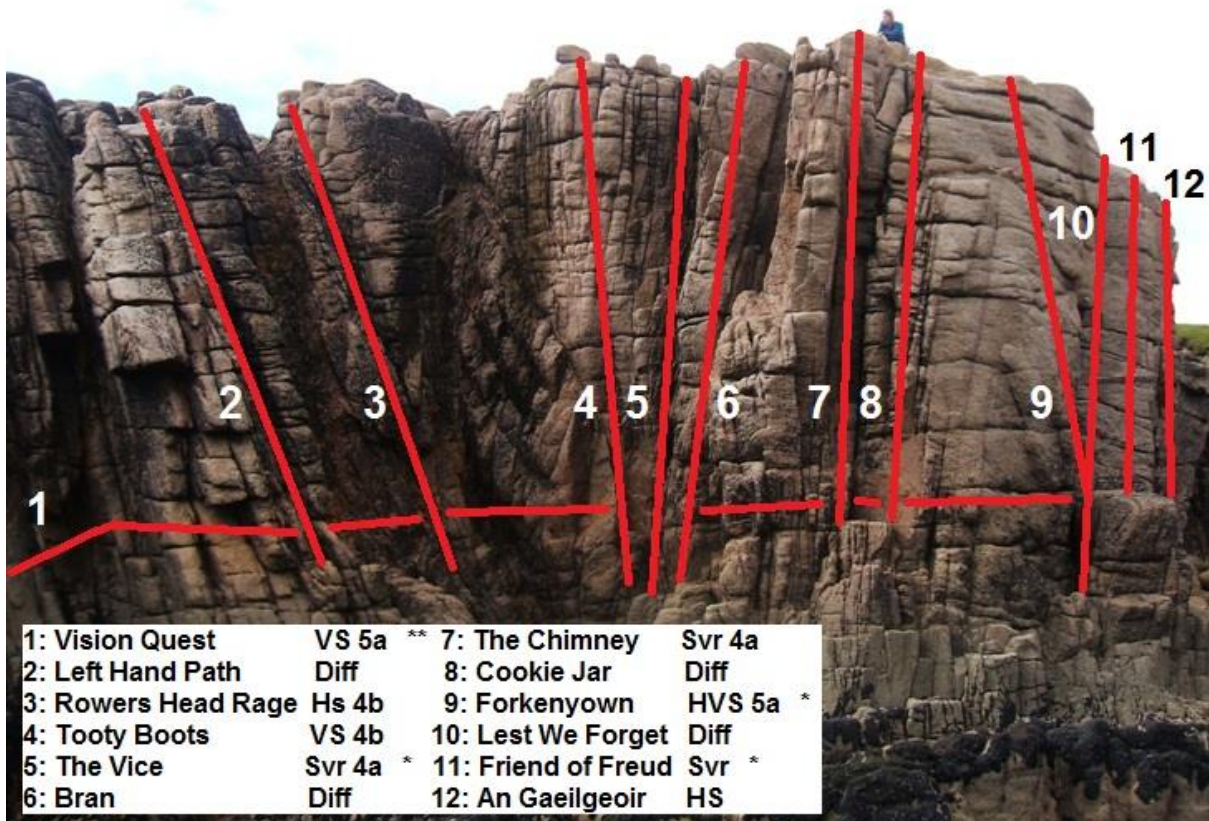
Climb the wide left trending groove up the Arete, 5m right of "An Graine" Arete.

I. Miller, C. Gleeson 29/08/10

Rowers Head Rage HS 4b 10m

Climb the thinner/steeper left trending hand crack, 3m right of and parallel to "Left Hand Path."

I. Miller, C. Gleeson 27/08/10



Tooty Boots VS 4b 10m

Climb the arete 2nd left from "The Vice" groove, steeper than it looks.

W. Schuessler, I. Miller 20/09/10

The Vice S 4a 10m *

Climb the steep, deep black V Groove, 5m to the right of the "Left Hand Path" arete.

I. Miller, C. Gleeson 27/08/10

Facebook Live S 4a 10m

Climb the thin left corner and crack 2 m right of the vice

I. Miller, L. Murdiffe 01/05/19

Bran Diff 10m

The arete 2m R of a wide, broken corner.

L. Convery, G. Moss 19/04/08

The Chimney S 4a 10m

Climb the narrow chimney to the right of the "Bran" arete.

I. Miller, C. Gleeson 29/08/10

Cookie Jar Diff 10m

Climb the crack 1m right of "The Chimney."

W. Schuessler, I. Miller 21/09/10

Forkentown HVS 5a 10m *

Climb the superb steep corner 2m to the left of "Lest We Forget."

W. Schuessler, I. Miller 20/09/10

Lest We Forget Diff 10m

The vertical corner crack, which starts immediately L of a platform above the high water mark, at the right hand end of the wall.

G. Moss, L. Convery 19/04/08

Friend of Freud S 10m *

Climb the centre of the immaculate wall, 1m to the right of the "Lest We Forget" corner.

W. Schuessler, I. Miller 20/09/10

An Gaeilgeoir HS 10m

The vertical crack just right of "Lest We forgot" platform is steep and juggy.

G. Moss, L. Convery 11/05/08

Whale Fish HVS 5a 10m

3m to the right and round the corner from "An Gaeilgeoir," Climb the hard vertical crack to the mid-height stance shared with "An Gaeilgeoir" and continue on easier ground to top.

W. Schuessler, I. Miller 21/09/10

Black Arete S 12m

6m to the right of "Whale Fish" climb the full crag height arete.

W. Schuessler, I. Miller 21/09/10

Vision Quest VS 5a 50m **

A superb high tide sea level traverse of Scalpachore Crag. Start in the boulder beach between Scalpachore Crag and The Inland Crag, traverse "out to sea" until on the platforms at the seaward tip of the crag. A route best savoured when Neptune is in the building! :-)

I. Miller, C. Gleeson 27/08/10

Inland Crag

Directions: Just south of Morning Wall, at the back of a large bay and facing out to sea. A place to climb when high tides are running. It suffers from seepage, but benefits from the sun.

Hug Diff 10m

Climb the column near the L-hand end of the crag, moving L at the top.

L. Convery, G. Moss. 24/09/08

Glaine ár gCroi V. Diff 10m

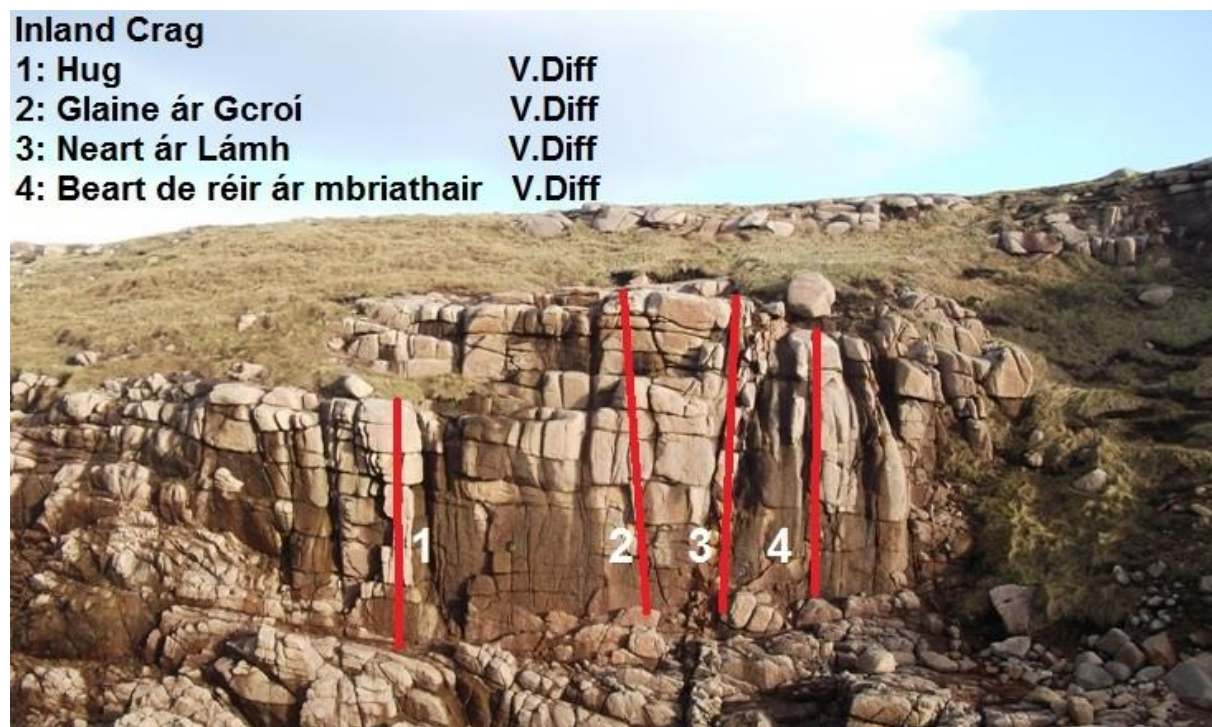
Climb the intermittent crack line 1m L of the dyke splitting the crag and move up over two steps to a belay.

L. Convery, G. Moss. 24/09/08

Neart ár lámh V. Diff 10m

Climb the dyke on large holds, stepping L at the top to finish at the highest point.

L. Convery, G. Moss. 10/05/08



Beart de réir ár mBriathair V. Diff 10m

Climb the fault line 2m R of the dyke.

L. Convery, G. Moss. 10/05/08

Tráthnóna Wall.

Directions: Just south of the Inland Crag. Often greasy in the mornings and for this reason best left until after lunch. Approach by scrambling down from the L-hand (northern) end. The L-hand section of this wall is characterised by a series of L-facing slabs, best seen from above Morning Wall. Low to mid-tide only.

Rock Pool Wall S 4a 10m

10m to the left (North) of the "Clean Sweep/Iron Man" slab there is a deep rock pool with a wee island. Climb the left trending cracks up the steep wall behind this pool.

D. O'Connor, I. Miller 02/08/10

Wave Escape Diff 10m

To the left of "Clean Sweep," climb the easy dark groove. Worth noting if high seas swamp your belay.

I. Miller 02/08/1

Clean Sweep VS 4c 12m

To the left of "Iron Man" climb the up the centre of the clean slab. Easily at first up ledges then up a series of ever decreasing holds/crimps up the smooth summit nose.

I. Miller, D. O'Connor 02/08/10

1: Wave Escape	V.Diff
2: Clean Sweep	VS 4c
3: Iron Man	Svr
4: 2 Ends of a Middle	HVS 5a
5: Trio	VS 5a
6: Joe L Jaunt	V.Diff
7: The Scholar	Svr
8: Maumturks Man	VS 4c
9: Crolly Doll	E2 5c



Iron Man S 12m

Start at the bottom right of the first L-facing slab, at sea level. Follow the R edge to the top.

G. Moss & L. Convery 18/04/08

Titanium Man HS 4b 12m

Climb the corner as for "Iron Man," step right at it's top onto a airy stance on the seaward face. Climb the deep crack to an involved mantle onto the ledge above and up to the summit.

D. O'Connor, I. Miller 02/08/10

Two Ends of a Middle HVS 5a 12m

The first crack in the bulging wall between Iron Man and Joe L's Jaunt. There are two variations possible, the start is the crux for both. Strenuous moves gain a good ledge to the left of where the crack forks. The left fork can be climbed easily or the right with a tricky move through a bulge near the top.

D. Craig, S. Daly 24/06/09

Seggá-legge VS 5a 10m

The crack to the right of Two Ends of a Middle. The start is the crux. Either make a difficult move off the ground to gain a jug or simply jump up. Climb the crack to the top making copious use of the flake

crack to the left. May feel difficult to the vertically challenged!

D. Craig, S. Daly 24/06/09

Trio VS 5a 12m

A right to left diagonal of the wall. Start as for Seggílegge, gain the flake crack and move up and left into Two Ends of a Middle right hand finish. At a horizontal break, move left into the left hand finish and continue up this.

D. Craig, S. Daly 24/06/09

Joe L's Jaunt V. Diff 12m

Climb the right edge of the second L-facing slab.

L. Convery, G. Moss 20/04/08

The Scholar S 12m *

Start just to the right of Joe L's Jaunt and climb the narrow, left facing corner.

G. Moss, L. Convery 20/04/08

Maamturks Man VS 4c 12m *

Start as for 'The Scholar'. Climb up and step right onto the platform. Move a little right and climb the steep vertical crack in the back wall.

G. Moss, L. Convery 11/05/08

Grease Lightening VS 4c 12m

The crack to the right of the top part of Maamturks Man, climbed from sea level. Low to mid tide.

D. Craig, S. Daly 24/06/09

Crolly Doll E2 5c 12m

The crack to the right of grease lightening. Climb strenuously to a cramped ledge up on the left. Step right and gain the good platform above. Climb the wall to the right of the corner and exit via the small chimney. Low to mid tide.

D. Craig, S. Daly 24/06/09

Metal Wall

The right hand side of Tráthnóna Wall is steep and undercut and an abseil approach is the only option, and hanging belays are the order of the day. This section is bordered on the right by a green, grassy gully, (Green Gully) which slopes down from north to south.

Territorial Pissings VS 4c 15m

Abseil down the water runnel in the centre of the face, climb the wide chimney/crack and finish via some hard bridging moves through the large hole!

H. Hennessy, R. Redmond 08/04/13

Marauder E1 5b 15m

Start as for "Territorial Pissings" but move right up to the roof, make some awkward jamming moves past this and continue straight up the crack.

H. Hennessy, R. Redmond 08/04/13

Poll Na Caoineadh, left Side

Directions: Bordered on the left by Green Gully and on the right by Stream Gully.

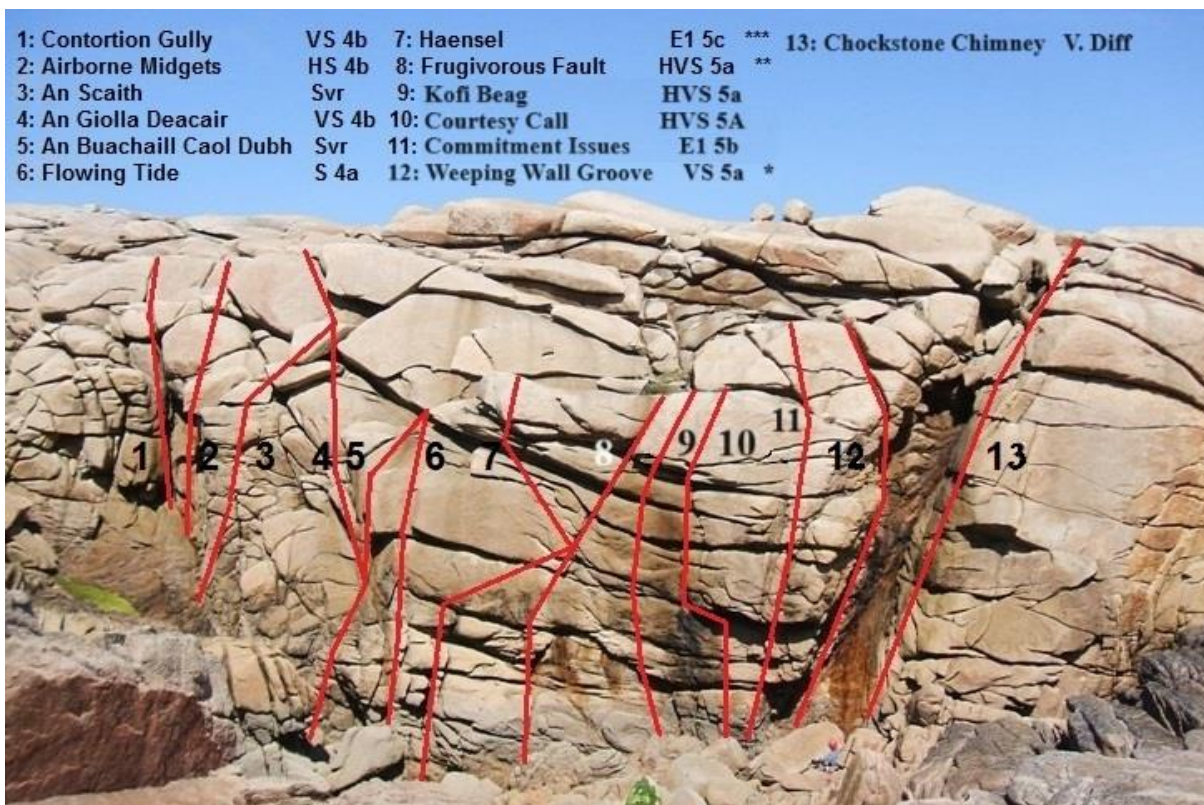
[Google Maps pin for Green Grass Gully](#)

Contortion Gully VS 4c 10m

Climb the wide groove running up the left wall of the wide chimney to the left of "An Scaith."
I. Miller, C. Gleeson 03/10/10

Airborne Midget's Chimney HS 4b 14m
 Climb the right wall of the wide chimney to the left of "An Scaith."
I. Miller, C. Gleeson, D. O'Connor 03/05/10

An Sciath S 18m
 Start where the gully becomes a narrow channel, at the L side of the face, below the obvious shield-like plaque at about 3 metres. Step down into the channel and climb up to stand on the shield. Keeping near the L edge, move straight up to pull over a block on good, though not obvious, holds and cruise on up.
G. Moss, L. Convery 11/05/08



Cith is Dealain Diff 18m
 Start 2m R of 'An Sciath', below a short vertical fault line. Climb this, then traverse diagonally right for about 10 m, passing below an obvious thin flake en route, finish by moving up left through a break when the traverse line fades.
L. Convery, G. Moss. 10/05/08

An Giolla Deacair VS 4b 18m
 Start a little over 1m right of 'Cith is Dealain'. Climb straight up on good holds to the foot of a short, steep section. Pull over this and move up to the top of a block below a short, smooth slab, just left of a huge boulder. Up the slab (crux) to the top.
G. Moss, L. Convery 19/04/08

An Buachaill Caol Dubh S 18m

Start at the bottom of the gully, nearly 3m right of 'An Giolla Deacair' and just left of a large block. Climb up into a slanting corner, make a wide step right to follow the crack slanting right, then climb to the top of the prominent thin flake above. Up pleasantly from here. (Mild Severe)

G. Moss, L. Convery 10/05/08

Flowing Tide S 4a 15m

Starting to the right of the large boulder as for "An Buachaill Caol Dubh," jug haul up to a right facing corner, layback up and over to easier ground & continue to top.

I. Miller, C. Gleeson 17/04/10

Immediately right of 'Flowing Tide' the crag is undercut, and only accessible by boulder hop from the base of Green Gully at low tide. This section is separated from on the right by a chimney with a large chockstone at it's very top (Chockstone Chimney).

Haensel E1 5c 10m ***

Start on the non tidal nose as for "Flowing Tide" and make a rightward rising traverse to stand on the superb wee scoop up and right. Make a hard technical traverse right to join "Frugivorous Fault" at mid height, make a rising traverse leftward following the inverted scallops and up through the roof to a perfect finishing spike in the summit. An outstanding route on perfect technical rock.

W. Schuessler, I. Miller 30/03/11

Frugivorous Fault HVS 5a 12m **

In the centre of the undercut wall between "Flowing Tide" & "Chockstone Chimney" climb the right trending Quartz crack fault line. Steep & unforgiving with layback jugs in ALL the right places! :-)

I. Miller, C. Gleeson, D O'Connor. 03/05/10

Kofi Beag HVS 5a 10m

Climb the wall to the right of Frugivorous Fault on good holds. Finish up the slab just to the right of the crack.

K. McGee, P. Tinney 29/09/19

Courtesy Call HVS 5a 10m

Climb the left edge of the overhang between Kofi Beag and Commitment Issues. Step slightly right at the top of the cracks to climb the slab.

K. McGee, P. Tinney 29/09/19

Commitment Issues E1 5b 12m

Climbs the prominent roof left of weeping wall groove, big holds lead up to the roof and a hands off rest, pull through the roof and continue to top.

H. Hennessy, R. Redmond 10/04/13

Weeping Wall Groove VS 5a 10m *

On the left wall of "Chockstone Chimney," climb the steep groove on perfect jugs and up the right facing corner to an airy top out.

W. Schuessler, I. Miller 31/07/11

Chockstone Chimney V.Diff 12m

Start from some boulders beneath the left hand side of the arete. Climb the lefthand side of the arete, moving into the chimney and surmounting the chockstone to finish.

G. Moss, L. Convery 24/09/08

Poll na Caoineadh. Right side.

Access: At low to mid-tide approach down Stream Gully (this gully separates Poll na Caoineadh from Traderg Wall, and there are no prizes for guessing this is the gully with the small stream running down it!) After a tricky start, scramble back north, along good ledges. At mid-to-full tide this area can be accessed by abseiling down the centre of the wall at, or near, the line of Carraig ar Crith. A rocky reef, running parallel to this section, protects the base of the wall during high seas.



Walk of Shame VS 4c 18m

Start approx 1-2m to the right of Chockstone Chimney at sea level. Climb steeply through the bulges to reach a faint crack line on the arete. Follow these cracks and breaks stepping right near the top to finish at the top of Knickers.

Yorky 06/08/16

G-String VS 4c 12m

Start about 3 metres right of Chockstone chimney where the rock bulges out above a rock pool. Pull up on a selection of good flakes to a good stance and then up to the large ledge of Knickers. Go up the crack for about a metre to a smaller ledge on the right. From there move up right using a thin vertical crack on the slab to gain the horizontal break below the overlap. Make a couple of interesting moves up to gain the good flake above the center of the overlap. Follow this to the top.

P. Tinney, K. McGee 01/07/13

The Peat Thieves E1 5b 18m **

At the end of the deep rockpool climb, the wide groove and horizontal cracks above. At the steepening trend left and follow the break below the overlap, finish as for G String.

Mike Hutton & Martin Kocsis 15/06/18

Knickers S 18m **

Start 2m left of the square cut overhang of Traderg Tantrum at a bulging flake crack. Climb the crack and follow an easy traverse line leftwards over ledges to a prominent nose. Follow a crack above the nose to the top.

S. Daly, D. Craig 01/07/09

Skid marks HVS 5a 18m *

Start as for Knickers. At approximately half way across the traverse a flake crack heads up slightly rightwards to some undercut holds. Use these to gain the wall above just below the right end of a long overlap. Traverse easily leftwards below the overlap to re-join Knickers near the top.

S. Daly, D. Craig 01/07/09

Stigmata E2 6a 18m *

Start as for Knickers at the large flake. Climb directly up to the two identical pockets. Continue up the wall with increasing difficulty to the base of the overhanging crack. Climb the overhanging crack, then move slightly right to climb the next bulge. Finish up the offwidth

K. McGee, P. Tinney. 07/04/13

The Traderg Tantrum E1 5b 12m **

Start 2m left of The Parting Glass at a corner leading up to the square cut overhang. Climb the corner, crux, then traverse below overhang and pass it on the right. Move up over some interesting flakes and make a long reach up via obvious undercut to more good flake holds. Follow the flakes back slightly leftwards to an exit at a wide crack.

D. Craig, S. Daly 01/07/09

At about the central point of this section there is a cluster of rightward pointing flakes in the upper half of the face. The next three climbs are located here.



The Parting Glass S 10m

Start about 3m right of a square-cut overhang at 3m, below some ledges, and below the left most of the flakes above. Climb directly to a wide ledge and continue up the corner on the left pulling over the blocks.

G. Moss, L. Convery 24/09/08

Stira S 10m

Start to the right of 'The Parting Glass' up onto a ledge and move left to a higher, wider ledge, then climb the corner to the right of 'The Parting Glass'.

L. Convery, G. Moss. 24/09/08

Distraction HS 4b 10m

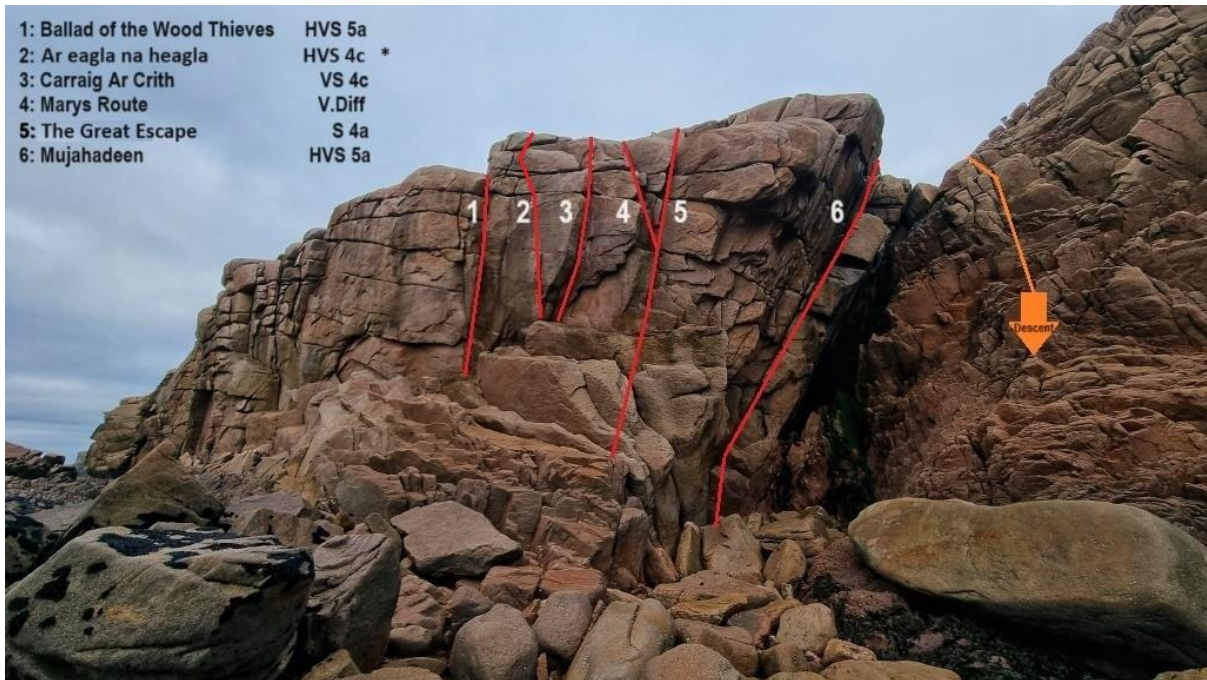
Climb the next corner to the right of "Stira," reach up to good hold at the blank-looking start. Climb up using the corner and breaks on the face. Step up and left to a ledge and mantle straight up from there to top.

M. Hassan, PJ Monaghan 23/05/09

Drunken Muppet HVS 5a 10m

Start a few metres to the right of Distraction on the left edge of a large block/flake. Climb slightly leftwards to a small undercut flake and move straight up past the next two horizontal breaks to meet the right edge of a crack which curves down to Distraction. Move right along the ledge and climb the little wall above, move slightly left at the top of this to gain a short crack to finish.

K. McGee, P. Tinney 01/07/12



Ballad of the Wood Thieves HVS 5a 10m

This takes the next obvious crack/corner line a few metres to the right of Stira past the blank wall . Move up from platform to a pointy step. Using the crack reach up to good hold above and continue up laybacking on the flakes. Good hold on left at top, then rock over to the right onto blank slab to finish.

M. Hassan, PJ Monaghan 23/05/09

Ar eagla na heagla HVS 4c *

Start at base of "Carraig ar Crith," climb and stand on the tiny pillar up left, and continue trending left to finish through the deep summit niche.

I. Miller, L. Murdiffe, S. Frawley 30/03/24

Carraig ar Crith VS 4c 10m

Climb the steeper corner, using holds out on the right wall where necessary.
G. Moss, L. Convery 25/09/08

Mary's Route V. Diff 10m

At the bottom of the descent gully, turn right and climb the first obvious corner, traversing left to finish.

M. & M. McGuigan, April 01

The Great Escape S 4a 10m

Climb the first groove direct up steeper ground using the superb huge flakes.

K. McGee, P. Tinny July 2022

Mujahadeen HVS 5a 13m

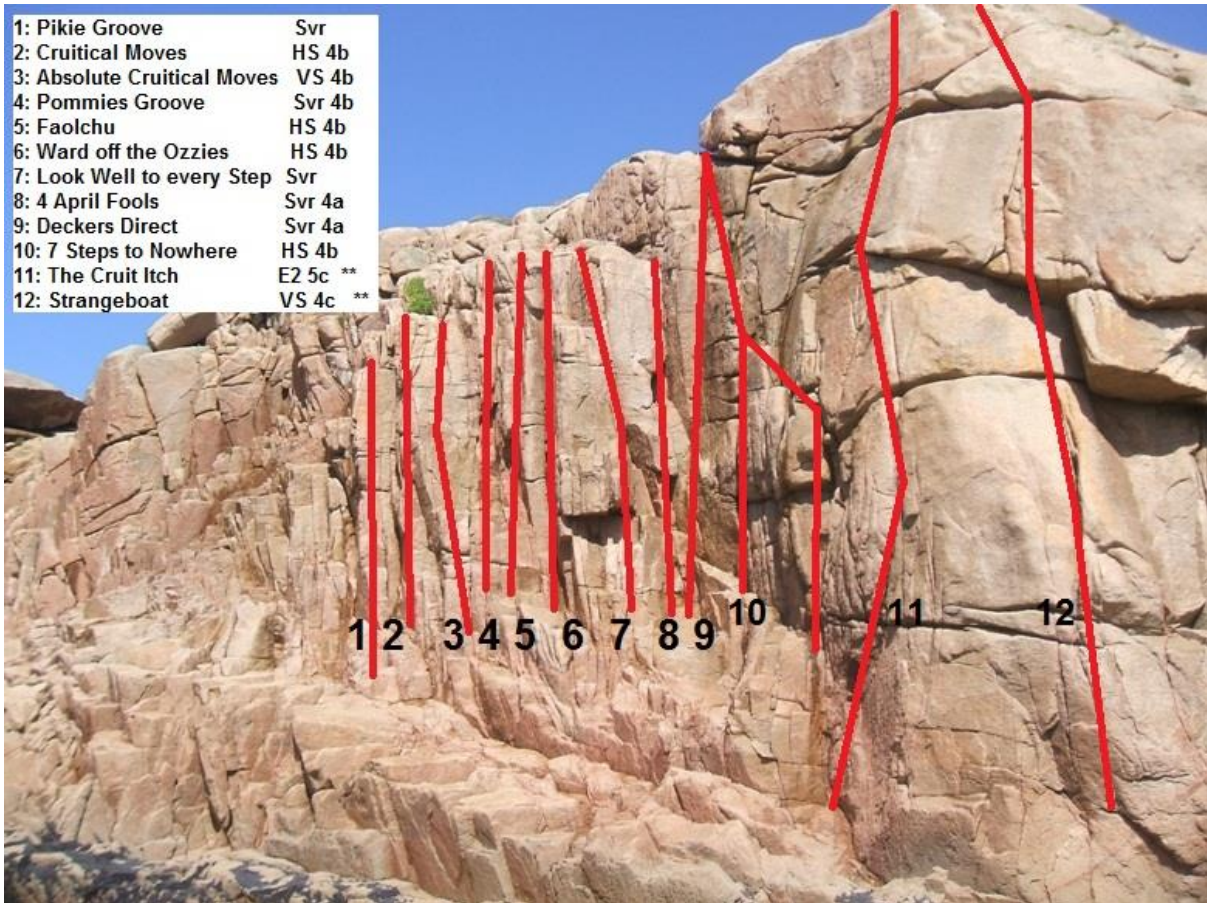
Follows an obvious rightward trending flakey crack and wall above on the last main wall to the left of the descent gully. Follow the crack and the step left onto face, continue to the top using horizontal breaks.

D. Millar, P. Cooper March 2003

Trá Dhearg Wall.

Directions: This is the south facing wall at the northern end of Trá Dhearg Bay (GR 732212), below and to the left of the thatched cottage development. Viewed from the boulder beach below the cottages, the most obvious features are a narrow chimney (Chimney Sweep HS 4b) with a bulbous wedge-shaped cliff on its left. Access is by Stream Gully approx 40m to the left or by low tide boulder hop from the right from below the thatched cottages. The left-hand side, from Stream Gully as far right as the left edge of the bulbous, wedge-shaped cliff, can be accessed at most tides from the gully. The righthand side, from the boulder beach to the wedge-shaped cliff can be approached from the beach directly below the thatched cottages at low to mid tide.

[Google Maps pin for Trá Dhearg Wall](#)



Pikie Groove S 10m

Climb the slim groove immediately to the left of the "Crucital Moves" Arete.

I. Miller, D. Moore 07/08/10

Crucital Moves HS 4b 10m

Start about 7 m left of the left hand side of the wedge-shaped cliff, at the foot of the arete between "Ward Off the Ozzies" on the right and the "Pikie Groove" on the Left. Climb the arete.

G. Moss, L. Convery 25/09/08

Absolute Crucital Moves VS 4b 10m

Climb the thin right trending cracks to the right of the "Crucital Moves" Arete.

I. Miller, C. Gleeson 19/09/10

Pommies Groove S 4b 10m

Climb the groove with a mini roof at half height, a metre or so to the left of "Ward of the Ozzies," groove.

I. Miller 09/08/10

Faolchú HS 4b 10m

Climb the thin groove between "Pommies Groove" and "Ward of the Ozzies."

W. Schuessler, L. Kupper 19/09/10

Ward Off the Ozzies HS 4b 10m

Three metres left of "4 April Fools", climb next narrow corner and crack to the top.

C. & M. McGuigan, April 01

Look Well to Every Step S 12m

Start 1m left of 4 'April Fools'. Climb direct to overhang, which is taken on the righthand side.

L. Convery, G. Moss. 10/04/08

4 April Fools S 4a 10m

Next corner (3m left of "Seven Steps"), climb corner and crack, with small cove half way up.

M & A McGuigan, April 01

Decker's Direct S 4a 12m

Climb the steep corner crack immediately to the right of "4 April Fool's" corner, and finish as for "7 step's to nowhere." Steep with an excellent crux.

I. Miller, D. Moore 07/08/10

Seven Steps to Nowhere HS 4b 18m

The first corner before the "Bulge" climb 2 metres to overhang, and move up over 6 steps to the top.

F. McCloskey & Party

The following routes are located on the steep bulbous wedge shaped cliff.

The Cruit Itch E2 5c 12m ***

On far left of the Bulge, start at an obvious bulging crack to the left of Strangeboat. Climb the crack to an overlap. Mantle a jug above and make a long reach up right to a hidden finger jug. Move up to a horizontal break and finish via a flake crack on the right.

S. Daly, D. Craig 23/06/09

Strangeboat VS 4c 13m **

Starting on sea-ledge 3m left of Lust for Oil. Move up and right to the obvious flakey crack, follow this to where the crack doglegs left. Step delicately onto slab above and continue upwards and onwards with the aid of the horizontal breaks. A nice flowing line.

P. Cooper, D. Millar March 2003

Lust for Oil HVS 5a 14m **

Follows the obvious flakey crackline on the bulbous face left of chimney sweep. Start on a sea ledge, step up and left onto a good ledge. Follow the crackline to the top using brilliant jams along the way.

G. McCormack, P. Logan June 1997

Chimney Sweep HS 4b 20m **

This climb follows the narrow chimney about 6m right of the wedge-shaped cliff, the first chimney encountered when approaching from the boulder beach behind cottage. Gain the chimney, which is climbed, mostly internally, to the top.

M. & C. McGuigan April 01



Chimney Sweep (Right Hand Finish) HS 20m

At the top of the squeeze chimney continue rightwards up the crack/groove. Climb via the scallops/overlaps to finish up the slabs.

Yorky 06/08/16

Kahlua's Scratch E5 6a/b 15m **

Take a hanging belay 4m right of Chimney Sweep and below the steep juggy wall. The route starts by traversing in from the right until above the belayer at 3m height. From here attack the wall direct via positive, steep and well protected climbing. The last few meters entertain the crux where a few puzzling moves up and slightly right gain the top slab

P. Swail, E. Harvey 18/04/15

Max E2 5c **

Climb the steep corner groove to the right of Chimney Sweep, at the top of the groove pull up left on hard hand jams and up the slab above. Steep and strenuous climbing.

K. McGee, I. Miller 21/08/14

Deep Gash Crag

Directions: Continue north past the Trá Dhearg walls area for approx 200m out to sea on your left is Western Island. As you approach The Western Island from the Trá Dhearg wall Area, a very obvious crag with a huge gash on it's right hand end sits between Trá Dhearg Walls and the island. Access is by boulder hop from the north and scramble down the easy ledges on the landward side of the crag. Low to mid tide required

Map ref: B728214

The Gash Diff 10m

Climb the gash, much easier than it looks.
I. Miller, D. O'Connor, S. Taggart 28/07/10

The Chin S 4a 10m

Starting as for "The Gash" climb the left trending line of superb incut holds and up the blunt corner to the summit.

I. Miller, D. O'Connor, S. Taggart 28/07/10

The Chin Right Hand Finish VS 10m

As for The Chin on the left trending line then move right to use the edge of the buttress and small holds on the face to reach the obvious horizontal break near the top of the buttress. Traverse left along the break and finish steeply.

Yorky 15/04/17

The Tamlaght Rd V. Diff 10m

3m to the left of "The Gash," climb the steep right facing corner and up the spikes to the summit.

D. O'Connor, I. Miller, S. Taggart 28/07/10

Deep Gash Crag Arete to the left of The Tamlaght Rd.

Edge of Promise VS 10m

Follows the smooth edge by lay aways to gain cracks above to finish

Yorky 01/10/15

Strictly Jams Severe 10m

Follow the twin jam cracks left of Edge of Promise.

Yorky 26/09/15

Eel Crack HVS 5a 10m

Follows the crack left of Strictly Jams.

Yorky 02/10/15

Salt Pans Cracks V. Diff 8m

Climbs the twin cracks 5m to the left of Eel Crack at the end of the buttress. Start up the left crack and finish up the right. Only accessible at very low tides!

Yorky 27/04/17

To the left of Deep Gash Crag is a small crag with a prominent prow.

Craghy Boys V.Diff 10m

Follows the prow direct.

Yorky 01/10/15

Craghy Boys Left hand V.Diff 10m

Starts a metre left of Craghy Boys at an obvious crack. Follow the crack to join Craghy Boys at the top.

Yorky 24/06/16

Dogleg Crack V. Diff 10m

Starts a metre left of Craghy Boys Left hand at another crack .Follow the dogleg crack traversing left at half height to join the top crack.

Yorky 1/10/15

To the right of the small buttress of Craghy Boys is a final smooth buttress.

Independence Day VS 4c 10m

Starts on the right hand side of the buttress off a good flake ledge just above the tide-level. Move up and left to gain a crack line. Follow the crack line leftwards to finish at the top left of the buttress.

Yorky 24/06/16

Independence Day Direct HS 10m

Starts off a rock platform up a smooth flake in the middle of the buttress. Climb the flake to reach the

horizontal breaks. Move up the breaks stepping left to pull up to finish as for Independence Day. Only accessible at very low tides.

Yorky 27/04/17



Western Island

Zinken Wall

Directions: To the West of Cruit, approx 500m North West beyond Trá Dearg Walls sits this excellent wee island. The island can be accessed at most states of tides by the raised sandbar beach linking it to mainland of Cruit. This first crag on the island is the steep wall with the huge chimney running up it's centre, this crag is very easily found as it is facing you and looming above you, as you walk onto the island.

[Google Maps pin for Western Island](#) Map ref: B727215

Runder Zinken V. Diff 8m

Starting up on the left face of the crag, make a rising traverse rightward to a very exposed position high on the left arete, continue to summit

W. Schuessler, I. Miller 08/03/11

Zinken Wall, Cruit.

- | | |
|-------------------------|-----------|
| 1: Runder Zinken V.Diff | |
| 2: Nasenbear | VS 4b * |
| 3: Defo Groovy | V.Diff |
| 4: Last Zinken | HVS 5b ** |
| 5: Victory V | HS 4b * |



Nasenbear VS 4b 8m *

Climb the very exposed left arete.

W. Schuessler, I. Miller 14/03/11

Defo Groovy V.Diff 10m

Climb the central chimney pulling out right to the summit.

I. Miller, W. Schuessler 08/03/11

Last Zinken HVS 5b 10m **

Climb the arete immediately to the right of the "Defo Groovy" chimney. Very steep and juggy

W. Schuessler, I. Miller 14/03/11

Victory V HS 4b 10m *

Starting as for "Last Zinken" at the base of this steep arete, climb the right trending crack to a steep wee stance and follow the left trending "V" cracks to the summit.

I. Miller, W. Schuessler 10/03/11

Western Island, South Face

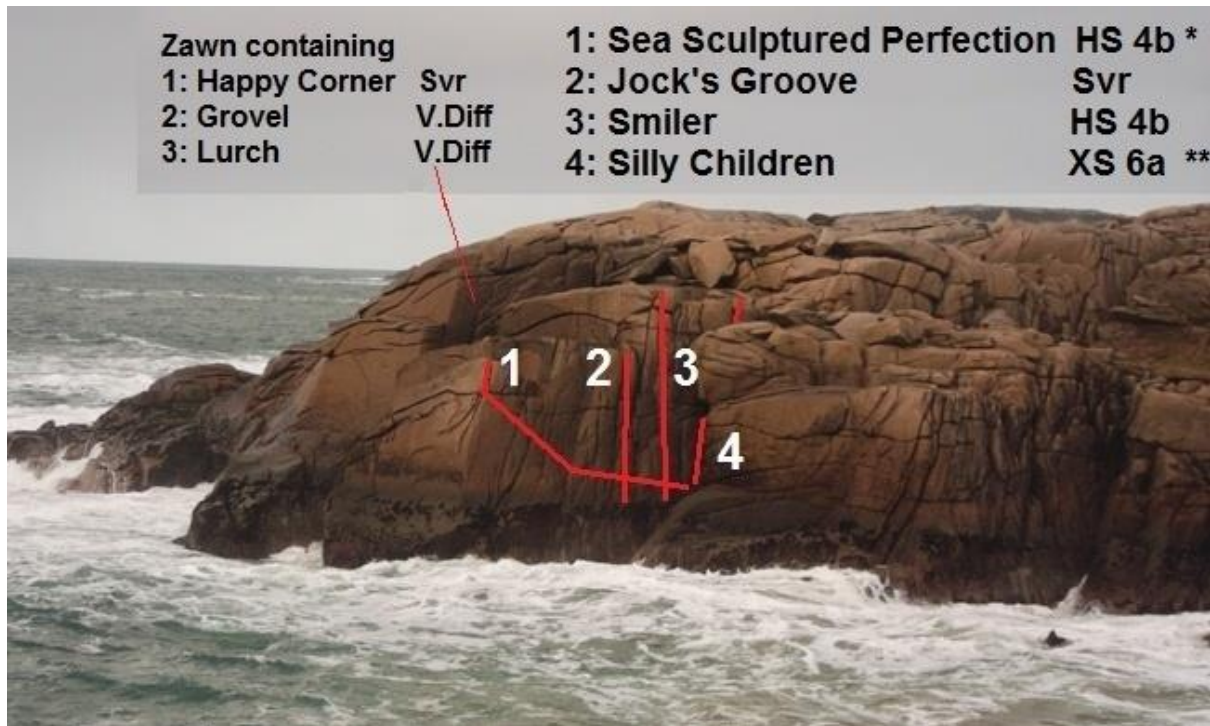
Directions: Access Western Island as for Zinken Wall, pass Zinken wall by a wee path on the left as you face the crag. As you cross a chockstone bridge look left, this is the exit hole to "Wriggle and Squirm." Continue onto the island along the clifftops for approx 80m to overlook the largest recess, the void at the back contains "Silly Children."

Map ref: B726215

Wriggle & Squirm Svr? 25m

As you walk onto Western Island following the vague track to the left of Zinken Wall, keep looking at your feet and you'll find the "grassy bridge" across the chasm. This route squirms through the chasm from sea level to exit through the hole at the far end. Ungradable and a bit of a jamfest for the chubby!
I. Miller, W. Schuessler 21/03/11

Continue onto the island



Silly Children XS 6a 18m **

The main and centre outstanding cave, chimney as far as you can into the depth at sea level and ascend through the chock stones to exit through the cliff top rubble. An easier version (Fat Man's Exit) exits seaward to the highest seaward chock stone.

S. "Jock" Read, I. Miller 27/04/11

Smiler HS 4b 10m

From the huge semi submerged boulder at the entrance to "Silly Children," gain the white spike on wall above and continue up on fine flutings of immaculate Granite, trending slightly right to the highest point of the crag.

I. Miller, C. Gleeson 01/10/11

Jock's Groove S 8m

3 meters to the left of "Smiler," climb the thin hand crack/groove.

S. "Jock" Read 24/07/11

Sea Sculptured Perfection HS 4b 15m *

From the boulder as for "Smiler," traverse just above the high water mark out toward the sea to a wee stance below the left facing corner. Continue seaward making a rising traverse and hand traverse out along an immaculate Quartz jug rail to the far end of the crag.

I. Miller, C. Gleeson 01/10/11

Egyptian Face

This overhanging wall is situated to the right of the entrance cave for Silly Children when looking into the cave.

Hidden Script VS 4c 8m

Starts off the large boulders in the middle of the wall and climbs steeply via small flakes to gain a larger flake and break. Continue via another break to reach an obvious large finishing flake.

Yorky 15/08/16

Pharoahs Groove S 6m

Climbs the small square cut groove approx. 2/3 m to the right of Hidden Script.

Yorky 15/04/17

Stride Like An Egyptian HVS 5a 8m

Start at the lefthand end of the wall and climbs the overhanging right edge of the Cave. Climb up to reach a good juggy break. Move left to a jam crack on the edge. Here it is possible to bridge the opposite wall of the Cave in order to enter the jam crack. Climb this to a large nob/spike at its top. Either finish over the top of this or move right across the top of the wall.

Yorky 15/08/16

Silly Children Cave-- Seaward Face Righthand--(when facing the Cave)

Access at low tide onto seaward face from Cave Entrance. Described from left to right.

One Two Three S 8m

Climb the first crack off the platform at sea level

Yorky 18/08/16

Flute Women S 8m

Follows the right slanting groove to finish on good flakes.

Yorky 15/08/16

Organ Pipe Crack VS 4c 8m

Starts at the first crack to the right of Flute Women next to the wall's right edge. Gain the crack awkwardly from the sea level to reach improving edges in the crack and the ' Organ Hold'. Continue more easily to the top.

Yorky 15/08/16

Guitar Man S 8m

Starts at a crack on the arete a metre to the right of Organ Pipe Crack. Climb the jam crack moving slightly right and finish direct.

Yorky 15/08/16

Turn Turn Turn S 8m

Climbs the twin cracks right of the arete keeping right at the top.

Yorky 18/08/16

Grovel V. Diff 15m

20m further seaward from the "Silly Children" chasm, there is another chasm. Abseil down the slabby perfection on it's seaward side and grovel your way up, into and out through the chock stones of this chasm.

S. "Jock" Read, I. Miller 24/07/11

Happy Corner S 10m

On the landward facing wall of the "Grovel" chasm, climb the shallow left facing corner and jugs above to the highest point of the wall.

I. Miller, C. Gleeson 01/10/11

Lurch V. Diff 8m

Climb the ramp with the Arm/Leg jammer on the seaward facing wall in the chasm.

I. Miller, S. "Jock" Reed 27/04/11

Situated further seaward from the Zawn containing Happy Corner etc is a good platform above the tide level. This can be accessed by a short abseil or down climbing a hand jam crack on it's right hand side(looking out to sea) Off this platform is a short smooth wall. It is only short 5m but worth recording on good rock.

Dykes Slab Edge Diff 15m

Follows the left side of the slab up good cracks.

Yorky 30/09/16

Dykes Chimney Crack V. Diff 10m

Climbs the wide crack/chimney left of Dykes Slab Edge.

Yorky 28/08/16

Southbound Crack V. Diff 8m

Climbs the wide jam crack left of Downbound Crack to finish through a small overlap.

Yorky 18/08/16

Downbound Crack V. Diff 8m

Climbs the first jam crack to the left of Burning Fingers

Yorky 18/08/16

Burning Fingers HVS 5a 5m

Stars in the middle of the wall. A long reach gains a leftward rising finger traverse.

Yorky 30/09/216

Temperature Rising HVS 5a 8m

Follows the right hand edge of the wall to large ledge and continue more easily up the edge above to finish.

Yorky 30/09/16

Seawards again is a final big slab rising directly out of the sea with an obvious dyke/vein running up it from left to right. This provides the next route:-

Deep Water Jive HVS 4c 15m

Starting off a good ledge at sea level gain the start of the dyke. Follow it diagonally across the slab from left to right passing a crack half way along. The crux is near the end of the dyke to finish more easily up the horizontal breaks.

Yorky 27/05/16

Edgy and All VS 4c 12m

Follows the right side of the slab. Trends left up a series of small flakes and depressions with a thin move to reach a horizontal break at the end of the dyke.

Yorky 30/09/16

Cascade Crack V. Diff 10m

Climbs the potholed crack right of Edgy and All

Yorky 18/08/16

Wavelength Connection VS 4b 15m

Starts on the same ledge as Cascade Crack and takes a leftwards low level traverse to reach obvious undercut flakes. Continue traversing using these until it is possible to pull up into a left rising sickle-shaped crack. Climb up this crossing the dyke on the slab to join and finish up Dykes Edge Slab.

Yorky 18/08/16

Smoothie V. Diff 10m

Climbs the crack a metre right of Cascade Crack. Step left to gain the crack and step right at the top.
 Yorky 18/08/16

Fintime V. Diff 10m

Climbs the sharp fin like edge to the right of Smoothie.
 Yorky 28/08/16

Western Island, North East Face

The following routes are found to the right of Zinken Wall and are easily accessed by boulder hop along the boulder beach to the right of Zinken Wall.

Western Island, Cruit.

- | | | |
|------------------------|---------|---|
| 1: Clean Shaven | V. Diff | |
| 2: Wolf's Slab | HVS 4C | * |
| 3: Tip Toe Direct | HVS 4C | * |
| 4: Belayed by a Muppet | V.Diff | |



Clean Shaven V. Diff 13m

3m to the left of "Belayed by a Muppet," climb the full crag height quartz vein.

D. O'Connor, I. Miller, S. Taggart 28/07/10

Wolf's Slab HVS 4c 15m *

A metre to the right of the "Clean Shaven" Quartz vein climb the slab direct to the summit.

W. Schuessler, I. Miller 14/03/11

Tip Toe Direct HVS 4c 15m *

A metre to the left of the "Belayed by a Muppet" chimney, climb the slab direct with a steep run out juggy finish.

I. Miller, W. Schuessler 14/03/11

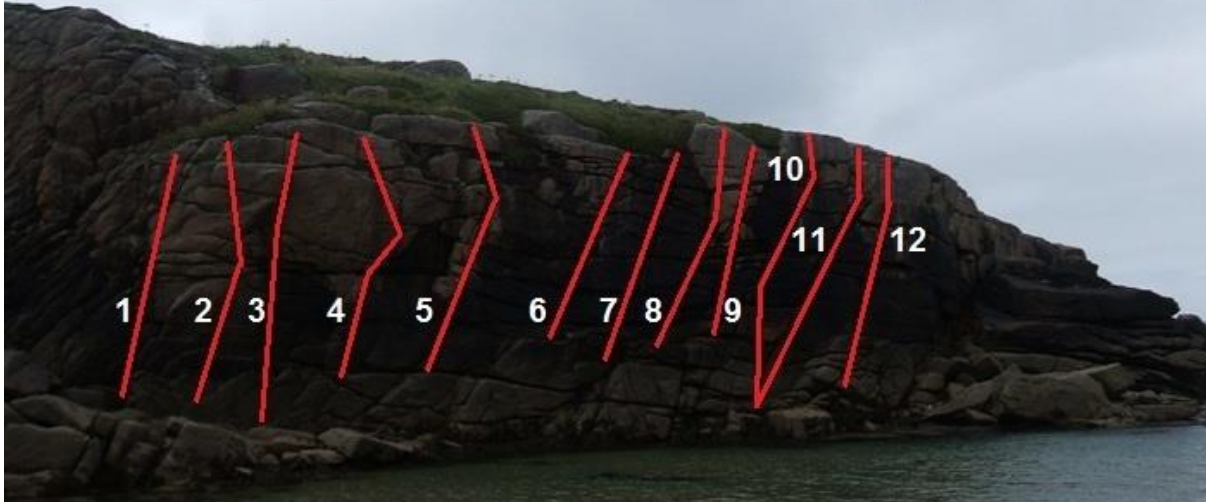
Belayed by a Muppet V. Diff 14m

In the centre of this dogleg crag, climb the wide groove on big jugs and big gear.

I. Miller, D. O'Connor, S Taggart 28/07/10

Continue to coastaleer your way right to a very convenient ledge system above the high water mark below the following routes.

1: Neptunes Corner	V.Diff	7: Riddle Seep	Svr 4a *
2: Nut Flake	VS 4c **	8: Optical Wall	HS 4b
3: Hitchhikers Paradise	VS 4c	9: Optical Arete	V.Diff
4: Dynamic Tension	HVS 5a **	10: Good to have Friends	VS 5a *
5: Flake Crack	V.Diff	11: Kayakers Krack	HS 4b *
6: Westering home	V.Diff **	12: Blockend	Svr 4a



Neptune's Corner V. Diff 9m

Starting at the corner of the wall, where the crag turns to face the sea. Climb the quartz vein until you can gain the first huge flake jug and follow the flake jugs to the summit.

I. Miller, W. Schuessler 14/03/11

Nut Flake VS 4c 9m **

3m to the right of "Neptune's Corner," climb the vertical crack to the jug on top. Continue trending left up a steep wall of perfect jugs to the summit.

W. Schuessler, I. Miller 14/03/11

Hitchhiker's Paradise VS 4c 9m

2m right of the vertical crack taken by "Nut Crack," climb the steep wall to gain the recess and climb the overhung corner above to the summit.

W. Schuessler, I. Miller 14/03/11

Dynamic Tension HVS 5b 9m **

4m to the right of "Nut Crack" climb the easy ramp to gain a horizontal break by a long reach, gain the flake above to the top.

W. Schuessler, I. Miller 21/03/11

Flake Crack V. Diff 9m

In the centre of the wall, climb the collection of white flakes.

I. Miller, W. Schuessler 21/03/11

Westering Home V. Diff 9m **

On the wall to the left of the arete taken by "Optical Arete," there are two full crag height right trending cracks. Climb the left one.

I. Miller, W. Schuessler 14/03/11

Riddle Seep S 4a 9m *

Climb the deep full crag height right trending crack line, to the left of "Optical Wall."

I. Miller, C. Gleeson 26/04/11

Optical Wall HS 4b 9m

Climb the corner crack up the left of the inverted triangle of white rock and continue up the centre of the triangle.

I. Miller, W. Schuessler 21/03/11

Optical Arete V. Diff 9m

At the end of the non-tidal ledge just before it steps down to a wee rock island, climb the juggy arete.

I. Miller, B. Forrest, W. Schuessler 15/03/11

Good to have friends VS 5a 10m *

From the rock island at the far right of the crag, climb direct to the left right trending crack and climb it to the summit.

W. Schuessler, B. Forrest, I. Miller 15/03/11

Kayaker's Krack HS 4b 10m *

From the rock island climb the full crag height right trending crack.

I. Miller, B. Forrest, W. Schuessler 15/03/11

Blockend S 4a 9m

At the sea ward end of the wall just to the right of "Kayakers Krack," climb the right trending fault and up the bulge above to a jugfest finish.

I. Miller, C. Gleeson 26/04/11

JOCK'S WALL

Directions: Park your car at the golf course club house car park at the end of the road running up the centre of Cruit. On foot from the far end of the car park follow the path along the top of the sand dune above the first beach for 300m. This takes you to the summit of Jock's Wall overlooking the second smaller beach. Descend down either side of the wall to the excellent wee beach.

[Google Maps pin for Jock's Wall](#) Map ref: B726220

Humble Beginings V. Diff 10m

At the left hand end of the wall, gain the wee stance at 1m and follow the left trending ramp and up the juggy steepening to the summit.

I. Miller, C. Gleeson 07/03/11

Short but Sweet S 4a 10m

Gain the stance as for "Humble Beginings," and follow the steep right trending groove, steep and juggy.

I. Miller, C. Gleeson 07/03/11

Jug Wall S 4a 10m

2m right of the stance, follow the steep jugs direct.

I. Miller, W. Schuessler 07/03/11

Windy Gap HS 4b 10m

2m left of the V notch, make hard moves direct up the wall and up the steepening to the summit.

W. Schuessler, I. Miller 10/03/11



Rainy Spring VS 5a 10m

Gain the wee V notch at 3m and continue direct to summit.

W. Schuessler, I. Miller 08/03/11

Adolf Chock VS 5a 10m

2m right of "Rainy Spring," climb the right facing shallow corner and make very steep moves to summit.

W. Schuessler, I. Miller 08/03/11

Slingone HVS 5a 10m

1m right of the "Adolf Chock" corner gain the thin ledge and make an outrageous move to gain the jugs to the summit.

W. Schuessler, I. Miller 10/03/11

Fishy Dick E1 5c 10m

Climb the right trending ramp direct to the grab rail and up the steeper wall via the only vertical pocket.

W. Schuessler Summer 2012

Wet Dreams E2 6a 10m

Climb the groove line of the green seep, needs a good dry spell.

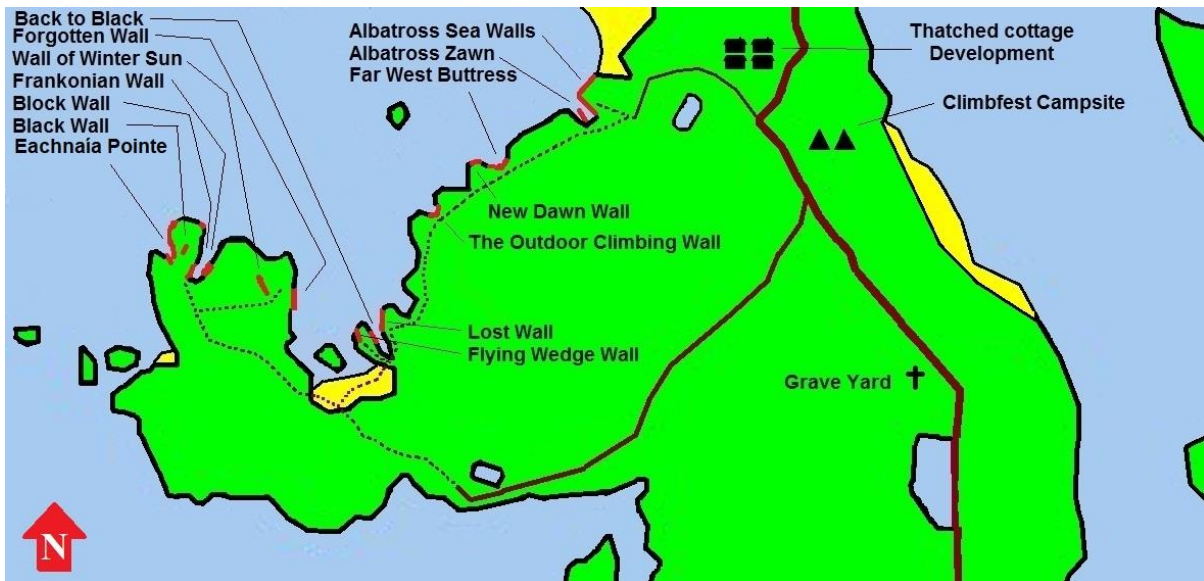
W. Schuessler 13/08/13

Heimweih VS 4c 10m

1m to the left of the steep crack, climb the very steep ramp and left facing corner.

W. Schuessler, I. Miller 08/03/11

Western End



Pointe an Each

Identical to the granite at the Trá Dearg Wall and nearby zawns, the rock is slightly steeper and some care needs to be taken as the rock is quite friable in places.

Approach: Take the second turn left off the main road after the graveyard, follow this road until your car can't go any further then walk along the track until you reach a secluded cove. From here take the obvious path to the very end of the peninsula where you reach a beach. The crag (south facing) can be seen a further 200m beyond the beach.

The wall is roughly 50m long, up to 15m high and is separated by a narrow sea inlet at its base. The "Manchurian Reprobate" takes the obvious left facing corner in the middle of the crag. Approach for routes via abseil at high tide or a low tide boulder hop.

[Google Maps pin for Pointe an Each t](#) Map ref: B721204

On the sea ward face of the point.

Escapees HS 4b 7m

The leftmost pair of cracks, trending left to right, as viewed from the sea.
P. Cooper, A. Tees 22/05/06

Evonne HVS 5a 7m

Climbs the twin cracks to the right of Escapees. Abseil to the obvious ledge above sea level. From the middle of the lower ledge climb the twin cracks trending right at the top.
Yorky 19/09/16

Thrutch HS 4b 12m *

"Old school Thrutchfest" climb the right trending fist jammer on the right side of seaward slab. Just round the corner from deep sea dangler.
Iain Miller 17/02/08

The next route takes the first corner at the very western end of the crag (as you face the crag). The rest of the routes are described left to right. Access via abseil.

The Deep Sea Dangler HVS 5b 12m *

Abseil to a ledge as for "Thrutch" to the left of the corner, belay on abseil rope. Delicately traverse

rightwards from the end of the ledge to the base of the corner/groove. Assemble good gear in high cracks at base of groove then step up onto good ledge. From here climb the overhanging corner/groove to top.

D. Millar, A. Millar 27/03/05

Steep & Undignified HVS 5a 15m

Gain the non-tidal ledge 5 m to the left of "Dementor," climb the steep corner jugs to the next ledge up and continue to the summit on steep Thank Gods.

I. Miller, C. Gleeson 24/08/09



Dementor VS 4b 14m

From the western end of the non tidal ledge traverse left (seaward) for 3 meters to a small very tidal stance directly below steep hand crack. Climb hand crack and direct to top.

I. Miller 17/02/08

Escape the Rage S 4a 13m

1 meter left of "Grin" climb open book corner and continue direct through bulging corner/arete to a large ledge and climb corner crack to top.

I. Miller 17/02/08

Grin S 4a 13m

From the western end of the non tidal ledge, climb the short left facing groove/corner to a slopey stance. Climb arcing corner on poorish gear to a larger ledge, follow corners to top.

I. Miller 17/02/08

The Manchurain Reprobate VS 4c 10m **

This climbs the obvious leftwards facing corner crack that splits the crag. Approach via abseil. Climb the corner crack with an exciting finish.

D. Millar, P. Cooper June 2005

This is a link between The Manchurian Reprobate and The Orcades Viking.

The Brittle Ledge HS 4b 15m

Start as for The Manc from sea level. From the ledge below the corner follow the rightwards rising ledge to reach the final corner of the Viking.

Yorky 13/09/16

The Orcades Viking S 14m

Climb the very obvious full crag height corner crack at the Eastern end of the crag. (8 mtr to the right of Manchurian Reprobate) Accessed by a low tide boulder hop.

I. Miller 11/01/08

Immediately to the south of Eachnaíá Pointe lies a huge bay filled with large sea washed boulders, the following two walls sit at either side of the bay.

Unnamed E2 5c 8m

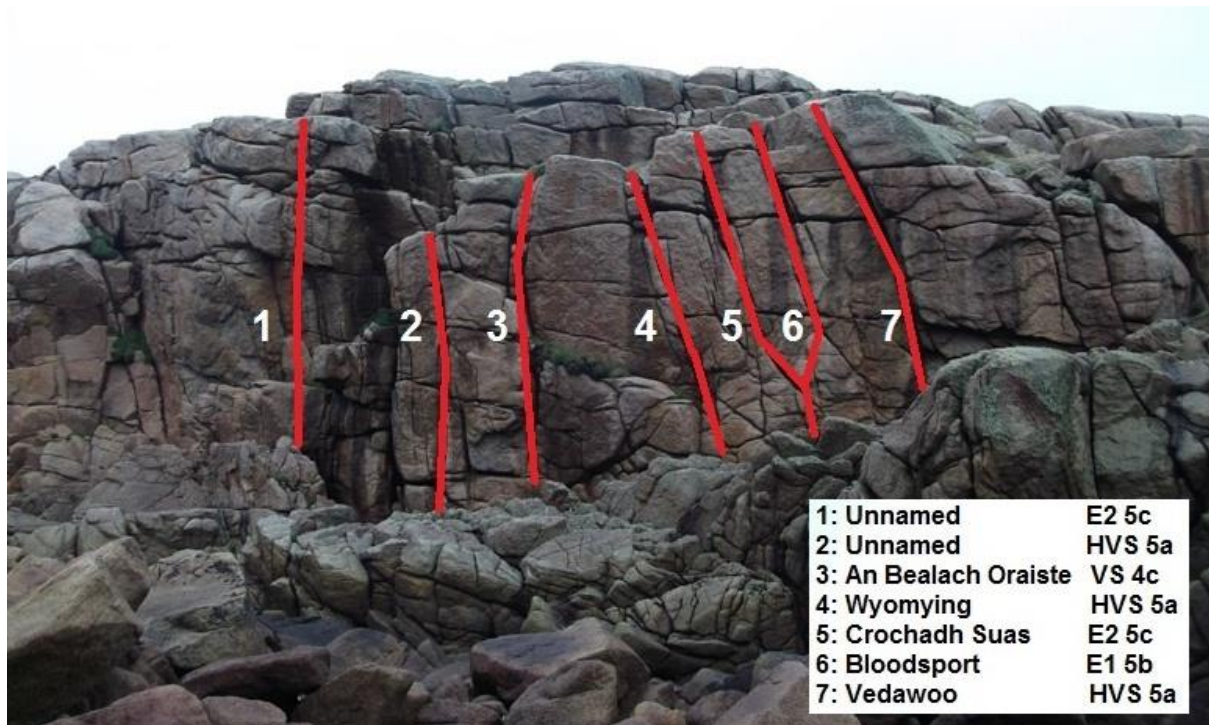
About 15 meters right of the orcaades viking there is a overhanging right facing corner with a wide crack the route start a further 5 meters right of this. scramble up to the base of a small corner with a short roof at half height. climb the corner on good holds and make a hard move through the roof.

M. Walsh, H. Hennessy 10/04/11

Unnamed HVS 5a 8m

Climb the wide crack 5 meters right of the last route 2 meters left of An Bealach Oraiste.

M. Walsh, H. Hennessy 10/04/11



An Bealach Oraiste VS 4c 8m

start on huge holds 2 meters right of the last route. climb to a grassy ledge an follow crack to top.

H. Hennessy, M. Walsh 10/04/11

Wyomying HVS 5a 8m

Start 4 meters right of an bealach oraiste, climb the first of a series of four cracks.

M. Walsh, H. Hennessy 09/04/11

Vedauwoo E2 5c 8m

Climb the overhanging wide crack at the far right of the crag, a hard fight all the way to the top.
M. Walsh, H. Hennessy 02/04/11

Bloodsport E1 5b 8m

Climb the crack two meters left of vedauwoo, awkward jamming leads to better holds near the top.
H. Hennessy, M. Walsh 03/04/11

Crodhagh Suas HVS 5a 8m

Follow the left trending crack one meter left of bloodsport.
H. Hennessy, M. Walsh 09/04/11

Unnamed Diff 6m

These routes are on a short grayish black slab directly opposite Vedauwoo climb the crack at the far left of the slab.
M. Walsh 09/04/11



Wine Bowl V. Diff 6m

Climb the crack 3 meters right of the last route.
H. Hennessy, C. Seery 09/04/11

Black Slab HS 4b 6m

The slab 3 meters right of wine bowl gear at half height.
H. Hennessy, C. Seery 09/04/11

Black Arete V. Diff 6m

Climb the featured arete just to the right of black slab.
H. Hennessy, C. Seery 09/04/11

Cracked S 3c 6m

Climb the crack 10 meters right of black arête, start at the arete and step left into crack.
H. Hennessy, C. Seery 10/04/11

The Flake HS 4a 6m
The full height of the wall.
H. Hennessy, C. Seery 10/04/11

Deep South Crag

This short steep crag is situated south of Eachnaíá Pointe at an inlet behind the last SE. cairn requires low tide and afternoon sun. The routes are described from left to right when facing the crag with the sea behind. Gird Ref: 722199

Edge of the South VS 4b 8m
Climbs the left edge of the crag. Steeply gain the ledge below the slabby wall. Use the left edge of the slab to reach the edge above to finish.
Yorky 26/04/17

Plantation Road HVS 5a 8m
Climbs the groove to the right of Edge of the South. Climb direct with difficulty to enter the groove. Continue direct to finish steeply on good holds.
Yorky 26/04/17

Enough to Make a Glass Eye Weep E2 5c 8m
Starts 2m to the right of Plantation Road. Climb leftwards through the undercut to join the crackline. Follow direct to finish. Strenuous.
Yorky 14/05/17

Razorback Crack E1 5b 10m
Climbs the overhanging straight flaky crack approx. 4-5 m to the right of Enough to make a glass Eye Weep. Start the crack with a strenuous pull up right to reach the first good flake. Continue pulling up the flakes to the top.
Yorky 26/04/17

Delta Blues VS 4c 8m
Starts 1m to the right of Razorback Crack. Climb the undercut rightwards rising crack to a good small ledge. Climb direct up steep square cut rock to finish.
Yorky 28/04/17

Delta Blues Direct VS 4c 8m
Climb direct to the good small ledge. Finish direct.
Yorky 28/04/17

Square Cut Wall

To the South of Eachnaíá Pointe is an obvious headland with a number of well-built cairns. Head past the cairns to the seaward west point and there is a cut away boiler plate granite face and at its lefthand end when facing out to sea is an obvious square cut recess approx 7m high.
Grid Ref: B202720

Kristin and Tom HS 4b 7m
This climbs the corner crack in the back left side of the square cut recess.

Yoriky 30/09/16

Black Wall

Directions: Follow directions as for Eachnaía Pointe, once standing on the domed summit of Eachnaía Pointe main crag by the cairn, (The cairn in the topo below) walk for 50m over the moonscape to the summit of "Black Walls." Access to the base is down either side of the crag.

Grid Reference: B721204



Big Splash Diff 8m

Climb the rightward trending slabby flake and corner at the left hand side of the wall. Belay can be affected by heavy seas!

P. Brennan, I. Miller 05/10/10

Tetchy Seas VS 4c 10m

Start as for Black Crack, move left on good footholds, make a tricky move over the overlap and continue up the crack via sidepulls and some abrasive handjams.

P. Brennan, I. Miller 05/10/10

Black Crack VS 4b 10m

Climb the obvious vertical crack in the middle of the wall starting directly. A tricky move over the overlap.

P. Brennan, I. Miller 05/10/10

Zig Zag Crack S 4a 8m

At the seaward end of the crag, starting on the top of the wee platform resting against the base of the crag. Climb the left then right trending crack line on steep big jugs to the summit.

I. Miller, C. Gleeson 07/10/10

Hidden Zawn Crag

Located between Black Wall and Block Wall is a rugged area. Deep horizontal cracks and chasms lead to the seaward side and an obvious small hidden zawn.

Light Seeker VS 4c 10m

Facing seaward scramble down from the right. Follow the short steep crack to reach a central ledge. Move up leftwards via short cracks and ledges to the top. Follow the easiest line from sea level in this steep area of the zawn.

Yorky 26/09/16

A short distance north of this location is a hidden easy angled slab and corner, situated at the far seaward continuation of Block Wall.

Edge of Nowhere Diff 8m

Climbs the left hand edge of the slab

Yorky 26/09/16

Crack and Slab Diff 8m

Climb the crack and move left onto the slab.

Yorky 26/09/16

Block Wall

Directions: From Black Wall continue walking away from Eachnaíá Wall until you are overlooking a large bay, the following two crags sit either side of this bay.

Map ref: B722204

Black Power S 12m *

On the wall to the left of the huge grotty corner at the left end of block wall, climb the left trending steep groove on superb black rock.

W. Schuessler, C. Gleeson 07/08/11

Sunday Solo HS 4b 12m

Climb the left facing corner crack to the wee roof, pull out right and continue direct to the top.

W. Schuessler 27/03/11

Navajo HS 4b 14m

Climb the deep cracked wall between "Sunday Solo" and "Cracking Crack."

W. Schuessler, C. Gleeson 07/08/11

Crackin Crack S 4a 12m

Climb the deep left trending crack 3m right of the "Sunday Solo" Corner.

I. Miller, M. McHugh 08/10/10

Noble Beginnings HS 4b 12m

Climb the bulging arete.

I. Miller, M. McHugh 08/10/10

The Wobbler VS 4b 12m

I. Miller, M. McHugh 08/10/10

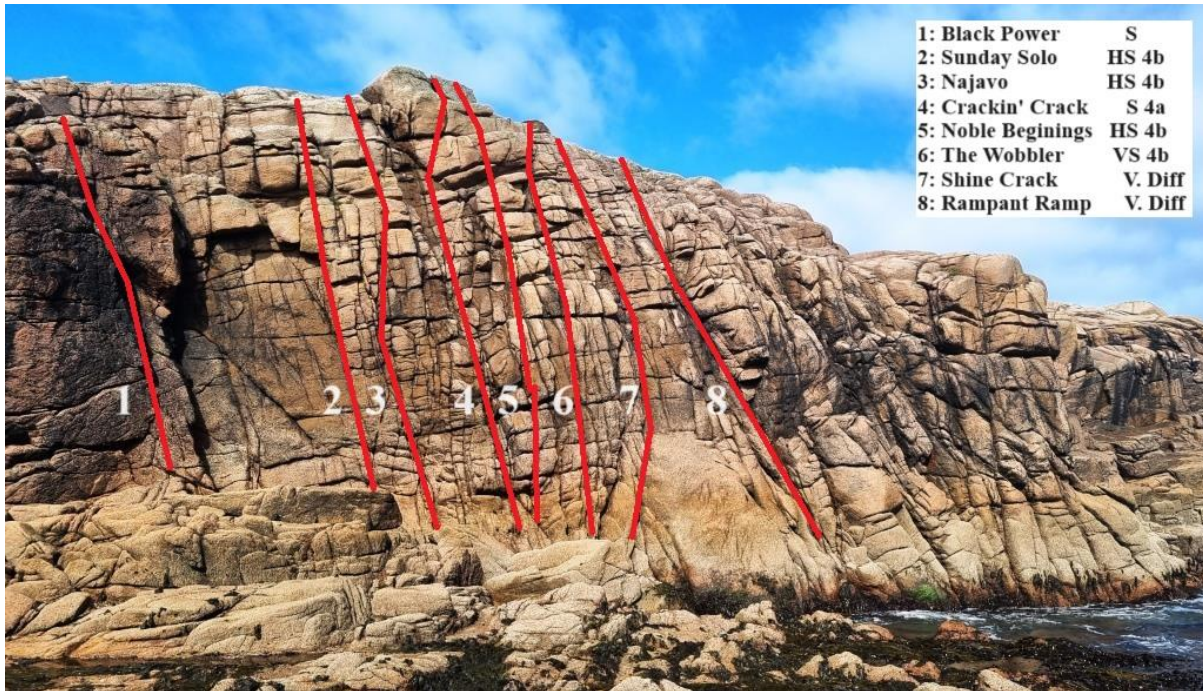
Climb the excellent vertical cracks on the right side of the "Noble Beginnings" arete.

I. Miller, M. McHugh 08/10/10

Shine Crack V. Diff 12m

Climb the deep crack to the left of the smooth sea level slab.

I. Miller, M. McHugh 08/10/10



Rampant Ramp V. Diff 12m

Climb the ramp to the right of the smooth sea level slab.

I. Miller, M. McHugh 08/10/10

Approx 50m out to sea from Block Wall there is a perfect black slab, facing out to sea. Ab approach.

Slab Tracks V. Diff 12m

Climb the outer edge of the slab on huge sea washed flutings.

W. Schuessler, I. Miller 08/08/11

Slab Pad S 4a 12m

Climb the centre of the slab, up deep slots to the mid way "odd Flake" and continue direct up the smooth holdless black slab above.

I. Miller, W. Schuessler 08/08/11

Corner Pad V. Diff 12m

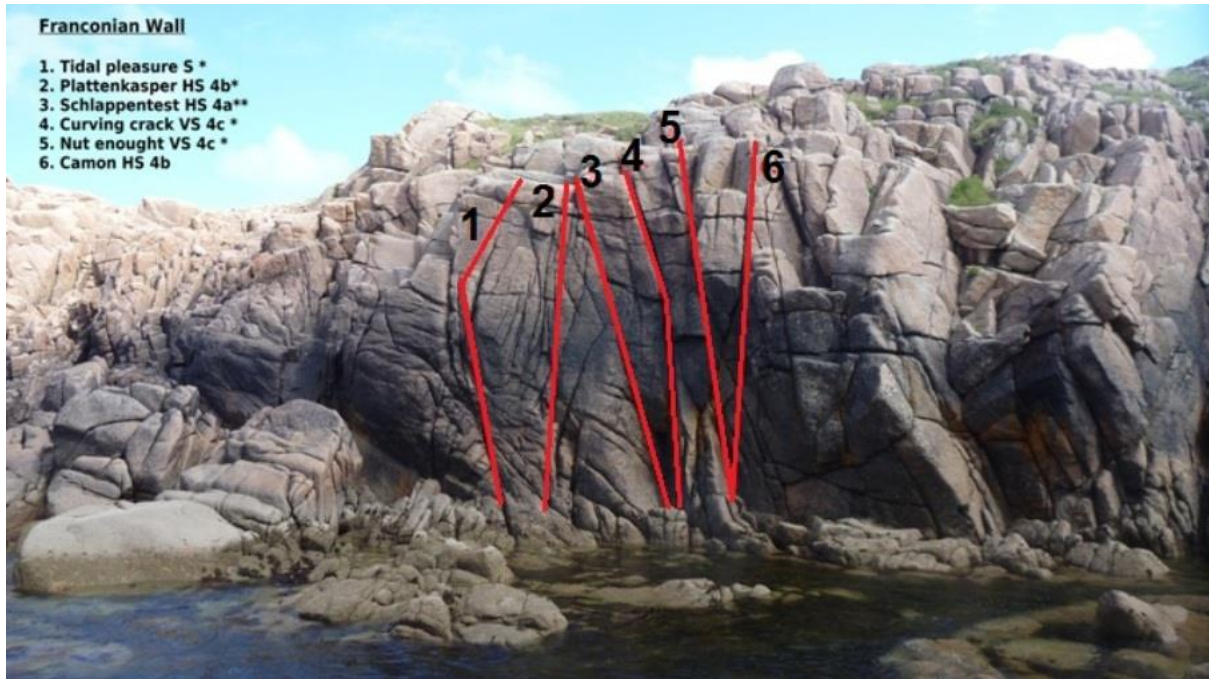
Climb the right side of the slab up the corner.

I. Miller, W. Schuessler 08/08/11

Franconian Wall

Directions: As for Block Wall, this excellent wee crag sits in the same large bay facing Block Wall.

Map ref: B722204



Tidal Pleasure S 8m *

Climb the twin cracks at the left (sea ward) end of the wall.

W. Schuessler, C. Gleeson 07/08/11

Plattenkasper HS 4b 8m *

Climb the thin vertical cracks to the right of "Tidal Pleasure."

W. Schuessler, C. Gleeson 07/08/11

Schlappentest HS 4b 8m **

Climb the rounded pillar and up the crack above.

W. Schuessler, C. Gleeson 07/08/11

Curving Crack VS 4c 8m *

Climb the deep full crack height hand crack up the centre of the crag.

I. Miller, W. Schuessler 08/08/11

Nut Enough VS 4c 8m *

Climb the smaller thinner pillar to a superb jug and up on wee holds direct to top.

W. Schuessler, I. Miller 08/08/11

Camon HS 4b 8m

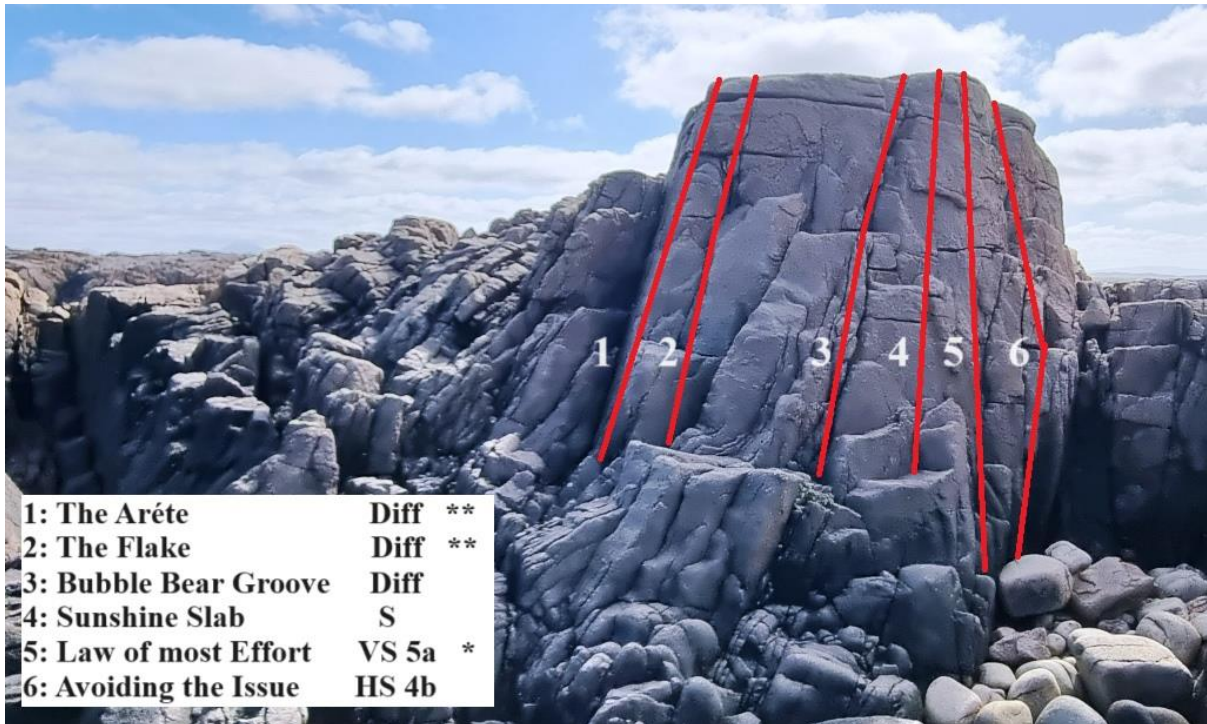
Climb the full crack height crack at the right end of the crag.

I. Miller, W. Schuessler 08/08/11

Wall of Winter Sun

Directions: Follow directions as for Eachnaía Pointe Crag, as you approach the crag turn North East and aim for the high domed summit approx 150m East of Eachnaía Pointe main Crag. The domed summit is the top of this 14m steep South West facing slab.

Map ref: B723204



Little Flake Diff 10m

Climb a couple of metres up the gully left of the Arête, then up the wall above and left of the Arête via a flake crack.

S Hewitt, L Griffin, 13/08/16

The Arete Diff 10m **

Climb the immaculate arete at the sea ward end of the crag.

I. Miller, C. Gleeson 11/10/10

The Flake Diff 10m *

Climb the immaculate layback flake 1m right of "The Arete."

I. Miller, C. Gleeson 11/10/10

Between "The Flake" and "Bubble Bear Groove" this area of rock can be climbed anywhere at Diff/V. Diff. There are a couple of other routes that climb this ground but they are easily "Mixed & Matched."

Bubble Bear Groove Diff 14m

Climb the wide obvious groove in the centre of the crag.

I. Miller, C. Gleeson 11/10/10

Sunshine Slab S 14m

Climb the slabby column to a wee flake top stance and continue direct up the left side of the hanging slab.

I. Miller, C. Gleeson 27/08/10

Law of Most Effort VS 5a 14m *

1m left of "Avoiding the Issue," Climb easily up to the centre of the upper blank slab and struggle over the centre of the wee overlap on crimps and up direct to the summit.

I. Miller, C. Gleeson 11/10/10

Avoiding The Issue HS 4b 14m

Climb the steep black groove with a wee roof at 3m and continue direct up horizontal breaks to the summit.

I. Miller, C. Gleeson 11/10/10

Queeva Bear Groove Diff 14m

1m right of the "Avoiding the Issue" groove climb the easier black groove and up the big blocky groove above.

I. Miller, C. Gleeson 11/10/10

Zem VS 5a/b 9m

The wall directly opposite the Wall of Winter Sun has an eye-catching crack toward the right end. Climb the short narrow crack (6m), with essential gear placements at three-quarters height, to a good ledge. Then either (a) continue up the short wall and steep grass above, or (b) traverse the ledge left (facing in) and descend staircase blocks to the zawn.

L Griffin, S Hewitt, 13/08/16

Forgotten Wall

Directions: This crag sits on the sea cliff behind "The Wall of Winter Sun," access to the base is by easy scramble down the gully of the sea ward face of the crag.

[Google Maps pin for Forgotten Wall](#) Map ref: B724204

Nostrils VS 4c 10m **

In the deep geo on the landward side of Forgotten Walls, climb the superb sea ward facing corner with the huge capping roof.

W. Schuessler, A. Flynn 29/07/11

Paradox Corner S 10m

Climb the landward corner of the crag.

I. Miller 10/05/11

Montessori S 10m **

Climb the full crag height crack left of crag centre.

I. Miller 19/05/10

Lucky Numbers S 4a 10m

Climb the right trending crack in the centre of the wall.

W. Schuessler, A. Flynn 29/07/11

Plimsoll Line S 10M *

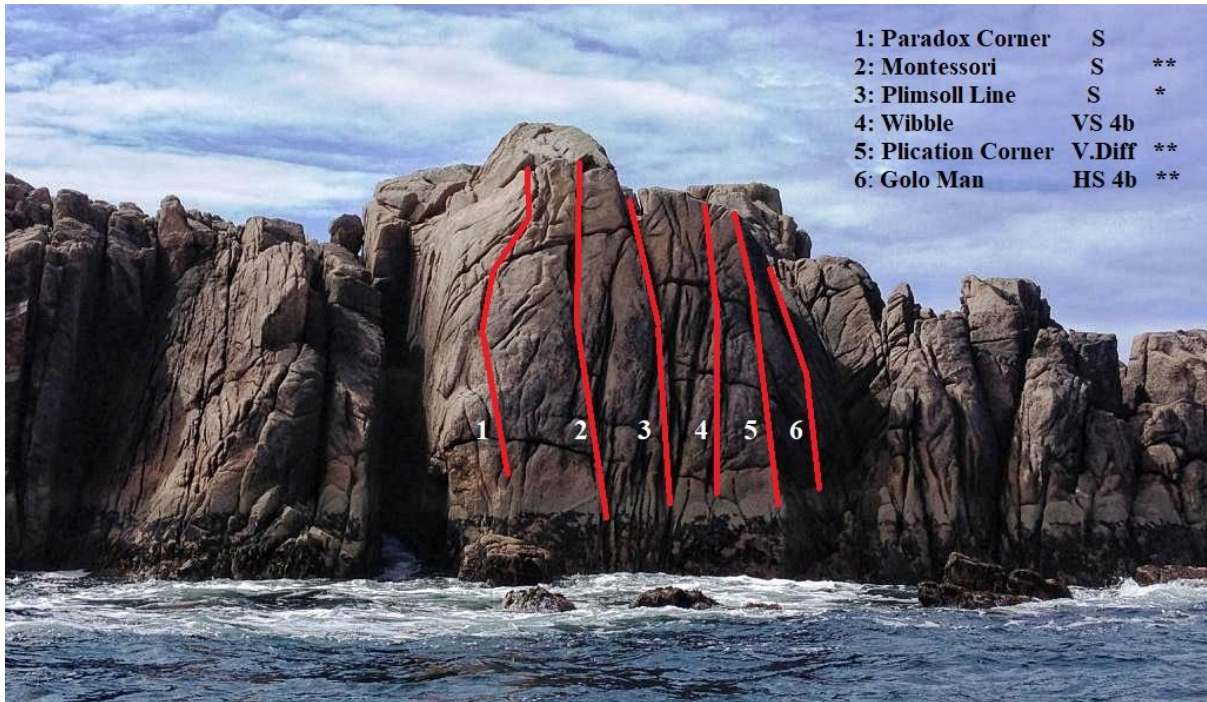
Climb the deep full crag height groove right of crag centre.

I. Miller 19/05/11

Wibble VS 4b 10m

Climb the wall between "Plimsoll Line" crack and "Plication Corner." Easy at first with a slope fest top out.

I. Miller, A. Flynn 29/07/11



1: Paradox Corner	S	
2: Montessori	S	**
3: Plimsoll Line	S	*
4: Wibble	VS 4b	
5: Plication Corner	V.Diff	**
6: Golo Man	HS 4b	**

Plication Corner V. Diff 10m **

Superb steep climbing up the sea ward corner of the crag.

I. Miller 10/05/11

The following three routes start on the small square barnacle-covered stance at the base of the wall in the recess at the sea ward end of the crag.

Golo Mann HS 4b 10m **

Climb up and left to climb the full crag height flake crack to the right of "Plication Corner."

W. Schuessler, I. Miller, A. Flynn 29/07/11

Taxi App HS 4b 8m

Climb direct up face to gain scooped flake and the top, trickier than it looks.

S. Fawley, I. Miller 31/03/24

Sieves and Colanders S 8m

Climb the full crag height crack immediately on your right

S. Fawley, I. Miller 31/03/24

Northern End

Black Rock Wall

This crag is located directly opposite Tor Buigh (seaward of Tees 16th and 7th).

It can be accessed at low to mid tide by a short scramble at the right hand side (facing out to sea).

As it faces NNW it does not get the sun until late aft/even in summer and takes time to dry. When dry it provides good if short routes on compact rock. Grid Ref B 725229

The routes are described from left to right when facing the crag:--

Black Flake Blues VS 4c 8m

Climb the obvious short steep crack at the left hand end of the crag.

Yorke 24/08/15

The Rising Sun E1 5b 12m

Starts 4m to the right of Black Flake Blues. Using small ledges pull up and then right to gain a sloping break. Use this powerfully to reach a larger break. Move delicately right to gain small edgy flake holds at the start of a crack. Climb steeply up the crack and breaks to finish on improving holds.

Yorke 11/06/16

When Darkness Falls E2 5b 12m

This climbs the first obvious leftward rising ramp 5m to the right of The Rising Sun. Climb the ramp until it is possible to move left to a good rounded flake. Use this and another flake above to gain a good break to finish more easily.

Yorke 26/05/16

Walk Away E1 5b 12m

Climbs the next obvious leftward rising ramp parallel and to the right of When Darkness Falls. Climb the ramp to near its end and where it steepens at a thin horizontal break. Step left on sloping holds then directly up to finish.

Yorke 03/10/15

Walk Away- Flutings Finish E1 5a 12m

Follows the ramp of Walk Away to the thin horizontal break. Step right and up to reach a good fluting layaway. Powerful moves on good holds lead directly to the top.

Yorke 29/05/16

Cave Crag

Directions: Near the Northern tip of the island is a narrow zawn, with parallel sides. There is a cave on the western side of this zawn. This is Cruit Cave. Easiest access is from the wee pier, (as for the Owey Ferry) Follow the coastal path North for approx 800m and descend on to the huge area of non tidal slabs and rock facing out onto the collection of islands to the North.

Map ref: B726229

Cruit Cave HS 14m

Climb the wall just left of the cave to a small ledge. Bridge up the corner above.

M. Mills, G. Parle 04/08/85

Port S 13m

The first obvious corner.

V. Kelly, E. Hackett 04/08/85

Midships HS 13m

The second obvious corner, laughing all the way.

G. Moss, D. Doyle 04/08/85

Starboard HS 13m

The third obvious corner, one past the second.

D. Doyle, G. Moss 04/08/85

Periwinkle V. Diff 13m

A fourth crack is called after any of various marine gastropods having a spirally-coiled shell. It is reached by scrambling on from the opposite end of the wall.

V. Kelly, E. Hackett 04/08/85

Tee'd Off V. Diff 10m

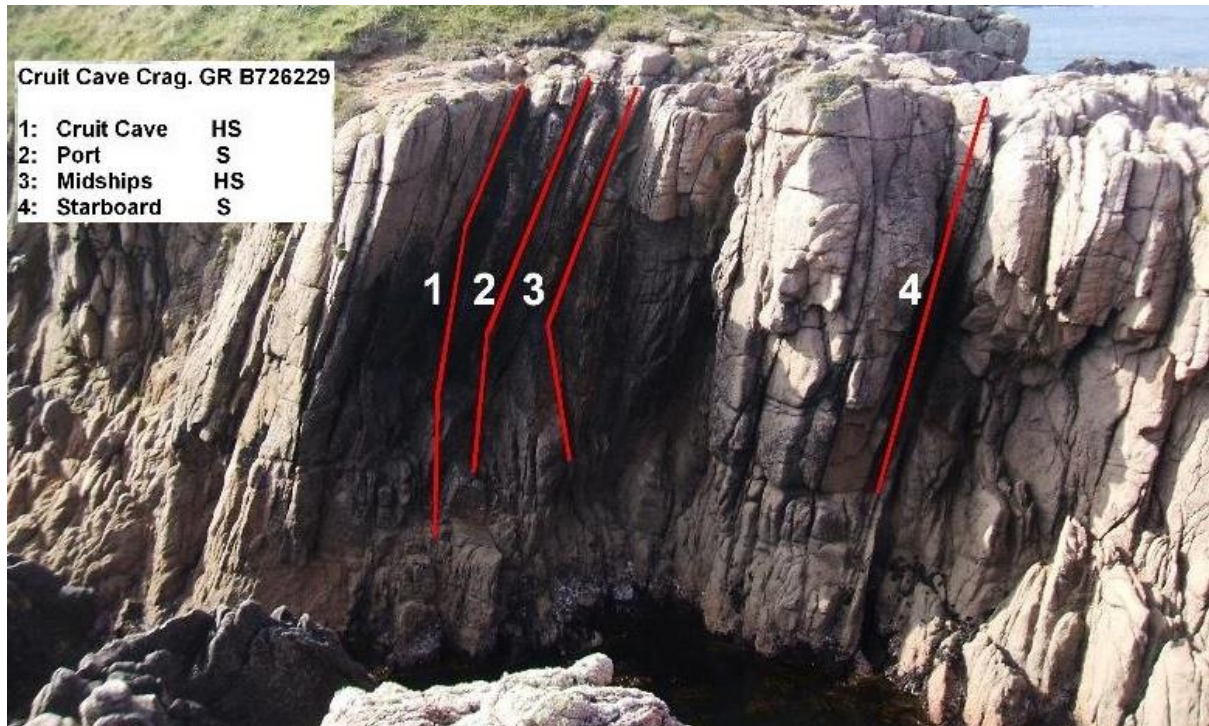
Scramble down the seaward end of the crag and move back left (facing in) to a couple of steep parallel corners. Left of these is a pillar. Climb round the lower pillar to reach a crack on the far side and follow this on friable rock to the top.

L. Griffin, S. Hewitt 26/08/16

No Holes Barred VS 4b/c 10m

This climbs the righthand of the two, parallel, right-facing corners. Protection could be better. Easily up from sea level to the first vertical section and make an awkward move onto the ledge above. The second section is a little easier but the rock remains uninspiring.

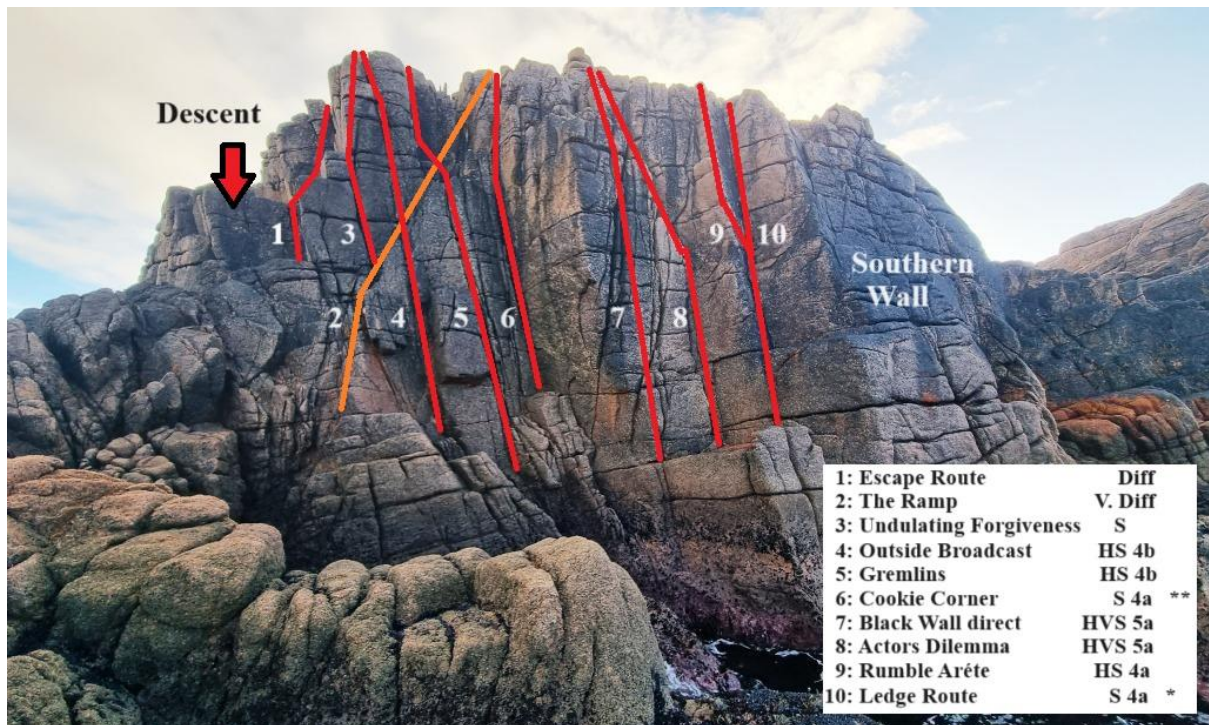
L. Griffin, S. Hewitt 26/08/16



Golfers crag

Directions: park as for "Jocks Wall" at the golf club car park, a wee side road on the right just before the club house takes you down to the pier, the ferry for Owey Island leaves from here. From the Uaig ferry pier walk north following the coast across the sandy beach away from the club house for 800m, descend onto a large area of rock platforms between 2 very prominent long narrow sea inlets. On your left is the wall and recess called "Cruit Cave." Scramble over the wave sculptured cliff tops for a further 80m to the highest point. Below facing North is "Golfers Crag" a scramble down East or West will allow access to the routes at either side of the crag.

[Google Maps pin for Golfers Crag](#) Map ref: B727229



Escape route Diff 10m

Climb the series of corners and platforms at the far Eastern end of crag.

I. Miller 18/09/09

The Ramp Diff 10m *

Climb the very obvious right trending ramp at the Eastern end of the crag.

I. Miller, C. Gleeson 20/09/09

Undulating Forgiveness S 4a 10m

From the base of "The Ramp" climb directly to the summit up the deep cracks and the cheeky Arête above.

I. Miller, C. Gleeson 26/09/09

Outside Broadcast HS 4b 10m

Starting 3m from the base of "The Ramp" climb the left facing corner, cross the Ramp and continue up the step cracks above.

I. Miller 22/09/09

Gremlins HS 4b 10m

Climb the steep cracks left of "Cookie Monster Corner," cross "the Ramp" and up the right facing O/B corner to the summit.

I. Miller 22/09/09

Cookie Monster Corner S 4a 10M **

Climb the huge left facing corner, monster cams useful and 3D thinking required.

I. Miller, C. Gleeson 26/09/09

Black Wall Direct HVS 5a 9m

Climb the deep vertical crack to the left of "Actor's Dilemma."

W. Schuessler, I. Miller 30/03/11

Actors Dilemma HVS 5a 10m **

From the square platform in the centre of the crag climb the steep left facing corner and follow the left trending hand crack to summit. Excellent climbing!

I. Miller, C. Gleeson 20/09/09

Rumble Arete HS 4a 9m

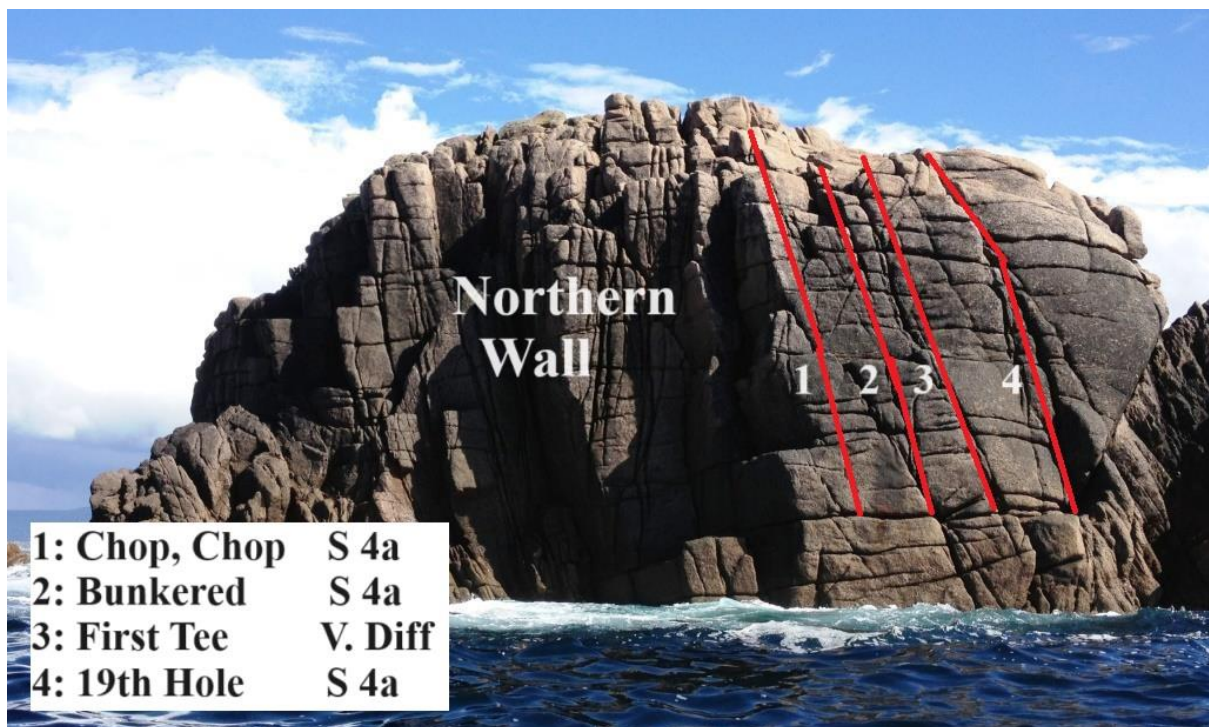
Climb the sharp arete to the left of "Ledge Route."

I. Miller, W. Schuessler 30/03/11

Ledge Route S 4a 10m *

From the sea ward end of the square platform at the base of "Actor's Dilema," climb the series of corners and ever decreasing ledges direct to the summit.

I. Miller 18/09/09



Chop, Chop! S 4a 10m

Climb the Arete between "Ledge Route" and "Bunkered," pleasant steepness via the inverted flake.

I. Miller, C. Gleeson 17/10/09

Bunkered S 4a 10m

Climb the left trending fault from the centre of the tidal island at the base of the wall.

I. Miller, C. Gleeson 20/09/09

1st Tee V. Diff 10m

Climb the deep right facing fault up the centre of the wall.

I. Miller, C. Gleeson 20/09/09

Whiff VS 4b/4c 10m

Climb the face between 1st Tee and 19th Hole directly using horizontal breaks. Good gear placements at 2/3 height.

E. Taylor, S. Nitecki 04/05/13

19th Hole S 4a 10m *

Climb the steep vertical crack, right of centre, with a mildly puzzling crux.

I. Miller, C. Gleeson 20/09/09

Chilli Dip VS 4c 9m

3m right of 19th hole. Start in corner below overhang. Climb to horizontal crack at bottom of overhang and step left around overhang. Place protection in 19th Hole crack. Climb to the right past flake to the top.

E. Taylor, S. Nitecki 04/05/13

Tunnel Wall

Approach as for Cave Crag and continue 100m further east until near 6th Tee.

This slightly overhanging wall can be found on the west facing wall of the narrow parallel zawn leading away from a tunnel split by a blow hole. Some of the holds can become “unglued” so please use a bit of caution.

All routes climbed by T Ralphs, Nigel (Yorky) Robertson 25/05/15

1. Flake Route HVS 4c 10m

To the left of Tunnel Crack is a line of flakes trending back right. Traverse 3m to the right of the hanging stance.

2. Tunnel Crack HVS 5a 8m

The right hand crack above the hanging stance.

3. Phantom Wall HVS 4c 10m

The wall between Tunnel Crack and Morgana.

4. Morgana HVS 4c 10m

The central crack is climbed on big holds.

All the above were climbed from a hanging stance at bottom of Tunnel Crack using a Wild Country Friend 2, and nut (Wild Country Rock 9) belay in the back of a “tooth”.

5. Sabre Tooth Wall E1 5a 10m

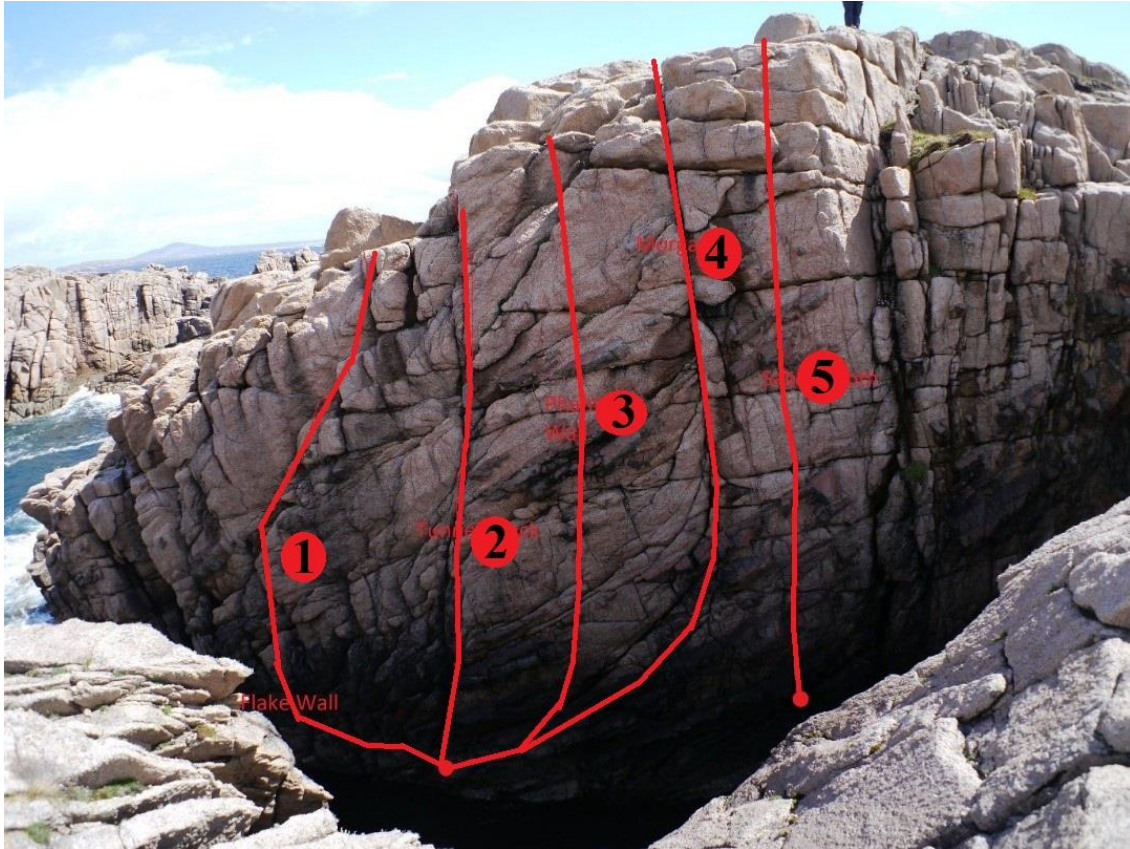
The wall to the right of central crack. A long sling can be used to lasso the large tooth. Belay on a BD Camelot 1 plus a long sling around a “tooth”.

A small bay with 2 stacks, 6in stack is the taller and nearer the land.

6in arête S 10m

Climb the right hand arête looking from the land.

Yorky 21/08/15



The Finger of Fate wall

This can be found just to the west of Tunnel Zawn, 50m closer to the golf club house.

Finger of Flake S 4a 9m

On the slab left of Finger of Fate are two cracklines. This route follows the steep righthand crack and flakes over an overlap, taking care with the rock.

S. Hewitt, L. Griffin 27/08/16

Cadburys HVD 8m

The left trending crack finishing up the wide fissure.

L. Griffin, S. Hewitt 27/08/06

1. Finger of Fate, VS 4c, 10m.

The groove line right of overhanging V corner on wall closer to Golf Club house. Easy moves lead to a tricky step right and then climb the sustained groove and wall.

N. Robinson, T. Ralphs 25/05/15

2. Step This Way V. Diff 10m

Climbs the faint stepped arête and continuation crack 3m right of finger of fate.

Yorky 24/08/15



Stake Out Wall area.

Another 50m further east from Tunnel Wall.

1. Stake Out HVS 5a 10m

Climb the steep wall and flake, which are found on the left of the cliff

N. Robinson, T. Ralphs 29/05/15

2. Black Moon HVS 5a 10m

Just right of Stake Out. Step off the detached flake and climb cracks to finish right of a flake.

T. Ralphs, N. Robinson 29/05/15

This east facing wall (sporting a square cut overhanging on its left hand side) is to the east of the "Tunnel Zawn" on the opposite side of the mini peninsular. Abseil directly to the ledges at low tide

1. Plimsoll Line VS 4c 10m

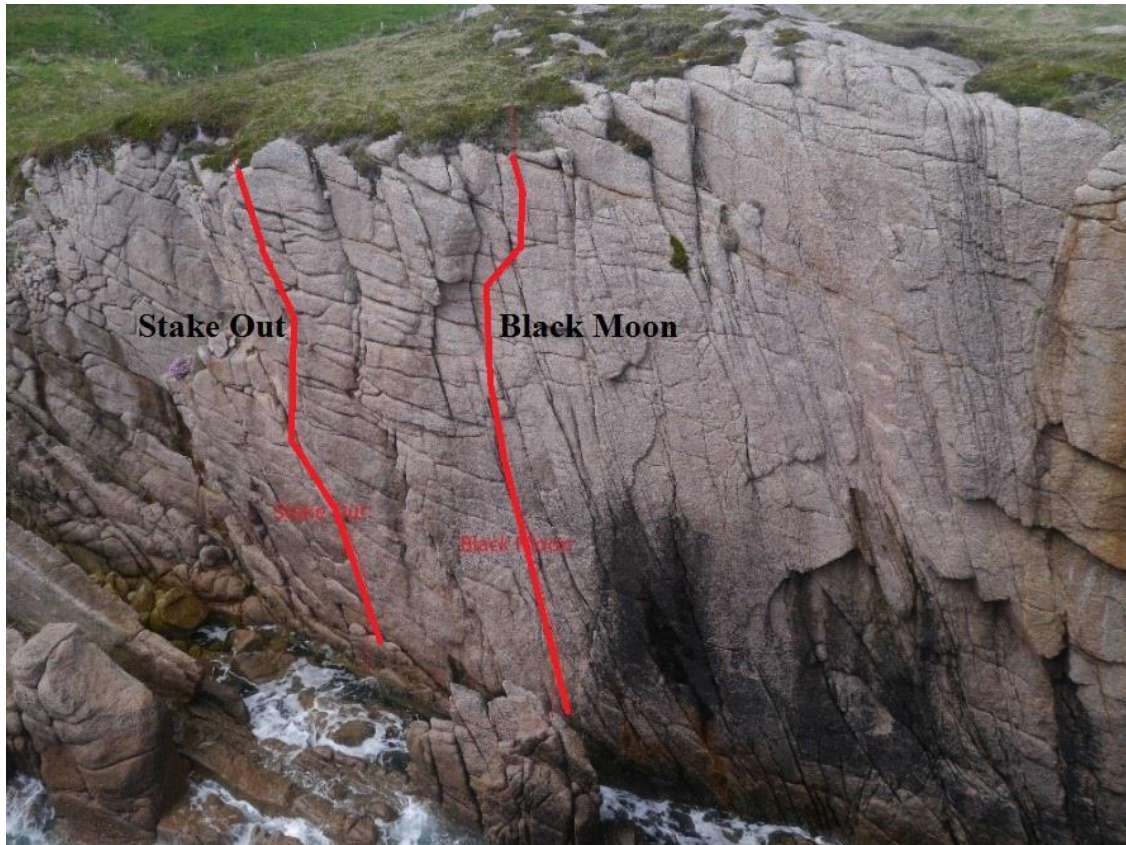
To the right of the square cut overhang is a crack leading off a small ledge which is only visible at low tide. (Abseil stakes used and removed)

T. Ralphs N. Robinson May 2015

2. Ridgeback, Severe, 8m.

The right arête of the wall of Plimsoll Line. Follow a wide easy crack which leads to awkward moves to finish.

N. Robinson, T. Ralphs May 2015



The Plimsoll Line Wall



6th Tee Pinnacle.

This detached pinnacle can be found in the inlet to the east of the above routes. You will need to place some stakes to abseil down at low tide only. A two stone “cairn” can be found on the top.

Sea view face, Diff, 6m. Traverse to the right out of the gap between the pinnacle and mainland and climb the face. A small jump leads back to the mainland from the summit.

Tor Buighe

Directions: At the Northern tip of Cruit Island, approx 100m out to sea sit's this island of immaculate Granite. Access is by an 800m coastal walk from the Owey pier followed by a short sea passage. Care must be taken on the sea passage as the channels separating the Island from Cruit are prone to monster seas.

[Google Maps pin for Tor Buighy](#) Map ref: B725231

Recourse VS 18m *

Climb the corner line

W. Schuessler Aug 12

Fight the Width Above E2 5c 18m **

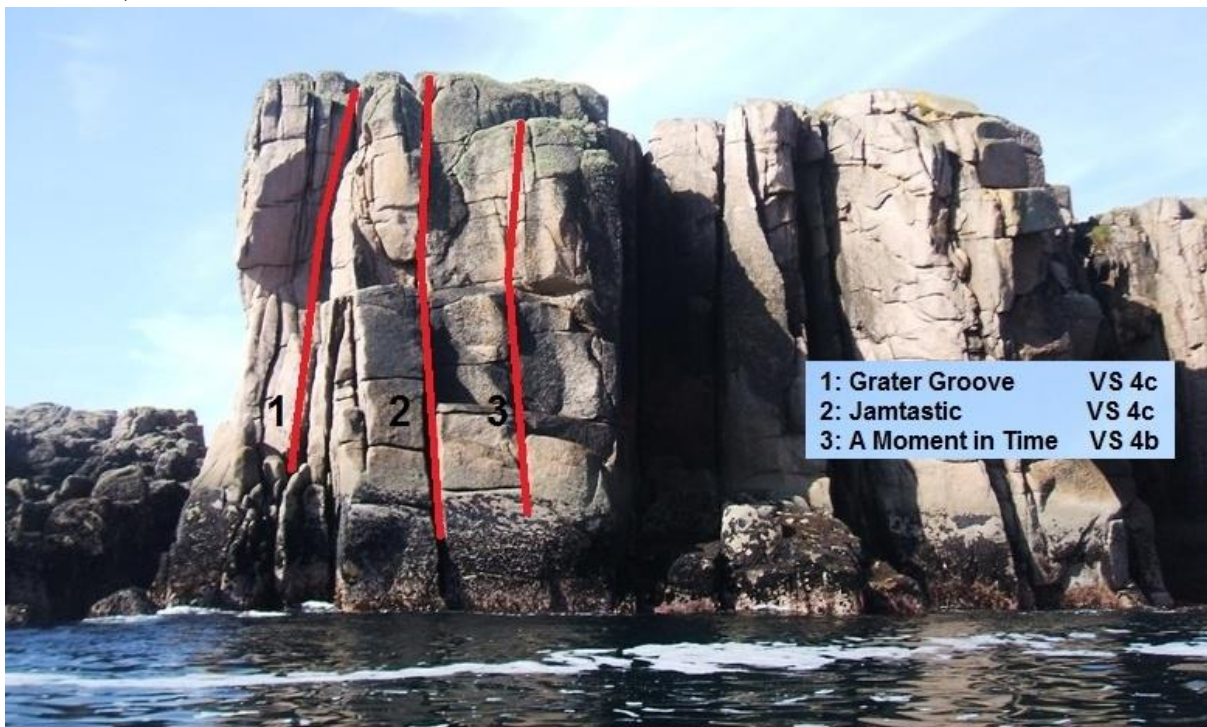
Climb the central line direct to the heinous overhung off-width finishing groove.

L. Murdiff, I. Miller 10/08/22

Worrisome Optimism E2 5b 18m

Climb the groove / crack to the left of "Festival of the Pump."

L. Murdiff, I. Miller 10/08/22



The Grater Groove VS 4c 18m

At the juncture of the landward facing wall and the East sea facing wall, climb the wide chimney/groove up/on and through the sharpest crystal rock it is possible to imagine. Falling would be very unpleasant indeed!

I. Miller, E. Wallace 03/06/10

Jamtastic VS 4c 18m

Approx 5m right of "The Grater Groove," climb the full crag height off width. Big daddy cams are a good idea.

R. Khanna, I. Miller 14/08/10

A moment in Time VS 4b 15m

Approx. 3m right of "Jamtastic," climb the shallow left facing corner crack.

R. Khanna, I. Miller 14/08/10

Laughing Fools V.Diff 20m **

Approx. 20m right of "The Grater Groove," the cliff steps back to form a steep bay. Climb the left hand side of the bay by the right facing corner with the huge mid height platform.

I. Miller, E. Wallace 03/06/10

After a wee cave and blowhole the crag swings out ninety degrees to face Cruit briefly.

Crescent Arch E1 5a ***

Climb the inverted S shaped corner crack up the centre of the wall. Outstandingly steep climbing

L. Murdiff, I. Miller 28/06/22

Happy Days Diff 18m

Beyond the large bay the cliff contains a steep slabby wall of perfect sea battered granite. Climb the first full crag height groove immediately left of the "Distant Drums" corner.

I. Miller 03/06/10

Distant Drums S 4a 18m

Left of centre on this wall, climb the crack running into and through the right facing corner at half crag height.. A cheeky few starting moves!

I. Miller, E. Wallace 03/06/10

Lump Groove HVS 5a 18m *

2m right of "Distant Drums" climb the easy looking deep crack, hard start, hard middle and a superb finish.

I. Miller 04/06/10



Boxer Squash S 4a 15m *

At the far right of the crag, just before it tapers down into a deep geo, climb the full crag height 8inch offwidth with internal quartz nobular assistance.

I. Miller, E. Wallace 03/06/10

Tilted Lift VS 4b 15m **

Climb the leftward trending flake to join the crux of "Boxer Squash," finish up groove.

I. Miller, W. Schuessler 20/06/12

Decime Norberto E1 5a 15m *

Climb the steep right facing flake crack and up the blunt arête above.

W. Schuessler, I Miller 20/06/12



Oscar Waiting S 4a 15m

To the right of "Decime Norberto," climb the twin cracks and across to a wee niche. Follow the left groove to the summit.

W. Schuessler, I Miller 20/06/12

Dog Gone S 4a 15m

From the far end of the tidal ledge, climb the wide crack and cross the slab the niche, as for "Oscar Watching." Climb the right groove to the summit.

I. Miller, W. Schuessler 20/06/12

The tidal ledges for the previous 8 routes ends abruptly at a deep steep sided zawn of perfect rock. The following route is the first of many to be climbed in this zawn. Access is by a careful scramble down the back of the zawn to a ledge running along the right wall on the high tide mark.

The First of Many MS 12m *

In the center of the right wall as you face out the zawn, climb the perfect flake to a small pedestal, stand on the pedestal and continue up the left trending flake crack.

I. Miller, W. Schuessler 20/06/12

1: The First of Many MS 12m *



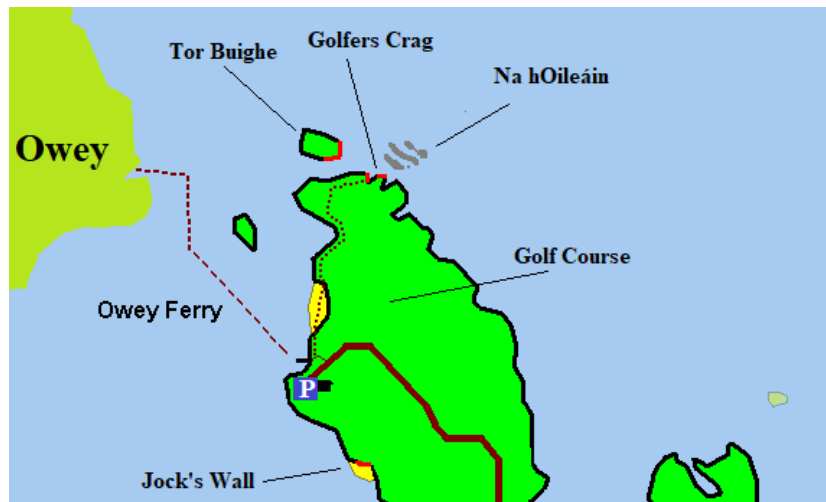
Na hOileáin

Living 50 metres out to sea from Golfers Crag is an excellent complex archipelago comprising two main islands. Both main islands run parallel to each other from north to south. They are approx. 10m high at their highest points and are approx. 100m in length. They pretty much contain every conceivable climbing medium from chimneys and tunnels to finger and hand cracks.

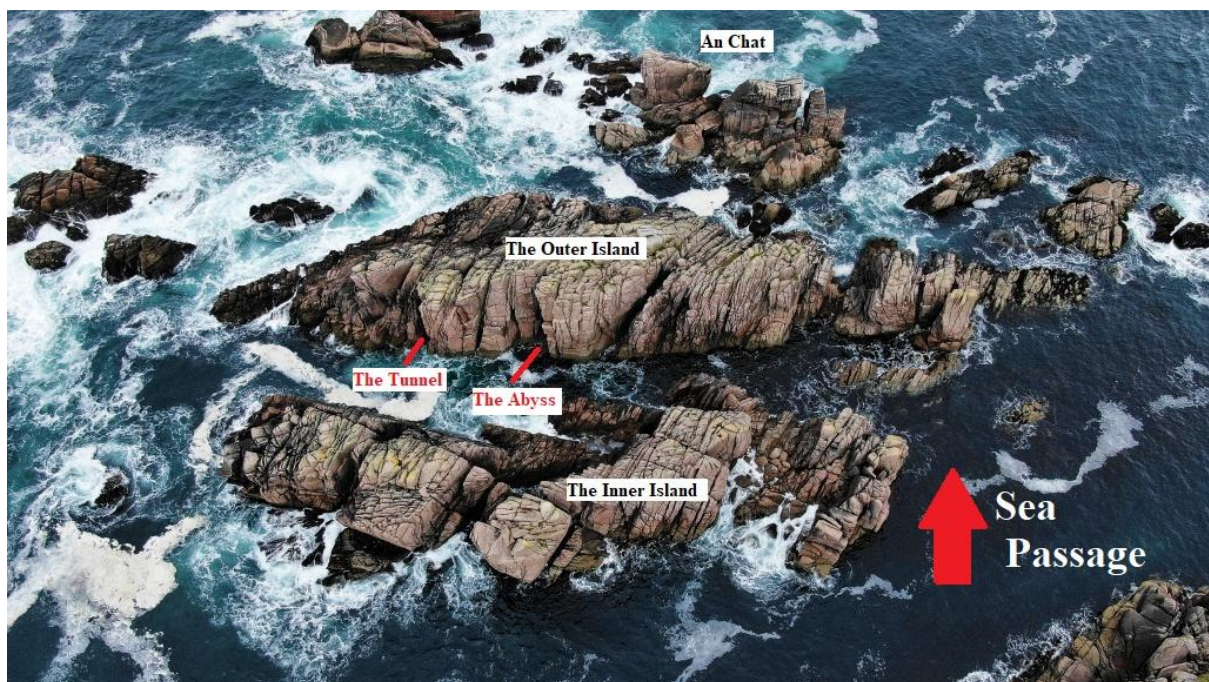
[Google Maps Pin to the Islands](#)

Easiest access to the islands is to follow the coastal path round from the Owey pier at the golf course clubhouse as for golfers crag. Just before Golfers Crag veer right to the tiny enclosed storm beach. From here it is a 100m sea passage out to the crags

[Parking at Cruit Island Golf Course](#)



Na hOileáin map



Plan View of Na hOileáin

The Outer Island

At the northern end of the island just before the “Into the Light” chasm lives two full crag height aretes. Access to their bases is by traverse above the high water line from the north.

Helicopter HS 4b 10m

on the steeper wall to the left of the “Leftie” groove, climb the cracks at the seaward end of the wall.

S. Frawley, L. Murdiffe 29/03/24

Leftie V. Diff 10m

Climb the left arete, on good moves and no gear higher up. The groove to the left is climbed at V. Diff

I. Miller 09/09/20

Righty Diff 10m

Climb the right arete

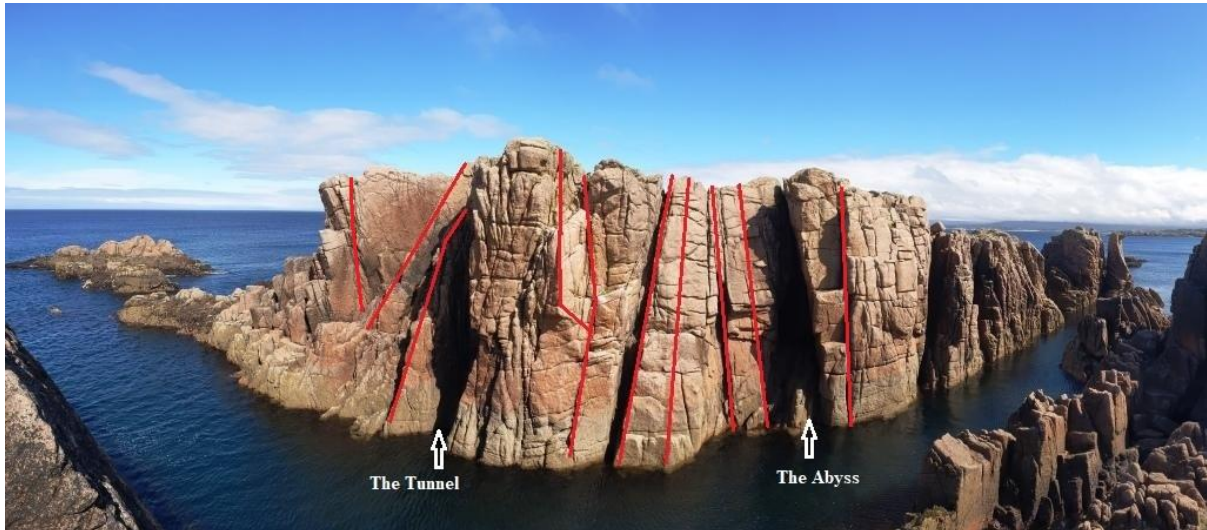
I. Miller 09/09/20

To the left (north) of the bulging prow lives a skinny tunnel the following three routes climb in this tunnel with increasing levels of technical grunting. Access is best by excellent sea level traverse in from the north.

Into the Light mild severe 12m

Climb the tunnel from sea level and follow the floor up and into the light.

I. Miller 04/09/20



The Outer Island's landward face

Climb to the light, Carol Anne VS 4c 11m

At the mouth of the chimney climb directly up and shimmy up the groove above.

I. Miller 26/09/20

Dark Silhouette HVS 5a 12m

Climb into the tunnel until the floor start to steepen and the walls narrow. From here chimney up direct and exit into the light at the highest point of the crag, hyperventilating.

I. Miller 26/09/20

The cliff now bulges out to give a main face type feel

The cliff then has a square cut recess in its upper half the following climb up into and out of this recess.

The Crooked Stairway Mild Severe 11m

Climb the superb crack up to the recess from sea level and continue up the open book corner at the back of the recess to the summit.

I. Miller 27/09/20

Ankou Arete E1 5b 10m **

Climb the crack out of the ocean as for "Crooked Stairway" until you can just about get into the recess. From here go out left above the roof to gain the foot stance at the base of the arete. Climb the arete and up to the summit. Airy and scary

I. Miller 27/09/20

Air Arête V. Diff 10m

At the left side of the face climb the arete

I. Miller 09/09/20

The Flowing Grace HS 4b 10m

Climb the face between "Air" and "Flue" on a mix of rounded and positive holds.

I. Miller 09/09/20

Flue S 4a 10m **

Climb the chimney and cracks above in the centre of the face.

I. Miller 09/09/20

Ramptastic VS 4b 10m *

In the middle of the face between “Flue” and “The Abyss,” climb the inverted staircase and the ramp above.

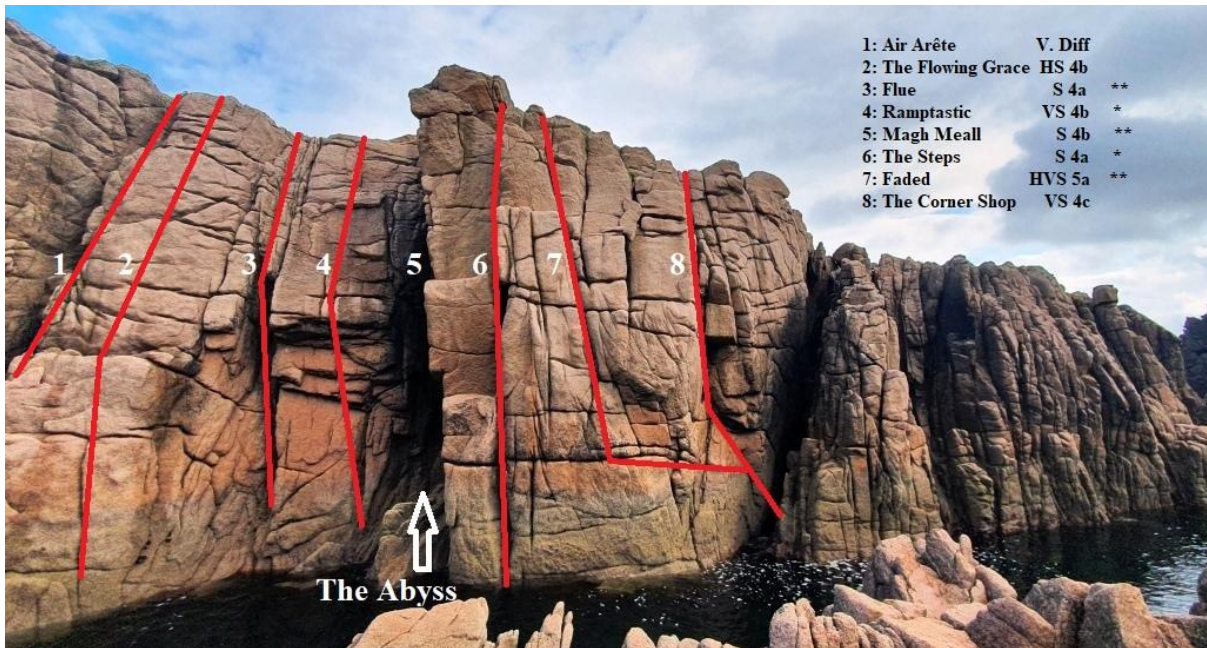
I. Miller 27/09/20

The cliff now disappears under-ground again into The Abyss.

Magh Meall S 4b 11m **

Climb into the depth of the Abyss, simply climb as deep as you can until forced upward by your body width.

I. Miller 28/09/20



Bealach Gé VS 5a 10m

From the Abyss climb the arête and face to the left of “The Steps.”

G. Fredrikson, K. Boyle 20/07/22

The Steps S 4a 10m *

Gain the wide stepped crack from the mouth of the Abyss

I. Miller 28/09/20

Faded HVS 5a 10m **

Sea level traverse in to gain the left trending deep crack in the centre of the face.

I. Miller, F. Fhionnlaoich 16/10/20

The Corner Shop VS 4c 10m

Climb the recessed corner

I. Miller 28/09/20

The Edge of Spikes S 4a 8m

Climb the edge of spikes

I. Miller 27/09/20

Slanted Groove VS 4b 8m

Climb the left trending crack/groove

I. Miller 27/09/20

Wriggle S 4a 8m

Climb the chimney / groove on the face beside the slender stack

I. Miller 04/09/20



The following routes are found on the skinny sea stack with the very unusual gangplank sticking out the top. Getting off the summit is a jump across the gap to the parent island.

Slenderman Diff 8m

Climb the wide crack up the centre of the landward face of the skinny sea stack at the southern end of the island.

I. Miller 04/09/20

White Light S 4a 10m

Climb the corner/arete on the stack that points towards Errigal

I. Miller 09/09/20

Window of the Soul S 4a 10m

Bridge up the gap between the stack and the parent island

I. Miller 04/09/20

And finally, on the outer island this is the route of the crag best savoured climbed heading north. (climbing towards America)

Comfortably Numb HVS 5a 100m ***

A sea level traverse from Slenderman Stack to the far end of the crag. As you traverse northwards the rock gets steeper, the moves and holds are simply outstanding right til the very end

I. Miller 28/09/20

An Chat Stac

Rump Steak S 4a 8m **

Climb the line of right trending immaculate holds in the hind quarters of the beast

I. Miller 27/09/20



The Inner Island landward face

The Inner Island

The slightly lower of the two main island

Eastern End

Farmhouse Crag

Directions: Four Hundred yards past the entrance to the thatched cottages, behind and below a 2 storey farmhouse, there is a butress at the Northern end of a small beach. Climbs are described left to right.

Map ref: B732218

Momentary lapse of Reason S 4a 12m

Climb the blunt Arete immediately to the left of the grim open book corner to the left of the crag. Steeper than it looks!

I. Miller, C. Gleeson 16/08/09

Easy Pieces E1 5b 12m

Just to the right of the obvious open book corner is a leftward trending crack line that runs all the way to the top. This route take that line. Good nut placement at about half height that is a little tricky to place. Couple of difficult moves then follow. Top a bit crumbly on first ascent.

M. Hassan, A. Donnelly 01/05/2010

All Chalk and No Action HVS 5a 12m

Climb the righthand crack four meters left of seb. climb 7 meters untill the crack veers left reach out right to the arete and make an awkward mantle onto a good ledge move back left and finish more easily.

H. Hennessy, K. McGee 02/05/2010

Headrush HVS 5a 12m

Start three meters left of Seb under a small overhang at 4 meters. Climb past the overhang to good ledges follow these to top.

H. Hennessy 01/05/2010

Seb V.Diff 13m

The wide crack with the large chock-stone jammed near the top.

E Hackett, V Kelly 03/08/85

Ribbly Runner V. Diff 13m

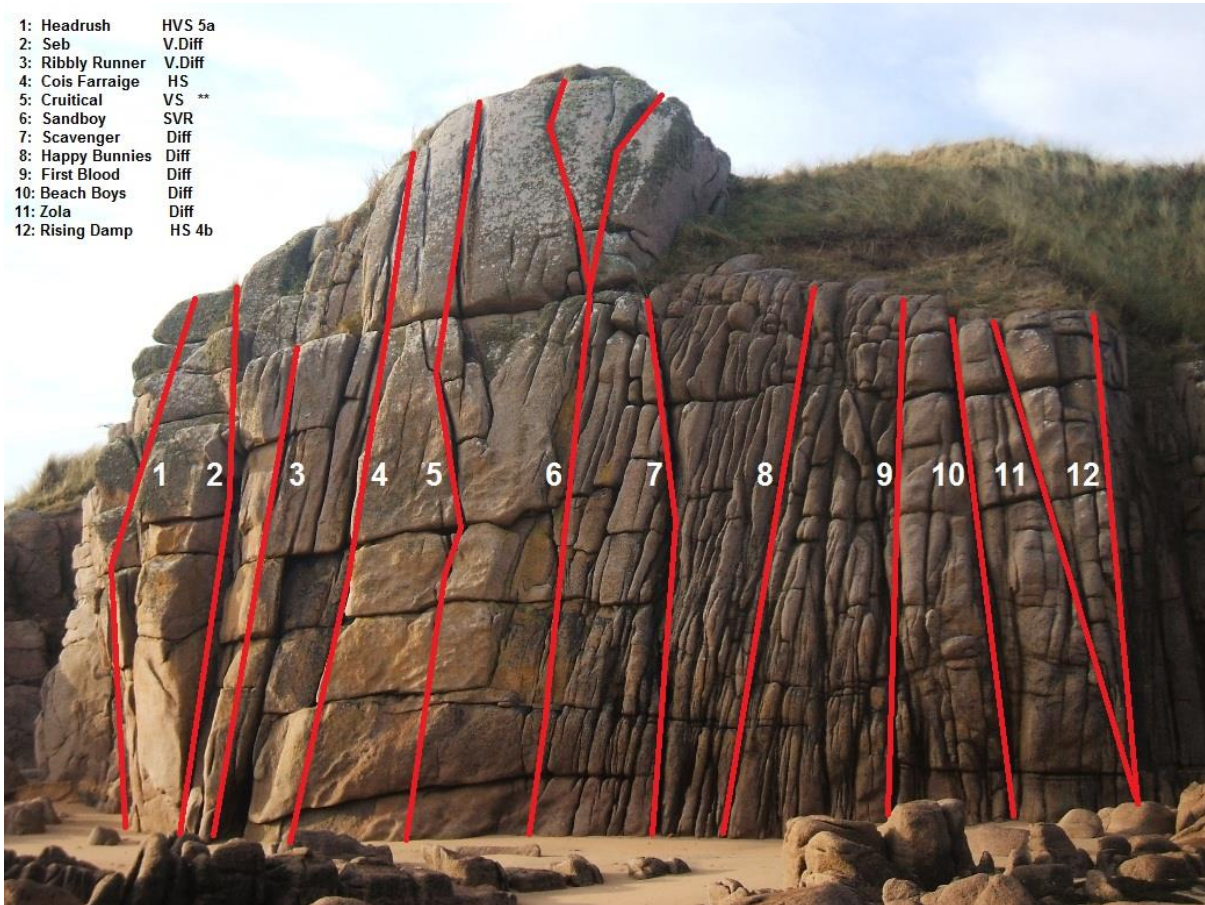
The rib immediately right of Seb.

V. Kelly, E. Hackett 03/08/85

Cois Farrage HS 14m

The crack just right of Ribbly Runner. The crux above the horizontal break.

V. Kelly, E. Hackett 03/08/85



Cruital VS 14m

The crack which starts about 3m (10ft) up, 2m right of 'Cois Farrage'. Crux above break.

D. Doyle & G. Moss 03/08/85

Sandboy S 13m

The right edge of the face. Above the break, climb either or both twin cracks. The choices are endless.

G. Moss, D. Doyle 03/08/85

Scavenger Diff 13m

The groove with rock fins right of Sandboy.

P. Conroy, M. Lynch 05/08/85

Happy Bunnies Diff 13m

The very wide groove 2 metres to the right of Scavenger.

I. Miller, M. Boner 01/01/09

First Blood Diff 13m

The next deep groove a metre to the right of "Happy Bunnies."

M. Boner, I. Miller 01/01/09

Happy Bunnies 2 Diff 13m

The deep groove a metre to the right of "First Blood."

I. Miller, M. Boner 01/01/09

Beachboys Diff 13m

The penultimate groove at the right of the buttress.

Cole, O Creegan 05/08/85

Zola Diff 12m

The groove just left of the rib at the right-hand end of the buttress.

E. Hackett, V. Kelly 03/08/85

Rising Damp HS 4b 12m

Climb the rib edge to the right of the "Zola" groove, a thought provoking top-out.

I. Miller, C. Gleeson 16/09/09

Grunt N Roar HVS 5a 10m

Climb the monster roof to the right of the crag.

I. Miller, C. Gleeson 16/08/09

Out of Limbo S 10m

Start as for Grunt 'n Roar; go up to roof but then escape right up the corner for a few moves before returning left to the arete

G, O'Sullivan, S McErlean 04/05/13

Silent Wall

Directions: Found at the opposite end of the wee bay containing "The Farmhouse Crag."

Map ref: B732215

Silent Scream HS 4b 8m

Climb the full crag height wide crack at the far left of the crag, with an emotional top out.

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Blow hole Flake S 4a 10m **

Climb the superb flack crack up the center of the wall.

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Siddartha HVS 5b 12m **

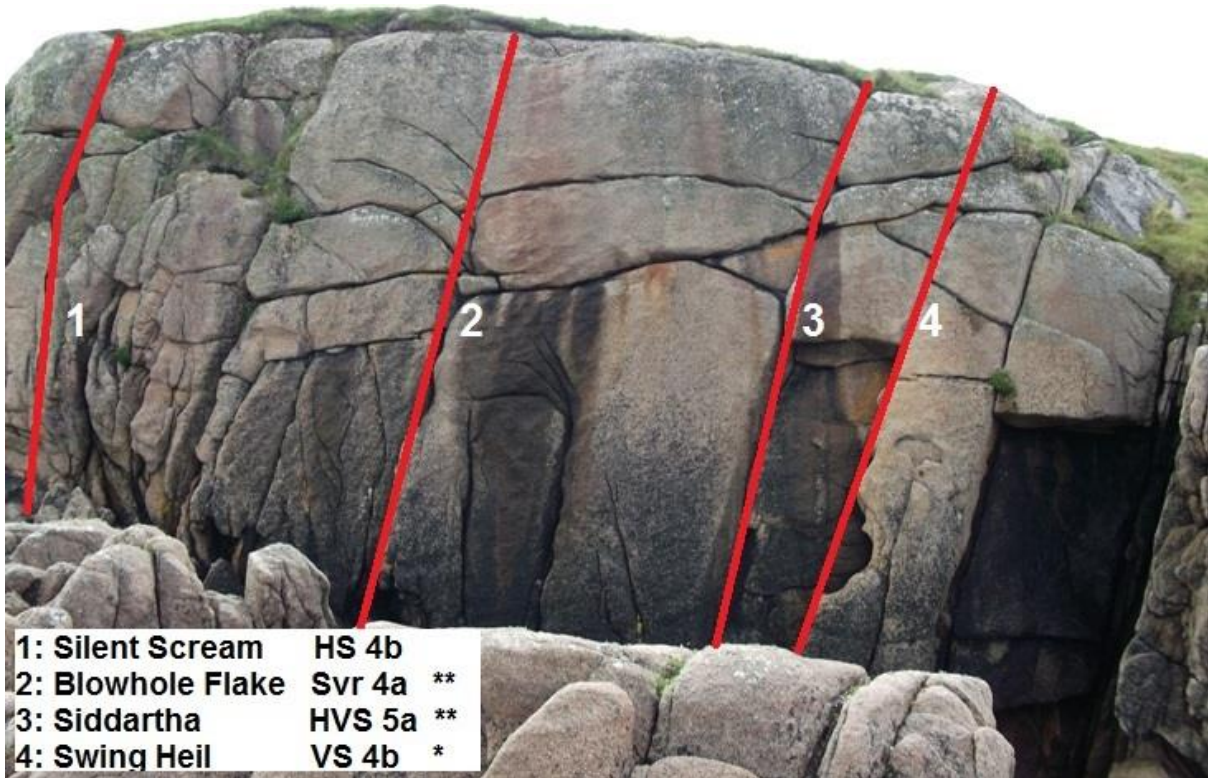
At the right end of the crag climb the finger crack up the left side of the square cut recess. Stiff moves through the roof at top of the recess.

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Swing Heil VS 4b 12m *

Climb the corner crack up the right side of the square cut recess.

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Disclaimer

This guidebook is intended for information purposes only, it is not an instruction manual. This free guidebook is for the use of experienced outdoor climbers to make their own judgement calls as to what is and where is safe to climb on any given day.

Whilst every effort has been made to ensure the accuracy of the information contained within this guidebook at the time of writing, it alas cannot be guaranteed to be completely accurate. Many of the routes, locations and even some of the islands in these guidebooks are seldom visited, with a considerable amount of the routes having only ever been climbed once before.

The west coast and islands of Donegal are very exposed to the Atlantic Ocean swells brought by the ever present trade winds. A good working knowledge of such nautical matters is essential to ensure safe practice whilst visiting and climbing on remote and very exposed sea cliffs and stacks.

Rock climbing is an activity with a very real danger of personal injury or death. Participants in these activities must employ appropriate levels of mountaineering / rock climbing guile and common sense. Participants must take personal responsibilities for their actions and involvement in these activities at all times.

In Ireland all land is owned by someone, the inclusion of a location in this book does not mean we have the right of access or the right to climb there. Please respect the rights of the landowner and we can continue to visit these beautiful places.



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Many many thanks to all the troopers who have played out on Cruit Island and thus made this guide possible and many thanks to Pete Smith for his upkeep of the previous guide, which made this one possible

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